



South Tyneside Council

FOR *every*  
**FAMILY**  
SOUTH TYNESIDE FAMILY HUBS

# \*Summer\*

## ACTIVITY GUIDE

**Bede, Biddick, Boldon Family Hubs**

For more information and/or to book a space on an activity,  
please contact the hosting Family Hub.

**\* Booking Required**

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**Monday 21st July**

**Clarty Art\***

Biddick Hall & Whiteleas  
(5+ years)  
**10:00am-11.00am**



**Dads and Male Carers Group**

Bede  
(0-8 years)  
**4:00pm-5:00pm**



**Tuesday 22nd July**

**Learning with Play SEND**

Boldon  
(0-4 years)  
**1:30pm-2:30pm**

**Learning with Play - Mini Beasts**

Bede  
(0-1 years)  
**1:30pm-2:30pm**



Anya app provides parents and parents-to-be with vital support on their breastfeeding and parenting journey, anytime, anywhere.

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**Wednesday 23rd July**

**Learning with Play SEND**

Bede  
(0-4 years)  
**10:00am-11.00am**



**Allotment Time**

Bede  
**9:00am-12:00pm**



**Learning with Play Mini Beasts**

Biddick Hall & Whiteleas  
(0-1 years)  
**10:00am-11:00am**

**Thursday 24th July**

**Learning with Play Mini Beasts**

Biddick Hall & Whiteleas  
(0-4 years)  
**9:30-10:30am**



**Learning with Play Mini Beasts**

Boldon  
(0-1 years)  
**1:30pm-2:30pm**

**Weigh Clinic\*\***

Bede  
**1:30pm-3:00pm**



**Friday 25th July**

**Learning with Play Mini Beasts**

Boldon (0-4 years)  
**9:30am-10:30am**



**Forest School\***

Bede  
(0-8 years)  
**1:30pm-2:30pm**

(This is an outdoor activity, please wear appropriate clothing)



**Monday 28th July**

**Learning with Play  
Flower Power**

Bede  
(0-4 years)  
10:00am-11:00am



**Tiny Tweeties\***

Bede  
(1-5 years)  
1:30pm-2:30pm



**Dads and Male  
Carers Group**

Bede  
(0-8 years)  
4:00pm-5:00pm

**Tuesday 29th July**

**Learning with  
Play SEND**

Boldon  
(0-4 years)  
1:30pm-2:30pm



**Learning with Play  
Flower Power**

Bede  
(0-1 years)  
1:30pm-2:30pm

**Williby Rocs\***

Bede  
(5+ years)  
10:00-11:00am



**Wednesday 30th July**

**Learning with  
Play SEND**

Bede  
(0-4 years)  
10:00am-11:00am

**Allotment Time**

Bede  
9:00am-12:00pm



**Learning with Play  
Flower Power**

Biddick Hall & Whiteleas  
(0-1 years)  
10:00-11:00am



**Thursday 31st July**

**Learning with Play  
Flower Power**

Biddick Hall & Whiteleas  
(0-4 years)  
9:30am-10:30am



**Learning with Play  
Flower Power**

Boldon  
(0-1 years)  
1:30pm-2:30pm

**Weigh Clinic\*\***

Bede  
1:30pm-3:00pm



**Friday 1st August**

**Learning with Play  
Flower Power**

Boldon  
(0-4 years)  
9:30am-10:30am

**Forest School\***

Bede Family Hub  
(0-8 years)  
1:30pm-2:30pm  
(This is an outdoor  
activity, please wear  
appropriate clothing)

Spread the word!  
**THIS IS  
SOUTH  
TYNESIDE** festival 2025

**THROUGHOUT JULY - AUGUST**

- Summer Parade
- Sunday Concerts
- Kids Fun Fest
- Proms in the Park
- Live music

...and much more!

