



South Tyneside Council



FOR *every* FAMILY

SOUTH TYNESIDE FAMILY HUBS

Tel: 0800 783 4645

Web: www.southtynesidefamilyhubs.co.uk

Email: familyhubs@southtyneside.gov.uk

Summer

ACTIVITY GUIDE

Hebburn, Jarrow, Primrose Family Hub

For more information and/or to book a space on an activity contact:

Hebburn Family Hub: 0191 428 7650

Jarrow Family Hub: 0191 483 6630

Primrose Family Hub: 0191 424 4900

In Partnership with:



South Tyneside Council



Department
for Education



Adding years to life and life to years

VISIT OUR
WEBSITE:
SCAN ME



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Monday 22nd July

Learning with Play

Hebburn Family Hub
(1-4 years)
10:00-11:00am

Learning with Play

Hebburn Family Hub
(0-1 years)
1:30-2:30pm



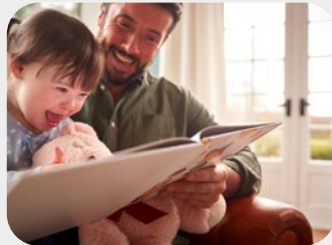
Weigh Clinic**

Jarrow Family Hub
1:30-2:30pm

Tuesday 23rd July

Williby Roc's*

Primrose Family Hub
(5+ years)
1:30-2:30pm



Learning with Play SEND

Hebburn Family Hub
(0-4 years)
1:30-2:30pm



Learning with Play

Primrose Family Hub
1:30-2:30pm

Wednesday 24th July

Weigh Clinic**

Hebburn Family Hub
9:30-11:00pm



Breastfeeding Support Group

Hebburn Family Hub
11:00am-12:00pm

Holiday, Activities + Food

Children across South Tyneside will continue to access free, nutritious food and engaging activities over the school holidays.

Check out what's on offer now.

SCAN ME



Thursday 25th July

Science Buddies*

Hebburn Family Hub
(5+ years)
10:00-11:00am



Learning with Play

Jarrow Family Hub
(0-4 years)
1:30-2:30pm

Friday 26th July

Learning with Play

Primrose Family Hub
(0-4 years)
10:00-11:00am

Multisports*

Hebburn Family Hub
(5+ years)
1:30-3:00pm



Monday 29th July

Williby Roc's*

Hebburn Family Hub
(5+ years)
10:00-11:00am

Learning with Play

Hebburn Family Hub
(1-4 years)
10:00-11:00am

Learning with Play

Hebburn Family Hub
(0-1 years)
1:30-2:30pm

Weigh Clinic**

Jarrow Family Hub
1:30-2:30pm

Tuesday 30th July

Learning with Play SEND

Hebburn Family Hub
(0-4 years)
1:30-2:30pm

Learning with Play

Primrose Family Hub
(0-4 years)
1:30-2:30pm

Wednesday 31st July

Weigh Clinic**

Hebburn Family Hub
9:30-11:00pm



Breastfeeding Support Group

Hebburn Family Hub
11:00am-12:00pm



Science Buddies*

Jarrow Family Hub
(5+ years)
1:00-2:00pm

Thursday 1st August

Explore Bill Quay Farm*

Meet at Bill Quay Farm
at 9:45am.
(All ages welcome)
10:00-11:00am



Learning with Play

Jarrow Family Hub
(0-4 years)
1:30-2:30pm



Friday 2nd August

Learning with Play

Primrose Family Hub
(0-4 years)
10:00-11:00am



Spread the word!
THIS IS SOUTH TYNESIDE
festival 2024

THROUGHOUT JULY - AUGUST

- Summer Parade
- Sunday Concerts
- Kids Fun Fest
- Proms in the Park
- Live music

...and much more!

