

		14-19	Pre-Birth	0-1	0-4	4-11	11-18	16-25	18+	75+
<b>Solihull Approach Online Course Title</b>	Short/Taster	Pre-conception	Antenatal	Postnatal	Pre-School	Primary School	Secondary School	Young Adults	Adults	Older Adults
<a href="#">Understanding pregnancy, labour, birth and your baby</a>			✓							
<a href="#">Understanding pregnancy, labour, birth and your baby: for women couples</a>			✓							
<a href="#">Understanding your baby</a>				✓						
<a href="#">Understanding your preterm or sick baby in hospital</a>				✓						
<a href="#">Understanding your preterm or sick baby now you're home</a>				✓						
<a href="#">Understanding your child: from toddler to teenager</a>				✓	✓	✓	✓	✓		
<a href="#">Understanding your child with additional needs</a>				✓	✓	✓	✓	✓		
<a href="#">Understanding your teenager's brain</a>							✓	✓		
<a href="#">Understanding your brain (for teenagers only!)</a>		✓					✓	✓		
<a href="#">Understanding your feelings (for teenagers only!)</a>		✓					✓	✓		
<a href="#">Understanding your child's feelings (a taster course)</a>	✓				✓	✓	✓	✓		
<a href="#">Understanding the impact of the pandemic on your child</a>	✓				✓	✓				
<a href="#">Understanding the impact of the pandemic on your teenager</a>	✓						✓	✓		
<a href="#">Understanding your relationships</a>		✓					✓	✓	✓	✓
<a href="#">Understanding your own trauma</a>		✓					✓	✓	✓	✓
<a href="#">Moving up to secondary school for children with additional needs</a>	✓					✓				
<a href="#">Understanding your child's mental health and wellbeing (accompanies UYC and/or UYCAD)</a>				✓	✓	✓	✓	✓		

	CYP emotional wellbeing and mental health	Developing parent/child relationships	SEND	Neuro-diversity	Parents supporting early years development	Parents supporting healthy lifestyles	Pregnancy and preparing for parenthood	Supporting school readiness
<a href="#">Understanding pregnancy, labour, birth and your baby</a>		✓					✓	
<a href="#">Understanding pregnancy, labour, birth and your baby: for women couples</a>		✓					✓	
<a href="#">Understanding your baby</a>		✓			✓			
<a href="#">Understanding your preterm or sick baby in hospital</a>		✓			✓			
<a href="#">Understanding your preterm or sick baby now you're home</a>		✓			✓			
<a href="#">Understanding your child: from toddler to teenager</a>	✓	✓			✓	✓		✓
<a href="#">Understanding your child with additional needs</a>	✓	✓	✓	✓	✓	✓		✓
<a href="#">Understanding your teenager's brain</a>	✓	✓	✓	✓				
<a href="#">Understanding your brain (for teenagers only!)</a>	✓	✓	✓	✓				
<a href="#">Understanding your feelings (for teenagers only)</a>	✓	✓	✓	✓				
<a href="#">Understanding your child's feelings (a taster course)</a>	✓	✓	✓	✓	✓			
<a href="#">Understanding the impact of the pandemic on your child</a>	✓	✓	✓	✓	✓			✓
<a href="#">Understanding the impact of the pandemic on your teenager</a>	✓	✓	✓	✓				
<a href="#">Understanding your relationships</a>		✓					✓	
<a href="#">Understanding your own trauma</a>		✓					✓	
<a href="#">Moving up to secondary school for children with additional needs</a>	✓	✓	✓	✓				✓
<a href="#">Understanding your child's mental health and wellbeing (accompanies UYC and/or UYCAD)</a>	✓	✓	✓	✓				