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## Week 3 Theme – Under the Sea

### Monday 4th August

#### Learning with Play Under the Sea

Bede  
(0-4 years)  
10:00am-11:00am



#### Dads and Male Carers Group

Bede  
(0-8 years)  
4:00pm-5:00pm



### Tuesday 5th August

#### Learning with Play SEND

Boldon  
(0-4 years)  
1:30pm-2:30pm



#### Learning with Play Under the Sea

Bede  
(0-1 years)  
1:30pm-2:30pm

#### Whatever Next Story Session\*

Boldon  
(2-4 years)  
10:00am-11:00am



### Wednesday 6th August

#### Allotment Time

Bede  
9:00am-12:00pm

#### Science Buddies\*

Biddick Hall & Whiteleas  
(5+ years)  
10:00am-11:00am



#### Learning with Play SEND

Bede  
(0-4 years)  
10:00am-11:00am

#### Learning with Play Under the Sea

Biddick Hall & Whiteleas  
(0-1 years)  
10:00am-11:00am

### Thursday 7th August



#### Learning with Play Under the Sea

Biddick Hall & Whiteleas  
(0-4 years)  
9:30am-10:30am

#### Storytelling\*

Biddick Hall & Whiteleas  
1:00pm-2:00pm

#### Learning with Play Under the Sea

Boldon  
(0-1 years)  
1:30pm-2:30pm

#### Weigh Clinic\*\*

Bede  
1:30pm-3:00pm

### Friday 8th August

#### Learning with Play Under the Sea

Boldon  
(0-4 years)  
9:30am-10:30am

#### Forest School\*

Bede  
(0-8 years)  
1:30pm-2:30pm

(This is an outdoor activity, please wear appropriate clothing)



UNDERSTANDING YOUR SELF  
  
SOLIHULL APPROACH

#### SOLIHULL DIGITAL OFFER

- Check out our FREE online courses nurturing emotional health and wellbeing from bump to 19+ years.
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## Week 4 Theme – Down in the Jungle

### Monday 11th August

#### Learning with Play Down in the Jungle

Bede  
(0-4 years)  
10:00am-11:00am

#### Dads and Male Carers Group

Bede  
(0-8 years)  
4:00pm-5:00pm

### Tuesday 12th August

#### Learning with Play SEND

Boldon  
(0-4 years)  
1:30pm-2:30pm



#### Learning with Play Down in the Jungle

Bede  
(0-1 years)  
1:30pm-2:30pm

#### Baby Sensory\*

Biddick Hall & Whiteleas  
(0-1 years)  
10:00am-11:00am

#### Science Buddies\*

Bede  
(5+ years)  
1:00pm-2:00pm

### Wednesday 13th August

#### Allotment Time

Bede  
9:00am-12:00pm



#### Learning with Play SEND

Bede  
(0-4 years)  
10:00am-11:00am

#### Learning with Play Down in the Jungle

Biddick Hall & Whiteleas  
(0-1 years)  
10:00am-11:00am



### Thursday 14th August

#### Learning with Play Down in the Jungle

Biddick Hall & Whiteleas  
(0-4 years)  
9:30am-10:30am

#### Williby Rocs\*

Biddick Hall and Whiteleas  
(5+ years)  
1:00pm-2:00pm

#### Learning with Play Down in the Jungle

Boldon  
(0-1 years)  
1:30pm-2:30pm

#### Weigh Clinic\*\*

Bede  
1:30pm-3:00pm



### Friday 15th August

#### Learning with Play Down in the Jungle

Boldon  
(0-4 years)  
9:30am-10:30am

#### Forest School\*

Bede  
(0-8 years)  
1:30pm-2:30pm  
(This is an outdoor activity, please wear appropriate clothing)

Spread the word!  
**THIS IS SOUTH TYNESIDE festival 2025**

THROUGHOUT JULY - AUGUST

- Summer Parade
- Sunday Concerts
- Kids Fun Fest
- Proms in the Park
- Live music

...and much more!

