



SCAN HERE

To view our groups on
our website and to
book your place.



WHAT'S ON AT THE AUTISM HUB THIS DECEMBER 2025

WE ARE EXCITED TO OFFER OUR FACE-TO-FACE MONTHLY
SUPPORT GROUPS AT THE AUTISM HUB.

PLEASE BE AWARE THAT THESE GROUPS ARE FOR
PARENT/CARERS ONLY.

PLACES WILL NEED TO BE BOOKED TO
ATTEND.

MONDAY 1ST DECEMBER 2025 10AM - 11.30AM

CUPPA & CAKE!

**FOR FAMILIES WITH AUTISTIC CHILDREN AGED
0 TO 5 YEARS.**

(YOUR CHILD DOES NOT NEED TO HAVE A DIAGNOSIS FOR YOU TO ATTEND)

MONDAY 8TH DECEMBER 2025 10AM - 11.30AM

CUPPA & CAKE!

**FOR FAMILIES WITH AUTISTIC YOUNG PEOPLE AGED
5 TO 11 YEARS WITH GUESTS - AMY BURGESS FROM
AJ BRAINS (AUTISTIC, ADHD PSYCHOLOGY
GRADUATE) PASSIONATE ABOUT SHARING HER
EXPERIENCES**

(YOUR CHILD DOES NOT NEED TO HAVE A DIAGNOSIS FOR YOU TO ATTEND)

MONDAY 15TH DECEMBER 2025 10AM - 11.30AM

CUPPA & CAKE!

**FOR FAMILIES WITH AUTISTIC YOUNG PEOPLE AGED
11 TO 18 YEARS WITH GUESTS - AMY BURGESS FROM
AJ BRAINS (AUTISTIC, ADHD PSYCHOLOGY GRADUATE)
PASSIONATE ABOUT SHARING HER EXPERIENCES**

(YOUR CHILD DOES NOT NEED TO HAVE A DIAGNOSIS FOR YOU TO ATTEND)



BOOK YOUR PLACE



All groups at the Hub are free to attend and are for parents & carers who live in South Tyneside. It is a chance to come along and meet and chat with other families as well as our experienced family support team. We are expecting spaces to fill up fast, so please book as soon as possible.

To book your place
please email:
autismhub@ttht.co.uk
Or alternatively telephone:
0191 816 0550

Please ensure you include which group you would like to be booked on, as well as how many spaces you require, including attendees names.



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To view our groups on our website and to book your place.

Groups will be held at:
The Autism Hub
Gordon street,
South Shields,
NE33 4JP.

