

HGSF Weekly Newsletter

Monday 8th June 2026



PT Time	
Monday	Managing Workload and Exam Stress
Monday Launchpad	Year 12 (Atrium) : Interview skills session by Lancaster University - Jacob O'Neil
Tuesday	Week Ahead and Notices 1:1 Student Meetings with PT
Wednesday	Year 12 : The Big Conversation 1:1 Student Meetings with PT
Thursday	PT Quiz 1:1 Student Meetings with PT
Friday Extended PT	Year 12 (Atrium) : Exam Protocols

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This Week

Tuesday 9th June	Geography Fieldwork Trip: Stockport Town Centre- <i>students involved have been advised</i>
Wednesday 10th June	Geography Fieldwork Trip: Manchester City Centre- <i>students involved have been advised</i>
Saturday 13th June	Dragon Boat Race - <i>students involved have been advised</i> We would love as many of you as possible to come along to spectate, please find further details here and the shcedule below. https://www.dragonboatfestival.uk/

TIME	ACTIVITIES	LOCATION
08:45-09:15	Youth Team Registration (Handout of team flag, uniforms, and racing schedule)	The Lowry plaza (TLP)
09:15-09:45	Crew Managers Meeting & Safety Briefing for Youth Race	Event Control Stall
10:00-10:40	Round 1, Round 2 & the Grand Final	Huron Basin
10:40-10:50	Ready for 2025 UKCDBF Event Opening Ceremony	TLP
10:50-12:00	Grand Opening Ceremony including lion & dragon dance, Youth Race Award Ceremony / Trophy & Medals Presentation	Main Stage, TLP

VENUE

MediaCity & The Quays, Salford,
Greater Manchester, M50 3AZ



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Upcoming

Friday 19th June	Inset Day - Please note we do have A Level Exams taking place on this day
Mon 22nd June to Mon 29th June	Year 12 Internal Exams
Wednesday 24th June	A Level Exam contingency day - all year 13 students should be available up to and including this date
Monday 29th June	HGSF Offer Holders Morning - please sign up to support this event via the link below. https://forms.cloud.microsoft/e/11LQ4z6MrS
Tues 30th June to Sat 4th July	Gold DofE Qualifying Expedition
Wednesday 8th July	P5 - Y12 End of Term Inflatables Session
Thursday 9th July	Last day of Lessons for Year 12
Friday 10th July	Last Day of Summer Term

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Student Notices:

Life After Laurus, Plans After A Level: All year 12 students will receive an email asking them to complete their Life After Laurus, Plans After A Level form by 9am on Monday 15 June. This information is integral to assisting us to write your UCAS references. [Life After Laurus - Data Collection](#)

Offer Holders Induction Morning: If you would like to volunteer to help at our Offer Holders Induction Morning on Monday 29th June, 9:30 to 12:30, please sign up [HERE](#)

Silent Study Centre: Silence Must Be Maintained in the Study Centre

Student Parking: If you need to leave part way through the day, either for an appointment or after an exam, **please do not park in East Car Park.**

The 16-19 Bursary: The 16-19 Bursary Fund is a scheme to help students facing financial hardship to continue in full time education after Year 11. We would encourage all students to read the information [here](#), or to see Mrs Gill for further advice. The bursary is discretionary and you do not always need to meet the criteria outlined.

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SUPER-CURRICULAR OPPORTUNITIES IN READING AND COMPETITIONS

Boost Your UCAS Application & Go Beyond the Classroom

What is Super-Curricular?

Activities that extend your learning beyond your subject specification—perfect for demonstrating passion and independence to universities.

-  Why It Matters
 -  Strengthens your personal statement
 -  Shows independent learning
 -  Helps you stand out for competitive courses
 -  Prepares you for university-style study
-  Get Started Today!

[Click here to explore Super Curricular Opportunities](#)

You will need to be logged in for the link to work

 Push beyond the curriculum—your future starts now.

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Trinity College Law Taster Day 2026

The Trinity College Law Taster Day is an annual event giving you an opportunity to explore what it is like to study Law at Trinity and Cambridge. This year's Law Taster Day will take place on Monday 24 August 2026.

