

# Ideas for playing (and learning) at home 2

In addition to playing with the toys you have and sharing books together, here are some ideas to learn through play at home:

## Paper balls



Scrunch up old paper and newspaper and throw it and kick it. At a target and each other.

Old paper

## Ice



Freeze water in ice cube trays or small containers. Put objects in the water before freezing

- Small toys
- Parts of plants

Play with the ice, let it melt and reveal the item inside.

Water, small toys, small containers/ice cube tray

## Bubbles



Blow, catch, pop, clap at bubbles if you have bubble liquid.

Use a straw to make bubbles in water with washing up liquid in it.



Bubble snake

<https://onelittleproject.com/bubble-snakes/>

Water, washing up liquid, plastic bottle, old sock, straw

## Balls



Gather together all balls you have.

- Roll them across the floor to each other.
- Roll them over the child's body.
- Roll the child over a ball.
- Rolls balls down a slope or stairs

Balls of different sizes

## Parachute



Use a bed sheet as a parachute - you'll need a helper or two

- The child can sit under it while the sheet goes up and down, slow or fast
- The child sits on it while it goes up and down or round and round

- Let the parachute fall and the child find their way out from underneath
- Put balloons or other soft objects on top of the sheet and make them jump

A sheet

## Sock puppets



Use old socks to make puppets - give them silly voices and make them

- Happy
- Sad
- Excited
- Angry
- Tickle
- Eat fingers and toes

Socks

## Unwrap the parcel



Wrap up a toy in newspaper with sellotape or string and encourage the child to unwrap it to find out what's inside.

Toys, old paper, string, sellotape