DISCOVER MORE SCAN ME



Monday 5th August

Learning with Play

Hebburn Family Hub
(1-4 years)
10:00-11:00am



Weigh Clinic

Jarrow Family Hub
1:30-2:30pm



Tuesday 6th August

Science Buddies*

Primrose Family Hub
(5+ years)
10:00-11:00am



Learning with Play

Primrose Family Hub
(0-4 years)
1:30-2:30pm



Wednesday 7th August

Weigh Clinic**

Hebburn Family Hub
9:30-11:00pm



Breastfeeding Support Group

Hebburn Family Hub
11:00am-12:00pm



Thursday 8th August

Learning with Play

Jarrow Family Hub
(0-4 years)
1:30-2:30pm



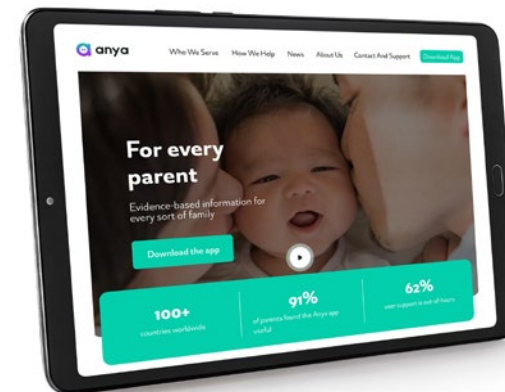
Friday 9th August

Learning with Play

Primrose Family Hub
(0-4 years)
10:00-11:00am



Anya app provides parents and parents-to-be with vital support on their breastfeeding and parenting journey, anytime, anywhere.



DISCOVER MORE SCAN ME



Week 4 Theme – Shark in the park

Monday 12th August

Learning with Play

Hebburn Family Hub
(1-4 years)
10:00-11:00am



Learning with Play

Hebburn Family Hub
(0-1 years)
1:30-2:30pm

Science Buddies*

Hebburn Family Hub
(5+ years)
1:00-2:00pm

Weigh Clinic**

Jarrow Family Hub
1:30-2:30pm

Tuesday 13th August

Williby Roc's*

Jarrow Family Hub
(5+ years)
10:00-11:00am



Learning with Play SEND

Hebburn Family Hub
(0-4 years)
1:30-2:30pm

Learning with Play

Primrose Family Hub
(0-4 years)
1:30-2:30pm

Wednesday 14th August

Weigh Clinic**

Hebburn Family Hub
9:30-11:00pm

Breastfeeding Support Group

Hebburn Family Hub
11:00am-12:00pm



Thursday 15th August

Shark in the Park*

Meet at Charlies Park
10:00-11:00am

Learning with Play

Jarrow Family Hub
(0-4 years)
1:30-2:30pm

Friday 16th August

Learning with Play

Primrose Family Hub
(0-4 years)
10:00-11:00am



*Booking required ** To book a clinic appointment please ring **0191 283 2677**

Monday 19th August

Learning with Play

Hebburn Family Hub
(1-4 years)
10:00-11:00am



Learning with Play

Hebburn Family Hub
(0-1 years)
1:30-2:30pm

Weigh Clinic**

Jarrow Family Hub
1:30-2:30pm

Tuesday 20th August

Learning with Play SEND

Hebburn Family Hub
(0-4 years)
1:30-2:30pm



Learning with Play

Primrose Family Hub
(0-4 years)
1:30-2:30pm

Wednesday 21st August

Weigh Clinic**

Hebburn Family Hub
9:30-11:00pm



Breastfeeding Support Group

Hebburn Family Hub
11:00am-12:00pm



Thursday 22nd August

Learning with Play

Jarrow Family Hub
(0-4 years)
1:30-2:30pm



Miracle Mans' Holiday Club

St John's Church
Every Thursday
11:00-1:00pm

Friday 23rd August

Learning with Play

Primrose Family Hub
(0-4 years)
10:00-11:00am



*Booking required ** To book a clinic appointment please ring **0191 283 2677**

Relationships Matter

We offer a range of programmes to support parents who may be experiencing conflict within their relationship such as:

- Me, You and Baby too
- Arguing better
- Getting it right for children



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Week 6 Theme – Pizza for pirates

Monday 26th August

Bank Holiday



Tuesday 27th August

Learning with Play

Primrose Family Hub
(0-4 years)

1:30-2:30pm

Learning with Play SEND

Hebburn Family Hub
(0-4 years)

1:30-2:30pm

Wednesday 28th August

Weigh Clinic**

Hebburn Family Hub
9:30-11:00pm

Breastfeeding Friendly Support Group

Hebburn Family Hub
11:00am-12:00pm

Thursday 29th August

Pizza Making*

Hebburn Family Hub
10:00-11:00am

Science Buddies*

Primrose Family Hub
(5+ years)

1:00-2:00pm



Friday 30th August

Learning with Play

Primrose Family Hub
(0-4 years)

10:00-11:00am

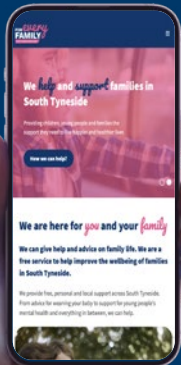


*Booking required ** To book a clinic appointment please ring **0191 283 2677**

NOW LAUNCHED

A BRAND NEW WEBSITE

A one-stop-shop for your whole family, putting relationships at the heart of everything we do.