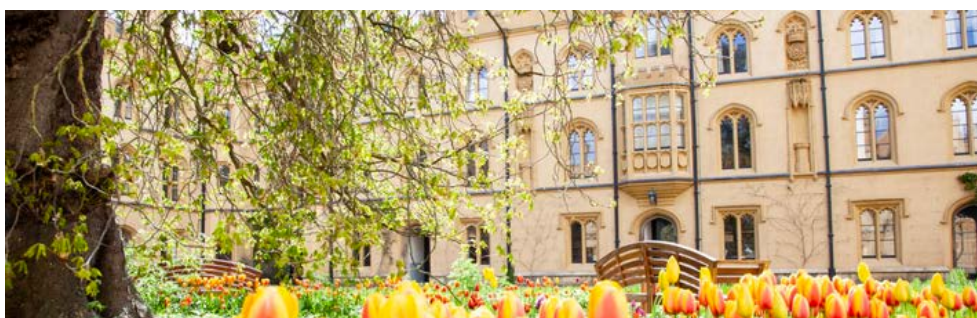
This year, the programme will run in a hybrid format. Applicants will be able to indicate whether they would prefer to attend either online or in-person in Cambridge.

The day will include academic taster sessions, an admissions session on applications and personal statements, and an admissions Q&A which we hope will help you in making a competitive application to Cambridge. In-person attendees will also receive lunch and a tour of Trinity College.

The deadline for applications will be 6pm on Sunday 19 July.

apply here

Discover other events run by the Colleges and departments [**EVENTS LISTING**](#)



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Undergraduate Open Day - Bookings Open Now

Bookings are open for our on-campus Undergraduate Open Days :

- **Saturday 27 June**
- **Saturday 3 October**
- **Saturday 21 November**

[Book now for 2026](#)

Study in the North - Live Webinar

If you are considering studying in the North of England, we are hosting our online Study in the North webinar on Wednesday 17 June 2026. You will be able to:

- hear from the Universities of Newcastle, Sunderland, Lancaster, and Sheffield
- listen to insights from current students
- ask questions during our Student Ambassador Q&A panel

[Register Here](#)

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PARTNERS - 2027 Entry

For students interested in applying to Newcastle University for September 2027 entry, PARTNERS will open for applications in September 2026.

By completing our expression of interest form, students will:

receive an email as soon as PARTNERS applications open

- be invited to our online information events
- get the most up-to-date guidance on eligibility and how to apply
- be the first to hear about plans for the PARTNERS Academic Summer School 2027

They will also receive updates about Newcastle University events, including open days, campus tours, and other opportunities to support their decision-making.

[**Register Interest Here**](#)

Upcoming events

Visit our events calendar to see the full programme of events, this includes:

- 7-9 July: Bridging the Gap (Year 12)
- 13 July: Dietetics, Nutrition and Sport & Exercise Science Experience Day (Year 12)

[**Outreach Events Calendar**](#)

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Leeds Arts University showcase - 15-20 June

From 15–20 June our Blenheim Walk campus will be transformed into a large-scale exhibition space, showcasing the creative talent from across our undergraduate degree courses, offering a valuable opportunity for industry professionals and the wider creative community to engage with the work of our graduating students.

The undergraduate exhibition will also feature live performances by BMus (Hons) Popular Music Performance and BA (Hons) Creative Writing students, and an industry screening of work produced by our BA (Hons) Filmmaking students. Graduating BA (Hons) Fashion Design students will showcase their designs in a catwalk show. Please note that these events are invite only.

Our Art Market will be open for visitors to purchase artwork created by students.

If you're considering studying an undergraduate degree with us, book your place at our next open day on Wednesday 17 June during our undergraduate end of year show! As well as hearing all about the course and the university, you'll get to visit our accommodation and tour our facilities and the show. Our tutors, student ambassadors and support staff will also be available to answer any questions.

Visiting hours

[Further Information](#)

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This summer, students from Didsbury Sixth Form, another sixth form within our Trust, will be travelling to Kenya, where they will support local schools and learn from the community they are visiting.

As part of this experience, they are collecting essential items to take with them, and they need your help!

✨ How you can help:

If you are able to donate, items can be new or good-quality second hand. Every contribution, big or small, will make a real difference.

📦 Drop-off locations:
Hazel Grove Sixth Form Office

📅 Deadline for donations: 29th June

This is a fantastic opportunity to support students across our Trust and make a positive impact globally. Let's come together and show our generosity!