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**Holiday  
Activities  
+ Food**

Children across South Tyneside will continue to access free, nutritious food and engaging activities over the school holidays.

Check out what's on offer now.

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## Week 5 Theme – Teddy Bear's Picnic

### Monday 18th August

#### Teddy Bears Picnic

Please bring a teddy bear and a picnic.  
Bede  
(0-4 years)  
10:00am-11:00am



#### Dads and Male Carers Group

Bede  
(0-8 years)  
4:00pm-5:00pm



### Tuesday 19th August

#### Learning with Play SEND

Boldon  
(0-4 years)  
1:30pm-2:30pm



#### Teddy Bears Picnic

Please bring a teddy bear and a picnic.  
Bede  
(0-1 years)  
1:30pm-2:30pm

#### Tiny Tweeties\*

Biddick Hall & Whiteleas  
(1-5 years)  
10:00-11:00am



### Wednesday 20th August

#### Learning with Play SEND

Bede  
(0-4 years)  
10:00am-11:00am



#### Allotment Time

Bede  
9:00am-12:00pm

#### Teddy Bears Picnic

Please bring a teddy bear and a picnic.  
Biddick Hall & Whiteleas  
(0-1 years)  
10:00am-11:00am



### Thursday 21st August

#### Teddy Bears Picnic

Please bring a teddy bear and a picnic.  
Biddick Hall & Whiteleas  
(0-4 years)  
9:30am-10:30am



#### Teddy Bears Picnic

Please bring a teddy bear and a picnic.  
Boldon  
(0-1 years)  
1:30pm-2:30pm

#### Weigh Clinic\*\*

Bede  
1:30pm-3:00pm



### Friday 22nd August

#### Teddy Bears Picnic

Please bring a teddy bear and a picnic.  
Boldon  
(0-4 years)  
9:30am-10:30am

#### Forest School\*

Bede  
(0-8 years)  
1:30pm-2:30pm  
(This is an outdoor activity, please wear appropriate clothing)

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SOLIHULL APPROACH

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**Monday 25th August**

Bank Holiday



Anya app provides parents and parents-to-be with vital support on their breastfeeding and parenting journey, anytime, anywhere.

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**Tuesday 26th August**

**Learning with Play SEND**

Boldon  
(0-4 years)  
1:30pm-2:30pm

**Learning with Play Fun at the Farm**

Bede  
(0-1 years)  
1:30pm-2:30pm



**Science Buddies\***

Boldon  
(5+ years)  
10:00-11:00am



**Wednesday 27th August**

**Learning with Play SEND**

Bede  
(0-4 years)  
10:00am-11:00am



**Allotment Time**

Bede  
9:00am-12:00pm



**Learning with Play Fun at the Farm**

Biddick Hall & Whiteleas  
(0-1 years)  
10:00-11:00am

**Thursday 28th August**

**Learning with Play Fun at the Farm**

Biddick Hall & Whiteleas  
(0-4 years)  
9:30am-10:30am



**Williby Rocs\***

Boldon  
(5+ years)  
10:00am-11:00am

**Learning with Play Fun at the Farm**

Boldon  
(0-1 years)  
1:30pm-2:30pm

**Weigh Clinic\*\***

Bede  
1:30pm-3:00pm



**Friday 29th August**

**Learning with Play Fun at the Farm**

Boldon  
(0-4 years)  
9:30am-10:30am



**Clarty Art\***

Bede  
(5+ years)  
1:30pm-2:30pm



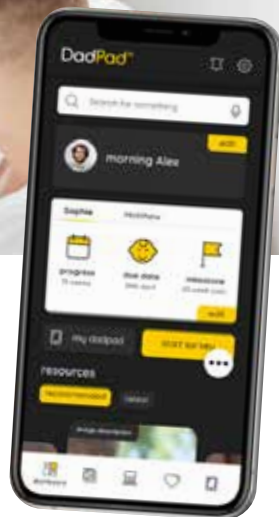


## The Dad Pad

Dads' and dads-to-be can gain free access to the newly launched DadPad app, an easy-to-use resource packed with relevant information, as well as details on local support groups and service providers.

