

FREE WORKSHOP FOR PARENT/CARERS LIVING IN SOUTH TYNESIDE

WEDNESDAY 22ND APRIL 2026
10AM - 11.30AM



Parents and carers are often overwhelmed when the term autism is mentioned to them, especially in relation to their own child. Fiona and Lynda will come together at the Autism Hub to help you begin your journey into a better understanding of what it means to be autistic and how you as a parent/carer can feel more confident in supporting and understanding your child.

We will cover key areas and dispel common everyday myths using a range of materials and drawing on lived experience from autistic individuals. This workshop has been coproduced by our staff with support from our A Team (Autistic Advisory board) and the children, young people & adults we work with.

‘IN PERSON’

WORKSHOP

on Understanding Autism

SIGN UP NOW

BY EMAILING AUTISMHUB@TTHT.CO.UK
OR CALL 0191 816 0550

DATE: WEDNESDAY 22ND APRIL 2026
TIME: 10AM - 11.30AM
AT: AUTISM HUB
GORDON ST,
SOUTH SHIELDS
NE33 4JP




The Toby Henderson Trust