💙 Thank you in advance for your support.

School Donations Needed:

- English story books
- Exercise books
- Pens
- Pencils
- Erasers
- Beads
- Plasticine
- Assorted balls
- Football / Netball Nets
- Toys
- Drawing pencils
- Assorted colours
- Drawing notebooks
- Games kits
- School bags
- English junior dictionaries

Community Donations Needed:

- First aid kits
- Toothbrushes
- Toothpaste
- Shoes
- Reusable diapers
- Sanitary pads
- Handkerchiefs

General Donations Needed:

- Clothes (for any age)
- T-shirts
- Boys' underwear
- Girls' underwear
- Black shoes

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It's a Gas

Professor Mark Miodownik

**Manchester
Lit&Phil**

Why are most gases invisible, odourless and tasteless?

Why do some poison us and others make us laugh?

And why do some explode while others are content just to make drinks fizzy?

Taking us back to that exhilarating, and often dangerous, moment when scientists tried to work out exactly what they had discovered, Mark Miodownik shows that gases are the formative substances of our modern world, each with its own weird and wonderful personality.

This talk reveals the immense importance of gases to modern civilisation.

Date and time

10 June 2026

7.00pm - 8:30pm

Location

Friends' Meeting House

Mount Street, Manchester M2 5NS

Price

£15.00 General Admission / £6.00 Students / Members book for FREE



Book Now

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The boom in weight loss jabs: medicines as a solution for societal failure?

**Manchester
Lit&Phil**

Weight-loss jabs: medical breakthrough or societal risk?

Medicines have become a normal part of modern life, with prescriptions more than doubling in the last 25 years and playing a major role in improving health and extending lives. A recent example is the rapid rise of GLP-1 agonists—injectable drugs for obesity—which are highly effective and widely seen as a breakthrough.

However, their widespread use raises important concerns. Treating everyone eligible could be financially unsustainable for the NHS, potentially diverting resources from other conditions. There are also deeper questions about whether these drugs address the root causes of obesity or create new problems, such as unrealistic body expectations or inequality in access.

The talk explores the growing normalisation of such treatments, their benefits and risks, and broader societal implications. It also considers who should be responsible for managing their use and how to ensure these powerful medicines are used responsibly going forward.

Date and time

30 June 2026
6.30pm - 8:00pm

Location

Royal Northern College of Music
124 Oxford Road,
Manchester M13 9RD

Price

£15.00 General Admission
/ £6.00 Students /
Members book for FREE



[Book now](#)

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ACTION FOR HAPPINESS

Joyful June

Joyful June 2026

MONDAY

1 Decide to look for what's good every day this month

8 Find joy in music: sing, play, dance, listen or share

15 Look for something to be thankful for where you least expect it

22 Watch something funny and enjoy how it feels to laugh

29 Share a friendly smile with people you see today

TUESDAY

2 Say positive things in your conversations with others

9 Ask a friend what made them happy recently

16 Speak to others in a warm and friendly way

23 Create a playlist of uplifting songs to listen to

30 Make a list of the joys in your life (and keep adding to it)

WEDNESDAY

3 Re-frame a worry and try to find a helpful way to think about it

10 Bring joy to others by doing something kind for them

17 Take time to notice things that you find beautiful

24 Bring to mind a favourite memory you feel grateful for

THURSDAY

4 Take a photo of something that brings you joy and share it

11 Eat good food that makes you happy and really savour it

18 Look for something good in a difficult situation

25 Show your appreciation to people who are helping others

FRIDAY

5 Think of 3 things you're grateful for and write them down

12 Write a gratitude letter to thank someone

19 Get outside and find the joy in being active

26 Make time to do something playful, just for the fun of it

SATURDAY

6 Get out into green space and feel the joy that nature brings

13 Take a light-hearted approach. Choose to see the funny side

20 Rediscover and enjoy a fun childhood activity

27 Be kind to you. Do something that brings you joy

SUNDAY

7 Do something healthy which makes you feel good

14 Share a happy memory with someone who means a lot to you

21 Send a positive note to a friend who needs encouragement

28 Notice how positive emotions are contagious between people



ACTION FOR HAPPINESS

Happier · Kinder · Together

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Keep up to date with us on Social Media



hazelgrove_sixthform



Hazel Grove Sixth Form