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The Toby Henderson Trust







**Specialist support** 

**Listening ear** 

Family-centred approach

Safe space

**Caring staff** 

Working in unison with families

South Tyneside Partnership



### WHAT IS THE AUTISM HUB?

Our unique, innovative lifespan service is being provided with the financial support of the South Tyneside Clinical Commissioning Group in partnership with South Tyneside Council. We support families & individuals collaboratively with Autism In Mind. The Hub is free to all families in the area with a South Tyneside postcode.

TTHT provide specialist support to parents and families of autistic children and young people up until the age of 18, without requiring a referral or even a confirmed autism diagnosis.



# OUR SERVICE PROVISION.

WHAT WE OFFER:

**Family Support sessions - A chance for** parents/ carers and families to have an in-depth chat with members of our family support team in a safe space, where you have access to specialist support, advice, strategies, suggestions & resources, as well as signposting to other relevant agencies and that much needed listening ear & understanding. These sessions can be face-to-face at the Hub, via Zoom, telephone call or even via email, to suit the needs and flexibility of each family. Sessions can be accessed by ringing or emailing the Hub to book an appointment.

#### Targeted Webinars

A range of monthly Support Groups Please visit our website or Facebook page for details & upcoming events.

**Follow up emails** to appointments including overview of suggestions, information & relevant resources.



# • Families can access our services as many times as they need.

## SO WHO IS TTHT?

The Toby Henderson Trust (TTHT) is an independently funded charity supporting autistic children, young people and adults, their families and carers in the North East of England TTHT was started in 2001 by founder & CEO Lesley K Henderson who turned her care, lived experience & knowledge into an organisation with a team that all share the same ethos and dedication.

We provide relevant, appropriate and accessible support for autistic young people from two years into adulthood, whilst also empowering parents, families & carers by sharing knowledge, experience and understanding.

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Thank you so much! In 9 years that's the most help I've had, your support is very much appreciated!