



National
Autistic
Society

EarlyBird
Plus
Licensed



EarlyBird Plus Programme

Join the National Autistic Society's EarlyBird Plus programme for parents and carers of autistic children aged 5 to 10 years.



The six-session programme covers:

- understanding autism
- communication
- understanding autistic experiences
- supporting daily living
- health and wellbeing
- connections.

"This has made a real difference to me. In general, life-changing."
Parent



The EarlyBird Plus programme aims to empower parents and supporting professionals to understand more about autism and discuss useful strategies on how to support autistic children.

For more information contact:

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