



NHS
South Tyneside and Sunderland
Mental Health Support Services

Introduction to Our Service For Parents/Carers

Find out more about the Mental Health
Support Services for children and young
people within South Tyneside and
Sunderland

Date: **25th November 2025**

Time: **6 - 6:30pm**

Join the Teams meeting here by
scanning the QR code or clicking the
link below:



[Click here to join the meeting now](#)

Meeting ID: 311 699 501 934 5



*Please note: For privacy and safeguarding
reasons (in line with GDPR), we ask that
parents/carers join as guests, keep microphones
and cameras off, and do not use the chat
function during the session.*



helping and supporting you: The Healthy Minds and Healthy Heads Teams
Service provided by South Tyneside and Sunderland NHS Foundation Trust