## **SOUTH TYNESIDE'S**





## What we offer....

TTHT at The Autism Hub provides support to parents and families of autistic children and young people up until the age of 18, without requiring a referral or even a confirmed autism diagnosis. TTHT services have now reopened at The Autism Hub, offering a combination of face-to-face and virtual support. If you would like to come and see us in person at The Hub it would be advisable to make an appointment by ringing 0191 816 0550.

## If you live in South Tyneside our services include:

- Face-to-face family support appointments for parents/caregivers.
- One to one Zoom or telephone family support sessions.
- Targeted webinars (please see our website www.ttht.co.uk and our Facebook page: *The Toby Henderson Trust at The Autism Hub* for more information).
- Monthly family support group via Zoom.
- Monthly families of autistic girls support group via Zoom.
- Monthly a Grandparent's guide to autism support group via Zoom.
- Monthly coffee mornings at the Hub.
- A range of autism specific related resources are also available on our website which are being continuously updated

TTHT at The Autism
Hub is open:

Monday-Wednesdays 9am-4pm.

Please get in touch with any queries by calling:

0191 816 0550

Or emailing:

autismhub@ttht.co.uk

South Tyneside Partnership