

# Dream BIG

Sssh..! An exciting new accessible  
project for all is being developed...

The Hadrian Community Spa



## Foreword

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SEF/Hadrian Herald/Plans



**Chris Rollings**  
Head Teacher of Hadrian School



The Friends of Hadrian in partnership with Hadrian School, HEADS Ltd and The Compass Trust are planning to create the most inclusive disability Community Therapy Spa for our region here in Newcastle upon Tyne, on Hadrian's Wall in Benwell.

Our vision is to further develop the work we started with our amazing Rebound Therapy Centre. We aim to develop a wraparound disability friendly facility for all age and abilities to enhance access to appropriate therapy, leisure and fitness for life.

Included in this pack are our plans for this vision, including the design spec, outlying planning permission, costs and time scales. We hope, all being well, to open this facility by the summer of 2024. The building will be carbon friendly with solar panels on the roof of the current Sports Hall, Rebound Centre and the new Hydrotherapy Pool. Hopefully we will be in the position where we are selling power back to the National Grid.

### Contacts:

Head Teacher: [chris.rollings@hadrian.newcastle.sch.uk](mailto:chris.rollings@hadrian.newcastle.sch.uk)

Deputy Head/Chair of Friends: [alex.rayner@hadrian.newcastle.sch.uk](mailto:alex.rayner@hadrian.newcastle.sch.uk)

Business Manager/HEADS: [david.palmer@hadrian.newcastle.sch.uk](mailto:david.palmer@hadrian.newcastle.sch.uk)

Project Manager: [andy.todd@hadrian.newcastle.sch.uk](mailto:andy.todd@hadrian.newcastle.sch.uk)

Design/Project Architect: Darren Alderson - [info@b-p-d.co.uk](mailto:info@b-p-d.co.uk)

Chair of Governors: Mrs Pat Fox

HEADS: [www.headstraining.co.uk](http://www.headstraining.co.uk)

Hadrian School: [www.hadrian.newcastle.sch.uk](http://www.hadrian.newcastle.sch.uk)

Telephone: 0191 2734440

## Hadrian School

“You lead a strong staff team which has a clear purpose to improve the outcomes of all pupils and their families.”

OfSTED

**H**adrian is a school for primary aged children with a wide range of additional needs including complex, profound and multiple learning disabilities, speech and language needs, physical, perceptual and sensory needs. We help all our children overcome their personal difficulties through highly trained and expert specialist teaching, through our amazing therapeutic curriculum, resources and our partnership work with parents, carers and health professionals.



Hadrian School was established in September 1999 and has gone on to have 4 successive 'outstanding' OfSTED Inspections over the past 23 years. We are currently building upon our last 'exceptional' inspection to further future proof our vision. Our practice is second to none and our ability to fund raise and complete major building projects is also very well established working in partnership with Sport England, the Lottery Fund and our local business community.



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## The Friends of Hadrian School



The 'Friends of Hadrian School' is a registered charity which raises funds to promote the work of the school by providing equipment and activities for use by all pupils.

A committee of parents, carers and staff organise social functions, fund raising events and school based activities to support the work of the school.

The Friends' principle function is to bring parents, carers and staff, together in social settings to promote friendships and relationships for the common good of the pupils and school.

The Charitable Status of The Friends of Hadrian allows us to pursue grants and donations to facilitate the ambitions of Hadrian School.

The Hadrian Community Spa Project will be steered through the Friends organisation.

## HEADS



Hadrian Education And  
Development Services

As part of its core offer, Hadrian School has developed a centre for SEND training and accredited courses.

We facilitate regional training in partnership with Newcastle Local Authority, QCA, City & Guilds, Aim, Quasafe, EQUALS and Sports Partners. We host courses and conferences on a wide range of topics for teachers, health professionals, parents and carers including:

Behaviour Support  
Physical Education  
Confident Parenting  
Music

Rebound Therapy  
First Aid  
Moving and Handling  
Infant Practitioner  
City & Guilds

Level 2 course for Teaching and Learning Assistants.  
Mental Health

....and many other Health and Welfare Courses

The new additional Hydrotherapy Pool will allow us to increase our training offer to include 'Halliwick' which is a specialist method of teaching swimming for disabled users.



