

Hadrian Education and Development Services (HEADS) is a registered company Limited by Guarantee that was established in 2007. HEADS work in partnership with Hadrian School, Newcastle upon Tyne to offer:

- Quality SEN Training
- Advice/Consultancy and Support
- Quality Publications
- An excellent range of Facilities and Resources including our new Rebound Therapy Training Centre

Hadrian School run a range of training courses for Parents, Carers throughout the school year 2025/6. All courses start at 9.30am unto 12.30pm. We are keen to hear from parents about ideas for training, so if you have any specific training requests please let us know by filling in the attached form.

Training for Parents/Carers

9th October 2025 – Bereavement Training – New Course – virtual training (10am – 1pm)

- Living with anticipatory grief
- The impact of sudden, traumatic, unexpected, or expected death
- The physiological and emotional impact of grief and its impact on communication
- Understanding why bereaved people may be vulnerable
- Understanding the impact of life-limiting illness and terminal illness on the individual and the carer
- Understanding grief and loss in children and families
- Supporting children with learning disabilities with their own grief
- Family communication: conversations about death and dying
- Signposting and offering support– how and where
- Resilience, self-care and seeking support, to include vicarious trauma and compassion fatigue
- An overview of the experience of bereavement, grief & loss, to include different types of grief and the impact of different types of death

24th October 2025 – Behaviour as a form of Communication

This practical course teaches delegates the core skills of how to empathise with, and meet the needs of the people they support.

Because empathy is such an important part of SEN care and education, this course is relevant for all professionals and family members who support a person with a learning disability, autism, or mental health problem, including teachers, teaching assistants and clinical staff and managers working in challenging circumstances with people with complex needs.

6th November 2025 – An Introduction to First Aid

This 3-hour workshop is designed for school staff, parents, and other community members to provide essential first aid knowledge until a qualified first aider arrives on the scene. A certificate of attendance will be provided upon completion.

What to do in an emergency
Cardiopulmonary resuscitation (CPR)
First aid for an unconscious casualty
Managing wounds and bleeding
How to assist a choking person

21st November 2025 – Sleep Training

Causes of sleep disturbance in children. Methods for addressing these issues, including using natural therapies. Ways to manage parent's feelings about sleep problems. Parents will be able to discuss issues together in a supportive environment, and learn from each other too.

There is no single 'cure' or approach that will guarantee their children will sleep through, however the approaches we discuss can be applied in a person centred way to hopefully bring some help to every family.

5th December 2025 – Introduction to Autism

We will consider autism as a condition and how it impacts on the lives of individuals and how, in turn this can reflect on their learning. We will develop an understanding of how individuals with this condition may need to be supported in a school environment and the adaptations that can be made. Special reference will be made to sensory issues and the importance of working in a person centered way.

23rd January 2026 and Introduction to Sensory Loss

This course will help delegates to learn how our senses affect us on a daily basis. How it feels to have Sensory Loss. Finding out what can cause Sensory Loss. Ways to help and support people who have a Sensory Loss, alongside disabling conditions such as learning difficulties/physical disabilities. Knowing who the organisations are who provide support for individuals who have a Sensory Loss.

27th February 2026 – Complimentary Therapies

Consider how complementary therapies can be used in person centred and holistic ways to help manage stress, pain and sleep problems. Introduce a number of complementary therapies which can be used by everyone. Discuss how to give a hand and foot massage. Learn a number of relaxation techniques. How these approaches have been used to help individuals with a range of problems.

29th April 2026 – Mental Health Awareness Training

HEADS Training in partnership with Hadrian School and Traincon Learning are facilitating a Mental Health Awareness Training course very soon. We would like the course to take place physically at the HEADS Training Centre at Hadrian school where we have strict COVID practices in place, but depending on what delegates preferences are we can facilitate via zoom too, just let us know what is practicable for yourself if you would like to book..

In the current COVID climate Mental Health is at the forefront of many organisations agendas, and attending this training will give you opportunity to take back much needed knowledge and skills to your own working environment.

24th June 2026 - Introduction to Epilepsy

This course will help delegates to understand more about people with Epilepsy, understand what Epilepsy is. Some causes of Epilepsy. The effects on daily living of Epilepsy. Using a person centered approach to support individuals with Epilepsy. Learn how to deal with seizures. And understanding common treatments for Epilepsy.

If you would like to book a place on any of the training, could you please email:

david.palmer@hadrian.newcastle.sch.uk or daniel.coffey@hadrian.newcastle.sch.uk, or call school on 0191 273 4440.