The app covers topics such as:

- Feeding, holding, changing and cleaning your baby
- Surviving without sleep and coping with crying
- Getting to know your baby
- Home safety and first aid
- Looking after yourself and supporting your partner



### DOWNLOAD NOW

You can download the brand new DadPad app platform  
[www.thedadpad.co.uk/app](http://www.thedadpad.co.uk/app)



## UNDERSTANDING YOUR SELF



## SOLIHULL APPROACH

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## SOUTH TYNESIDE YOUTH SERVICE

INVESTING IN YOUNG PEOPLE



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## YOUTH GROUP TIMETABLE

| VENUE   | DAYS/TIMES  | AGE GROUP  |
|---|---|--|
| <b>FAB/ Jarrow Youth Group</b><br>Jarrow Focus,<br>113 Grange Rd, Jarrow<br>NE32 3QW                                    | Tuesday 5:30-7:30pm<br>Wednesday 5:30-7:30pm                                      | SEND Group ages 8-10<br>SEND Group ages 11-16                                    |
| <b>The Pavilion Youth Group</b><br>Valley View Park, Jarrow   | Monday 6:00-8:00pm<br>Thursday 5:00-7:00pm  | Seniors Year 7 – Year 11<br>Juniors Ages 8-end of Year 6                         |
| <b>Hartleyburn Youth Group</b><br>Hartleyburn Community Centre,<br>Crawley Square, Hebburn<br>NE31 2LW                  | Monday 6:30-8:30pm<br>Thursday 5:00-7:00pm  | Juniors Ages 8- End of year 6<br>Seniors Year 7- Year 11                         |
| <b>The Hut Youth Group</b><br>Chuter-Ede, Galsworthy Road,<br>South Shields, Tyne & Wear<br>NE34 9UG                    | Monday 6:00-8:30pm<br>Wednesday 6:00-8:00pm<br>Friday 6:00-8:30pm                 | Seniors Year 7-Year 11<br>Juniors Ages 8-end of Year 6<br>Seniors Year 7-Year 11 |
| <b>Ocean Road Youth Group</b><br>Ocean Road Centre, Ocean Road,<br>South Shields NE33 2DW                               | Monday 6:00-7:30pm<br>Thursday 6:00-7:30pm  | Juniors Ages 8-end of Year 6<br>Seniors Year 7- Year 11                          |
| <b>Horsley Hill Youth Group</b><br>Marsden Road Health<br>& Wellbeing Centre,<br>Marsden Road<br>South Shields NE34 6RE | Monday, Wednesday<br>and Friday<br>5:15-6:30pm (Juniors)<br>6:45-8:00pm (Seniors) | Juniors Ages 8- end of Year 6<br>Seniors Year 7-11                               |
| <b>Simonside Youth Project</b><br>Simonside Climbing Wall   | Tuesday 5:30-7:00pm   | Seniors Year 7-Year 11   |

Limited spaces available, to book please email [youthconnect@southtyneside.gov.uk](mailto:youthconnect@southtyneside.gov.uk)

0191 424 0118

[youthservice@southtyneside.gov.uk](mailto:youthservice@southtyneside.gov.uk)



South Tyneside Youth Service



Stc\_youthservice



# FOR *every* FAMILY

SOUTH TYNESIDE FAMILY HUBS

**Tel:** 0800 783 4645

**Web:** [www.southtynesidefamilyhubs.co.uk](http://www.southtynesidefamilyhubs.co.uk)

**Email:** [familyhubs@southtyneside.gov.uk](mailto:familyhubs@southtyneside.gov.uk)

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In Partnership with:



South Tyneside Council



Department  
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