



South Tyneside Council

FOR *every*
FAMILY
SOUTH TYNESIDE FAMILY HUBS

Summer

ACTIVITY GUIDE

Horsley Hill, Ridgeway, Whitburn & Marsden

For more information and/or to book a space on an activity,
please contact the hosting Family Hub.

*** Booking Required**

VISIT OUR
WEBSITE:
SCAN ME




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Monday 21st July

Twins, Triplets and More

Sea of Senses Sensory Play

Ridgeway
(0-4 years)

10:00am-11:00am



Spread the word!
THIS IS SOUTH TYNESIDE festival 2025

THROUGHOUT JULY - AUGUST

- Summer Parade
- Sunday Concerts
- Kids Fun Fest
- Proms in the Park
- Live music

...and much more!

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Tuesday 22nd July

Tidal Touch and Play Session SEND

Horsley Hill Family Hub
(0-4 years)

10:00am-11:00am

Science Buddies*

Horsley Hill
(5+ years)

10:30am-11:30am



Under the Sea Crafts

Horsley Hill
(0-4 years)

1:30pm-2:30pm



Wednesday 23rd July

Sea of Senses Sensory Play

Ridgeway
(0-4 years)

9:30am-10:30am



Tiny Tweeties*

Horsley Hill
(1-5 years)

1:30pm-2:30pm



Weigh Clinic**

Horsley Hill

1:30pm-3:30pm

Thursday 24th July

Sea of Senses Sensory Play

Ridgeway
(0-1 years)

10:00am-11:00am

Breastfeeding Support Group

Ridgeway
11:00am-12:00pm

Williby Rocs*

Ridgeway
(5+ years)

10:30am-11:30am

Sea of Senses Sensory Play

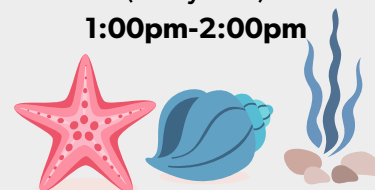
Horsley Hill
(0-1 years)

1:00pm-2:00pm

Under the Sea Craft and Sensory Play

Ridgeway
(0-4 years)

1:00pm-2:00pm



Friday 25th July

Baby Paediatric First Aid*

Horsley Hill
1:00pm-2:30pm



Sun, Fun and Everyone - Outdoor activities*

Ridgeway
(0-4 years, siblings welcome)
10:30am-11:30am

UNDERSTANDING YOUR SELF

SOLIHULL APPROACH

SOLIHULL DIGITAL OFFER

- Check out our FREE online courses nurturing emotional health and wellbeing from bump to 19+ years.
- Enter our exclusive South Tyneside ACCESS Code: **FOREVERYFAMILY** for lifetime free access in your own time.

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Week 2 Theme – Spot and Shark go to the park

Monday 28th July

**Twins, Triplets
and More**
Spot Goes to the Park
Story Session
Ridgeway
(0-4 years)
10:00am-11:00am

Tuesday 29th July

Spot Goes to the Park
SEND
Horsley Hill
(0-4 years)
10:00am-11:00am



Science Buddies*
Horsley Hill
(5+ years)
10:30am-11:30am



Shark in the Park
Story Time
Horsley Hill
(0-4 years)
1:30pm-2:30pm

Wednesday 30th July

Teddy Bears Picnic*
Ridgeway
(0-4 years,
siblings welcome)
10:30am-12:00pm



Tiny Tweeties*
Horsley Hill
(1-5 years)
1:30pm-2:30pm



Weigh Clinic**
Horsley Hill
1:30pm-3:30pm



Thursday 31st July

Spot's Little Explorers
Ridgeway
(0-1 years)
10:00am-11:00pm

Williby Rocs*
Ridgeway
(5+ years)
10:30am-11:30am

**Breastfeeding
Support Group**
Ridgeway
11:00am-12:00pm



Shark in the Park
Story Session
Ridgeway
(0-4 years)
1:00-2:00pm

Spot's Little Explorers
Horsley Hill
(0-1 years)
1:00-2:00pm

Friday 1st August

Whatever Next
Interactive Session
and Story*
Horsley Hill
(2-4 years)
1:30pm-2:30pm



**Holiday,
Activities
+ Food**

Children across
South Tyneside will continue
to access free, nutritious
food and engaging activities
over the school holidays.

Check out what's
on offer now.

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Spread the word!
**THIS IS
SOUTH
TYNESIDE** **festival** 2025

THROUGHOUT JULY - AUGUST

- Summer Parade
- Sunday Concerts
- Kids Fun Fest
- Proms in the Park
- Live music

**ALL
FREE**

...and much more!