“If only the facilities that Hadrian School have are readily available to adults and children in other areas of the region it would have a huge impact on the disability community.”

Ash Trees Academy  
Stockton on Tees, Tees Valley

### What others have said about us

• “An excellent course with a very useful insight into specialist education.”  
Manderville School, London

• “Rebound has changed my way of thinking around the topic of therapy and how I can use this to benefit the children at my school - wow!”  
Dales Schools, Blyth

• “OMG! Have done loads of first aid courses before but this one surpassed all of the others by far. Double the content, delivered in practical and in a fun way. Loads of real life practical tips. Feel more confident now.”  
Attendee

## Our Partnerships

We are held in high esteem in our region and we thrive on the partnerships we build with organisations.

We are very keen to partner your vision for the future of our city and region and would very much like to continue to enhance our relationship for the good of all in our amazing city and region.

Hadrian School is committed to establishing, maintaining and developing links with the local community wherever possible.

These links give our pupils opportunities to experience many aspects of life outside the immediate school environment and in some instances may provide valuable preparation for life.

We will be reaching out to all of our partners to create this new provision and will be encouraging them to network with their communities to take every advantage of these new opportunities for life and leisure in our region.



Hadrian Education And Development Services



## What we have achieved so far:

We have already facilitated training for the SEND communities of Newcastle, Durham, Northumberland, Gateshead and North & South Tyneside. Equally our training company HEADS meets the needs of these partners plus those of the Tees Valley, Sunderland, North Yorkshire and Cumbria regions.

Hadrian School and HEADS are at the forefront of Special Education Training and resources and have a track record of networking successfully with many initiatives and partners.

### Other partners also include:

- FLSE
- EQUALS
- TimberDash Theatre Company
- First Aid partners
- Adult Day services
- Respite Care providers
- St Oswald's Hospice
- NHS, VI & HI services
- Nordoff Robbins

We now have a bespoke Rob Armstrong Rebound Therapy/HEADS Training Centre at Hadrian School which offers fantastic therapeutic access for our community, as well as high quality training and professional development. Hadrian Rebound Therapy/HEADS Training Centre was established thanks to a £250K Sport England Grant and our own amazing fund raising efforts



Hadrian School has access to qualified coaches for Trampolining, Rebound Therapy, Halliwick, Swimming and Football. Individual members of staff are also qualified specialist P.E. Teachers.

The school has excellent sporting facilities which it leases to the community.

Local schools and community groups take advantage of our Rebound Therapy Centre, Sports Hall, Dance/Music Studio, Soft-Play and Hydrotherapy Pool.

We also have close links with our Trust Partner School – Sir Charles Parsons School where many of our pupils transfer at the end of Year 6.

“The Hadrian Rebound Therapy Centre has provided us with an ideal location near the centre of Newcastle that is very well equipped to suit all the needs of the children and young people that the Vision Team support”.

Vision Impairment Team  
Newcastle Local Authority



## Our Vision

Our vision is to further develop the work we began with our amazing Rebound Therapy Centre. We aim to develop a wraparound disability friendly facility for all ages, and abilities to enhance access to appropriate therapy, leisure and fitness for life. Sadly we are all too aware that the fantastic therapy and leisure opportunities available to our pupil population stop at 19 years of age, just when this cohort of young adults need it more than ever.

The proposal is for the erection of an extension to the north elevation of the Sports Hall for a Hydrotherapy Pool, Spa Pool and changing facilities. The building would be some 16.3m by 20m.

The proposal would result in an onsite footpath being altered, a retaining wall being installed to account for the changes in levels and associated landscaping works.

The proposal also includes constructing pedestrian access to West Road to the north.



Current Hydrotherapy Pool



Rebound Therapy Centre



Soft play



Sports Hall



## Our Vision continued

Our vision is to add a bespoke Hydrotherapy Pool with leisure facilities to our current Sports Hall and Rebound Centre. The new hub will include an accessible pool with accessible changing and shower facilities, Spa Pool, Gym, a Massage/Therapy space and a Café run by adults with learning disabilities that will service the new Centre and our HEADS Training facility.