VISIT OUR WEBSITE: SCAN ME



FOR every FAMILY
SOUTH TYNESIDE FAMILY HUBS

Learning with Play

Jarrow Family Hub
(0-4 years)

1:30-2:30pm



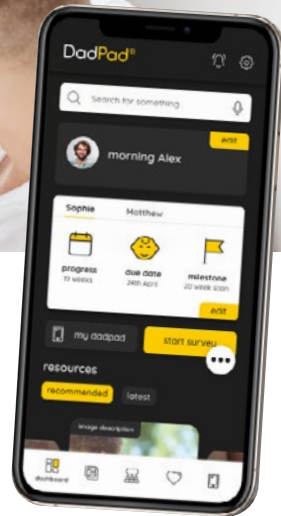


The Dad Pad

Dads' and dads-to-be can gain free access to the newly launched DadPad app, an easy-to-use resource packed with relevant information, as well as details on local support groups and service providers.

The app covers topics such as:

- Feeding, holding, changing and cleaning your baby
- Surviving without sleep and coping with crying
- Getting to know your baby
- Home safety and first aid
- Looking after yourself and supporting your partner



DOWNLOAD NOW

You can download the brand new DadPad app platform www.thedadpad.co.uk/app



UNDERSTANDING YOUR SELF



S O L I H U L L A P P R O A C H

SOLIHULL DIGITAL OFFER

- Check out our FREE online courses nurturing emotional health and wellbeing from bump to 19+ years.
- Enter our exclusive South Tyneside ACCESS Code: **FOREVERYFAMILY** for lifetime free access in your own time.

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SOUTH TYNESIDE YOUTH SERVICE

INVESTING IN YOUNG PEOPLE

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YOUTH GROUP TIMETABLE

VENUE	DAYS/TIMES	AGE GROUP
FAB/ Jarrow Youth Group Jarrow Focus, 113 Grange Rd, Jarrow NE32 3QW	Tuesday 5:30-7:30pm Wednesday 5:30-7:30pm	SEND Group ages 8-10 SEND Group ages 11-16
The Pavilion Youth Group Valley View Park, Jarrow	Monday 6:00-8:00pm Thursday 5:00-7:00pm	Seniors Year 7 – Year 11 Juniors Ages 8-end of Year 6
Hartleyburn Youth Group Hartleyburn Community Centre, Crawley Square, Hebburn NE31 2LW	Monday 6:30-8:30pm Thursday 5:00-7:00pm	Juniors Ages 8- End of year 6 Seniors Year 7- Year 11
The Hut Youth Group Chuter-Ede, Galsworthy Road, South Shields, Tyne & Wear NE34 9UG	Monday 6:00-8:30pm Wednesday 6:00-8:00pm Friday 6:00-8:30pm	Seniors Year 7-Year 11 Juniors Ages 8-end of Year 6 Seniors Year 7-Year 11
Ocean Road Youth Group Ocean Road Centre, Ocean Road, South Shields NE33 2DW	Monday 6:00-7:30pm Thursday 6:00-7:30pm	Juniors Ages 8-end of Year 6 Seniors Year 7- Year 11
Horsley Hill Youth Group Marsden Road Health & Wellbeing Centre, Marsden Road South Shields NE34 6RE	Monday, Wednesday and Friday 5:15-6:30pm (Juniors) 6:45-8:00pm (Seniors)	Juniors Ages 8- end of Year 6 Seniors Year 7-11
Simonside Youth Project Simonside Climbing Wall	Tuesday 5:30-7:00pm	Seniors Year 7-Year 11

Limited spaces available, to book please email youthconnect@southtyneside.gov.uk

0191 424 0118

youthservice@southtyneside.gov.uk

South Tyneside Youth Service

Stc_youthservice