**DISCOVER
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Week 3 Theme – We're Going on a Bug Hunt

Monday 4th August

**Twins, Triplets
and More**
Incy Wincy Explorers
Ridgeway
(0-4 years)
10:00am-11:00am



Kalma Life Yoga***
Horsley Hill
(Post natal babies up
to 12 weeks)
1:30pm-2:15pm



Tuesday 5th August

Creepy Crawly Senses
SEND
Horsley Hill
(0-4 years)
10:00am-11:00am

Science Buddies*
Horsley Hill
(5+ years)
10:30am-11:30am

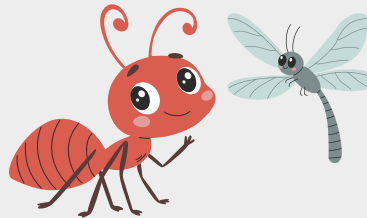
Kalma Life Yoga***
Ridgeway
(Post natal follow on
babies 12 weeks+)
10:30am-11:15am

**What the
Ladybird Heard
Story Session**
Horsley Hill
(0-4 years)
1:30pm-2:30pm

Kalma Life Yoga***
Ridgeway
(Families (age 3-12))
3:00pm-3:45pm

Wednesday 6th August

**We're Going
on a Bug Hunt**
Activities and Crafts
Ridgeway
(0-4 years)
9:30am-10:30am



Weigh Clinic**
Horsley Hill
1:30pm-3:30pm



Thursday 7th August

**The Very
Hungry Caterpillar
Story Session**
Ridgeway
(0-1 years)
10:00am-11:00am

Williby Rocs*
Ridgeway
(5+ years)
10:30am-11:30am

**Breastfeeding
Support Group**
Ridgeway
11:00am-12:00pm

**What the Ladybird
Heard Story Session**
Ridgeway
(0-4 years)
1:00pm-2:00pm

**The Very
Hungry Caterpillar
Story Session**
Horsley Hill
(0-1 years)
1:00pm-2:00pm

Friday 8th August

Clarty Art*
Ridgeway
(5+ years)
10:00am-11:00am



Anya app provides parents
and parents-to-be with
vital support on their
breastfeeding and parenting
journey, anytime, anywhere.

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** To book a Weigh Clinic appointment please ring **0191 283 2677** *To book a space on an activity contact: Horsley Hill: 0191 456 9404 Ridgeway: 0191 456 7751 Whitburn: 0191 456 9404

*** To book a space on a Kalma Life activity, please visit www.Kalmalifeuk.co.uk/south-tyneside

Monday 11th August

**Twins, Triplets
and More**
Tiny Hands, Big Art
Ridgeway
(0-4 years)
10:00am-11:00am



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Tuesday 12th August

**Playdough
and Playtime**
SEND
Horsley Hill
(0-4 years)
10:00am-11:00am



Mini Masterpieces
Horsley Hill
(0-4 years)
1:30pm-2:30pm



Wednesday 13th August

**Create
Your Own Invention!**
Junk Modelling
Ridgeway
(0-4 years,
siblings welcome)
9:30am-10:30am

**Science
Buddies***
Ridgeway
(5+ years)
10:30am-11:30am

Williby Rocs*
Horsley Hill
(5+ years)
10:30am-11:30am

**Tiny
Tweeties***
Ridgeway
(1-5 years)
1:30pm-2:30pm

Weigh Clinic**
Horsley Hill
1:30pm-3:30pm

Thursday 14th August

Tiny Hands, Big Art
Ridgeway
(0-1 Years)
10:00am-11:00am

**Breastfeeding
Support Group**
Ridgeway
11:00am-12:00pm



**Story Session
from the Library**
Ridgeway
(0-4 years)
1:00pm-2:00pm



Tuff Tray Painting
Horsley Hill
(0-1 years)
1:00pm-2:00pm

Friday 15th August

**Sun, Fun and
Everyone Outdoor
Activities***
Ridgeway
(0-4 years,
siblings welcome)
10:30am-11:30am



**Holiday
Activities
+ Food**

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South Tyneside will continue
to access free, nutritious
food and engaging activities
over the school holidays.

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on offer now.

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Monday 18th August

**Twins, Triplets
and More**
Digging for Treasure
Ridgeway
(0-4 years)
10:00am-11:00am

Clarty Art*
Ridgeway
(5+ years)
10:00am-11:00am



Tuesday 19th August

**Go Go Pirates
Digging for Treasure**
SEND
Horsley Hill
(0-4 years)
10:00am-11:00am



Baby Sensory*
Ridgeway
(0-1 years)
10:00am -11:00am

**We're Going on a
Treasure Hunt
Story Session**
Horsley Hill
(0-4 years)
1:30pm-2:30pm



Wednesday 20th August

**Ten Little Pirates
Story Session**
Ridgeway
(0-1 years)
9:30am-10:30am

Science Buddies*
Ridgeway
(5+ years)
10:30am-11:30am

Williby Rocs*
Horsley Hill
(5+ years)
10:30am-11:30am



Tiny Tweeties*
Ridgeway
(1-5 years)
1:30pm-2:30pm

Weigh Clinic**
Horsley Hill
1:30pm-3:30pm

Thursday 21st August

**Ten Little Pirates
Story Session**
Ridgeway
(0-1 years)
10:00am-11:00am



**Breastfeeding
Support Group**
Ridgeway
11:00am-12:00pm

**We're Going on a
Treasure Hunt
Story Session**
Ridgeway
(0-4 years)
1:00pm-2:00pm

**Mini Pirates
Story Session
from the Library**
Horsley Hill
(0-1 years)
1:00pm-2:00pm

Friday 22nd August

**Princess and Pirates
Treasure Hunt***
Ridgeway
(0-4 years,
siblings welcome)
Dressing up optional
10:30am-11:30am



Week 6 Theme – Summer Crafts

Monday 25th August

Bank Holiday



Anya app provides parents and parents-to-be with vital support on their breastfeeding and parenting journey, anytime, anywhere.