This Café will also serve the community using our Sports Hall for Wheelchair Basketball, Karate, Pilates, Yoga and Fitness. Our Dance/Music Studio for music and movement activities, our Soft Play Room, Sensory Integration Room, amazing outdoor learning resources including a Yurt, Stagecoach Bus, Caravan, Outdoor Fire Pit, Music Shack and Mud Kitchen.

The combination of our indoor and outdoor facilities, together with the Café, will make this a unique destination for children and adults with and without disabilities. The Centre will be open all year round and the opening hours will be governed by the community desire to make use of these outstanding facilities. The new development will cost in the region of £2.1 million.

At present there is a wide range of users for our current facilities which include children's football, baby swimming groups, karate sessions, basketball sessions, adults with additional needs swimming groups, rebound therapy for both children and adults, party bookings, conferences and training courses for both parents and professionals.

We predict that we will triple the current footfall we have by introducing the new facilities, and have approx. 300 independent users per week and 180 children from Hadrian School.

A proposed cafe that will serve the new facilities.



## The New Development

The pre planning application was submitted to Newcastle City Council for advice from statutory consultee departments in July.

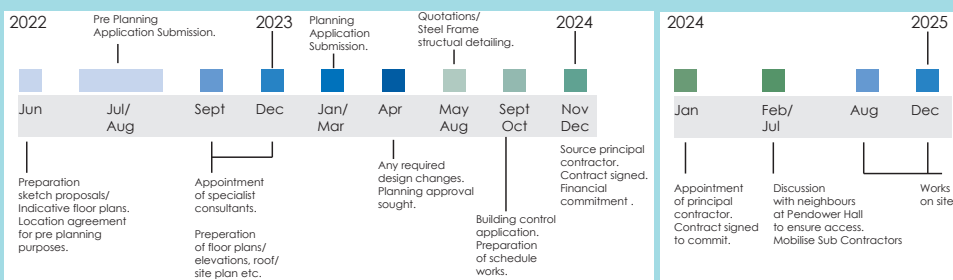
We received their considerations in October 2022. As anticipated, given the historic nature of our site we will need to have further archaeological surveys on site, we also appreciate there will need to be further tree preservation surveys. These, together with a number of recommendations, will not be barriers to this project going ahead. Having been through these conditions when building the recent Rebound Therapy Centre we have already future proofed this proposed extension for the new Community Spa Project. We will work in partnership with Newcastle City Council with the aim of completing this project in the summer of 2024.



Proposed Hadrian Community Spa

The main issues relating to this pre-application enquiry relate to:

- Principle of Development and Open Space
- Landscape and Ecology
- Archaeology
- Visual Amenity
- Residential Amenity
- Highways and Transportation



Proposed Project Time Scales

### Hydrotherapy Pool Spec.

This is a structural self-supporting one-piece 316L stainless steel pool that is craned into place onto a concrete pad which takes away any additional concreting and back filling.

Another huge benefit is that it has a guaranteed lifetime of 25 years and, as it comes as one piece, there are very few joints which are all seamless weld so very minimal chance for any leaks or bacteria to grow in.

### Installation of Solar Panels

" ...Subject to available funding, what the school's likely cost savings would be should we install solar panels to all the 2 storey high roofs of the Gym, Rebound Therapy & Hydrotherapy Pool areas. Their report is based on coverage of just the Gym & Rebound Therapy areas but would equate to around a £15,000 / year saving on electricity costs...

There's also the possibility of adding extra panels to the main school flat roof that could mean we cover 100% of all future electricity costs using solar panels...

Hopefully we will be in the position where we are selling power back to the National Grid. "

## Conclusion

We appreciate dreaming big means raising the bar and inevitably the costs of future proofing Leisure and Therapy for our disabled and non-disabled communities.

However, this population deserves our ambition, their voice needs to be heard loud and proud and if we don't fight their corner who will?

With your support we can make these dreams become a reality and we can leave a community spa legacy for purpose that will serve the needs of our community for decades ahead.

If we can offer any further information please get in touch with us and please visit and see our work at first hand whenever you can.

Chris Rollings  
Head Teacher

