



Having a good



Christmas Day



A Story



to Help

Having a Good Christmas Day

Story written and created in collaboration with Lynn McCann, Autism Specialist at Reachout ASC and author of 'Stories that Explain' published by LDA.

Web: <https://reachoutasc.com/>

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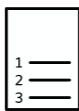
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My name is _____.



My family



plan



to celebrate



Christmas



together.



Christmas

is an

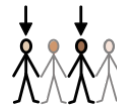


important



celebration

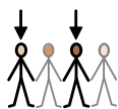
for



some people.



At Christmas



some people



take time off



work

and








school.




 Some people
 
 think
 
 Christmas
 is
 
 a lot of fun.

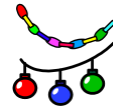

 Some people
 
 like
 
 Christmas
 to
 
 be quiet
 and
 
 calm.


 Some people
 
 don't
 
 celebrate
 
 Christmas.


 This is okay.



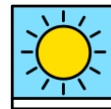
Many families have a Christmas Tree, decorations and presents.



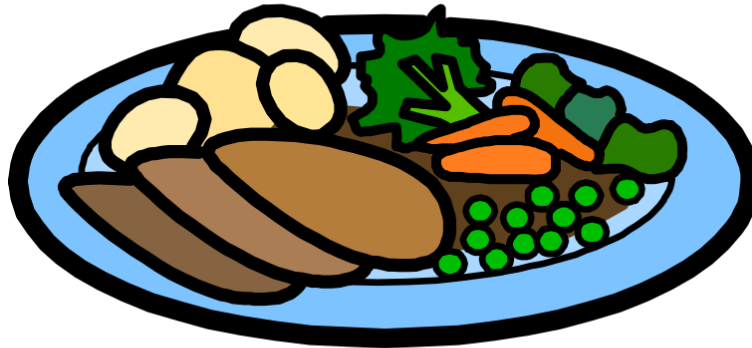
It can be difficult to have presents and not know what is inside.



I could open my presents in a quiet place.



I could open my presents on different days.











 My family might have a
 
 special
 
 Christmas
 
 Dinner.



 I might eat
 
 their
 
 special
 
 Christmas
 
 Dinner.



 I might eat
 
 my own
 
 dinner
 
 that
 I
 
 like.


 This is good.



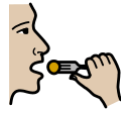
What



will



we



eat



at Christmas?

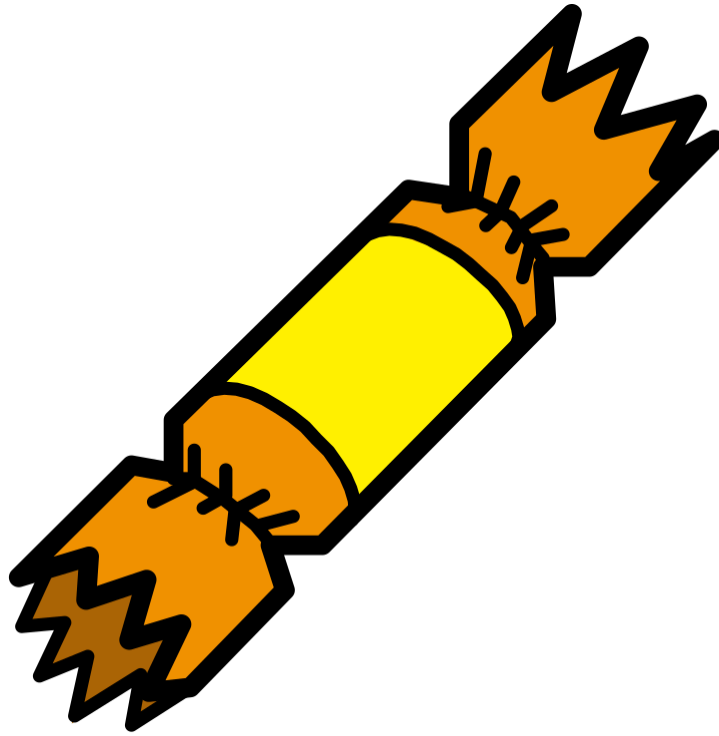
(Add your own symbols relevant to the user)



Me



My Family



I might



pull crackers,

but



I



don't



have to.



I might



wear a party hat

but



I



don't



have to.



I might



play games,

but



I



don't



have to.



I might



sing songs,

but



I





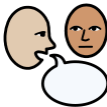



don't



have to.




 If anything at Christmas
 
 upsets
 
 me,
 
 I can
 
 tell
 
 an adult.


 My adult
 
 will
 
 help me.


 We
 
 might
 
 make a list
 
 of what will help.


 We
 
 might
 
 find
 
 a quiet place
 
 away from
 
 the celebrations.



Some things will stay the same at Christmas.

(Add your own symbols relevant to the user)



same



different



(Add your own symbols relevant to the user)