

THE GESHER GAZETTE

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9th October 2026

Celebrating Our 10th Year



This year we are celebrating our 10th year of Gesh, and to commemorate - we're celebrating in style. Throughout 2026, we'll be marking this milestone in all sorts of ways: in our classrooms, on our social channels and right here in the Gazette. There will be plenty of chances for students, staff and families to look back on how far we've come and look ahead to what's next. Today, the party got started! Our celebrations kicked off with a Conga Line winding its way through the playground. Students and staff danced, laughed and cheered, and it was a joyful reminder of what makes Gesh so special: a community where everyone belongs. Ten years ago, Gesh began with a vision to create a school where every child is seen, understood and celebrated. Today, that vision is alive in every classroom, every friendship and every student who walks through our doors with a smile. Thank you for being a part of our ten wonderful years, and here is to many more years to come!



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All Aboard!

Our KS1 PBL theme for this term is Journeys and earlier this week, our Seorah, Gefen and Rimon students embarked on a journey of their own. The Rimon students loved designing the route on Google Maps using the different modes of transport. All of the students were very excited to get on the bus.

We took the school minibuss to Rayners Lane, took the Metropolitan Line to Harrow on the Hill (double checking to make sure it wasn't the Piccadilly line), before we transferred to the bus to Rayners Lane and then the minibuss back to school, with some children opting to walk home from Rayners Lane - despite the rain - because it was the "healthier option".

Elior reported that he enjoyed exploring and they found a fruit and vegetable stand that sold fresh strawberries, "my favourite part was when we explored the bus station and saw a little cafe!". Zander said, "We went up and down on the mini bus. We went on the train. It was fast." Seth said, "I liked the view outside the bus. The bus and train was lovely"



Pounds, Pennies and Plants

This fortnight, as part of our community trips, we visited a local garden centre. Students learned about bus etiquette on the journey and practised how to purchase items for our very own Gesher Garden. Our shopping list included a watering can, tomato and other vegetable seeds, gardening gloves, bird seed and a bird feeder. Even though it was very rainy, we loved getting out and putting into practice the money skills we've been learning about in class.



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Good Vibrations: Zen Club Has Arrived

This year, we're delighted to launch Zen Club, led by Miss Hollie and Miss Alissa. It's a timely launch as we mark Mental Health Month throughout October, with a focus on helping our students feel calm, settled and supported. Miss Hollie was running a Meditation lunch club and Miss Alissa wanted to bring in sound as a support for meditation, so it made sense to combine both! We've built up a lovely collection of instruments to make it happen: crystal bowls for sound baths, rainmakers, a wooden frog percussion set, a koshi wind chime and ocean drums. Sessions focus on grounding, centring and heart, with the aim that students are heading back to class feeling regulated and ready to learn. Our team is training in the different tones and how they support regulation, and in how to plan, deliver and adapt a session. Every student responds differently, particularly those with heightened sensory sensitivities. A sound one child finds soothing may feel overwhelming to another, so we think carefully about the choice of instruments, volume, pacing, repetition and pauses, and we watch closely for each student's response, adjusting or stopping whenever needed. We can't wait to share how Zen Club grows.



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ADVAIT'S ANGLE!

Hi there readers! It's another week of school! Tomorrow is the trip to Middlesex FA Headquarters. I'm a little excited about tomorrow! I'm getting better at football, and I joined the team last year. I'm also going for school president! I want to make a change for the school for a movie making club and because I would listen to people. I feel I am a good role model for younger children! I'll let you know how the election goes. It is mental health week this week, it should be every week as mental health is so important. Enjoy my comic.



Fake Blood, Real Skills

This week in Life Skills, students learned how to treat common wounds, such as cuts and nosebleeds. We began by watching a video, then broke the process down into clear, step-by-step stages, and students worked to identify the right steps for treating each injury. The session got a little messy, with ketchup standing in for fake blood! Working in smaller groups helped us tailor the session to each student's individual strengths. All the students were able to demonstrate an understanding for First Aid, with some even sounding out the word:

AN-TI-SEP-TIC



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Give It A Go

Your Brain Needs Hobbies Too

School, homework, exams, friendships and responsibilities can take up a lot of our time. When life gets busy, hobbies are often one of the first things we stop making time for.

But doing something purely because you enjoy it can be an important part of looking after your wellbeing.

A hobby can help you:

- Give your brain a break from schoolwork and work
- Build concentration and problem-solving skills
- Develop confidence through learning something new
- Express yourself creatively
- Get movement into your day
- Connect with other people
- Create time to relax and regulate
- Develop a sense of achievement and independence

Try the "3 Hobbies" Challenge

Think about having a hobby from three different categories:

MOVE

Something that gets your body moving

Sport, gym, walking, dancing, cycling, swimming...

MAKE

Something creative or hands-on

Drawing, photography, cooking, music, crafts, building, gardening...

UNWIND

Something that helps you switch off

Reading, gaming, listening to music, puzzles, journalling, watching a favourite show...

Kodesh Corner

What a lovely week we had during Sukkot, welcoming the primary parents to join us in the Sukkah with their children. Learning about what makes a Kosher sukkah, having a Sensory sukkah story, shaking the Lulav and Etrog and drinking soup or eating fruit skewers covered in chocolate allowed everyone to experience Sukkot in a special way. Thank you parents for coming and we look forward to seeing you back in for the Chanukah Enrichments. This week we remembered a very sad day in recent memory - 7th October 2023 - where over 1200 people were killed in Israel and over 250 people were taken hostage. Life in Israel has not been the same and our hearts go out to those families tragically impacted by this awful event. The students had an assembly regarding the events and impact (according to their ages), had an opportunity to discuss it, and lit a candle in memory of those who lost their lives. May Hashem bless those departed souls and their families, and bring peace over the whole land of Israel and throughout the whole world. Amen. Wishing you all a Shabbat Shalom and a lovely weekend.