## Confident Parenting

'Understanding and Supporting Your Child'

# Confident Parenting begins on Thursday 2nd February at 10.00am

(sessions usually last for about 2 hours).

Our informal group provides opportunities to talk about any issues you have when coping with your child's behaviour, and provides an understanding into why children behave the way they do!

There are no set topics so we are free to talk about whatever is important to you and your family.

#### Our group includes the following:

- Practical advice and support
- Information about other support services
- 'Top Tips' to help you support your child at home
- An opportunity to talk about your own wellbeing
- And most importantly support from other parents and carer's in the group

#### Dates:

Thursday 2nd February
Thursday 9th February
Thursday 16th February

#### Half Term

Thursday 2nd March Thursday 9th March Thursday 16th March

### Please return this slip to Hadrian School as soon as possible if you would like to attend Confident Parenting

Child's Name:	Date of Birth:	
School (if other than Hadrian)		
Parent/Carer Name and Address:		
Contact Number:		
Email address		

Return to June Ball, Hadrian School, Bertram Crescent, Newcastle, NE15 6PY 0191 273 4440