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Tuesday 26th August

**Mini Mess Makers
SEND**

Horsley Hill
(0-4 years)
10:00am-11:00am



Summer Crafts

Horsley Hill
(0-4 years)
1:30pm-2:30pm



Wednesday 27th August

Summer Crafts

Ridgeway
(0-4 years)
9:30am-10:30am



Science Buddies*

Ridgeway
(5+ years)
10:30am-11:30am



Williby Rocs*

Horsley Hill
(5+ years)
10:30am-11:30am

Weigh Clinic**

Horsley Hill
1:30pm-3:30pm

Thursday 28th August

Brush and Babble

Ridgeway
(0-1 years)
10:00am-11:00am

**Breastfeeding
Support Group**

Ridgeway
11:00am-12:00pm



Summer Crafts

Ridgeway
(0-4 years)
1:00pm-2:00pm



Brush and Babble

Horsley Hill
(0-1 years)
1:00pm-2:00pm

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**New sensory room
now available for
families to book at
Ridgeway Family Hub**

Please contact the Hub
to book an appointment

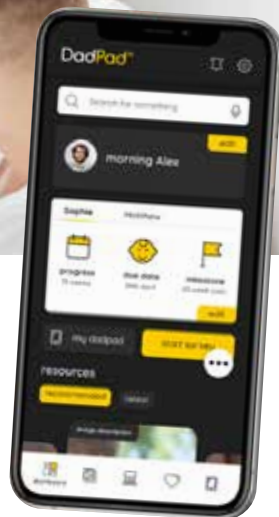


The Dad Pad

Dads' and dads-to-be can gain free access to the newly launched DadPad app, an easy-to-use resource packed with relevant information, as well as details on local support groups and service providers.

The app covers topics such as:

- Feeding, holding, changing and cleaning your baby
- Surviving without sleep and coping with crying
- Getting to know your baby
- Home safety and first aid
- Looking after yourself and supporting your partner



DOWNLOAD NOW

You can download the brand new DadPad app platform
www.thedadpad.co.uk/app



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SOUTH TYNESIDE YOUTH SERVICE

INVESTING IN YOUNG PEOPLE



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YOUTH GROUP TIMETABLE

VENUE	DAYS/TIMES	AGE GROUP
FAB/ Jarrow Youth Group Jarrow Focus, 113 Grange Rd, Jarrow NE32 3QW	Tuesday 5:30-7:30pm Wednesday 5:30-7:30pm	SEND Group ages 8-10 SEND Group ages 11-16
The Pavilion Youth Group Valley View Park, Jarrow	Monday 6:00-8:00pm Thursday 5:00-7:00pm	Seniors Year 7 – Year 11 Juniors Ages 8-end of Year 6
Hartleyburn Youth Group Hartleyburn Community Centre, Crawley Square, Hebburn NE31 2LW	Monday 6:30-8:30pm Thursday 5:00-7:00pm	Juniors Ages 8- End of year 6 Seniors Year 7- Year 11
The Hut Youth Group Chuter-Ede, Galsworthy Road, South Shields, Tyne & Wear NE34 9UG	Monday 6:00-8:30pm Wednesday 6:00-8:00pm Friday 6:00-8:30pm	Seniors Year 7-Year 11 Juniors Ages 8-end of Year 6 Seniors Year 7-Year 11
Ocean Road Youth Group Ocean Road Centre, Ocean Road, South Shields NE33 2DW	Monday 6:00-7:30pm Thursday 6:00-7:30pm	Juniors Ages 8-end of Year 6 Seniors Year 7- Year 11
Horsley Hill Youth Group Marsden Road Health & Wellbeing Centre, Marsden Road South Shields NE34 6RE	Monday, Wednesday and Friday 5:15-6:30pm (Juniors) 6:45-8:00pm (Seniors)	Juniors Ages 8- end of Year 6 Seniors Year 7-11
Simonside Youth Project Simonside Climbing Wall	Tuesday 5:30-7:00pm	Seniors Year 7-Year 11

Limited spaces available, to book please email youthconnect@southtyneside.gov.uk

0191 424 0118

youthservice@southtyneside.gov.uk



South Tyneside Youth Service



Stc_youthservice

FOR *every* FAMILY

SOUTH TYNESIDE FAMILY HUBS

Tel: 0800 783 4645

Web: www.southtynesidefamilyhubs.co.uk

Email: familyhubs@southtyneside.gov.uk

FAMILY HUB
SURVEY
SCAN ME



In Partnership with:



South Tyneside Council



Department
for Education


South Tyneside
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Adding years to life and life to years