

B"H

# 30 Sensory Activities for learning the



# Alef Bet



Created by

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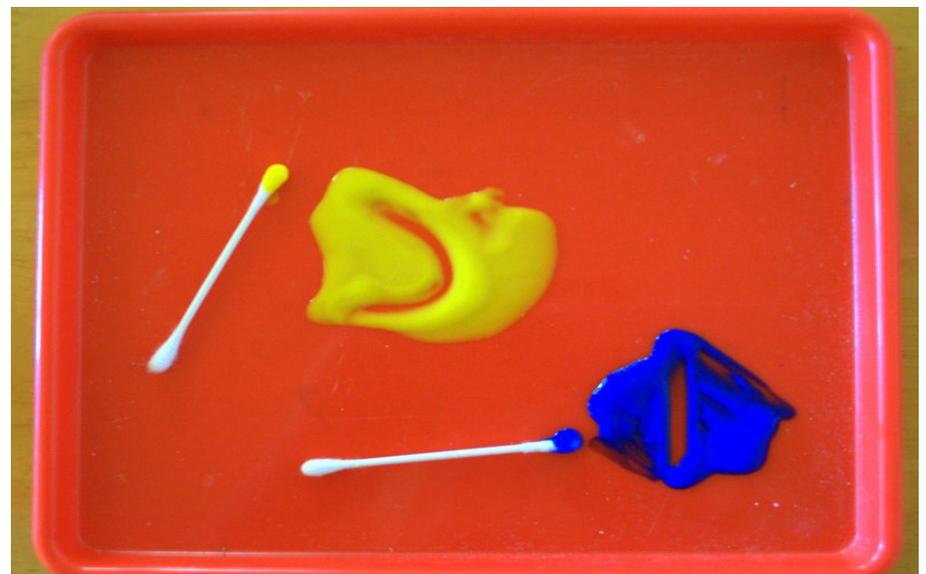
Fill a Ziploc bag with laundry detergent. Tape it safely shut. Write the Hebrew letters on the bag with a Sharpie and trace the letters with fingers



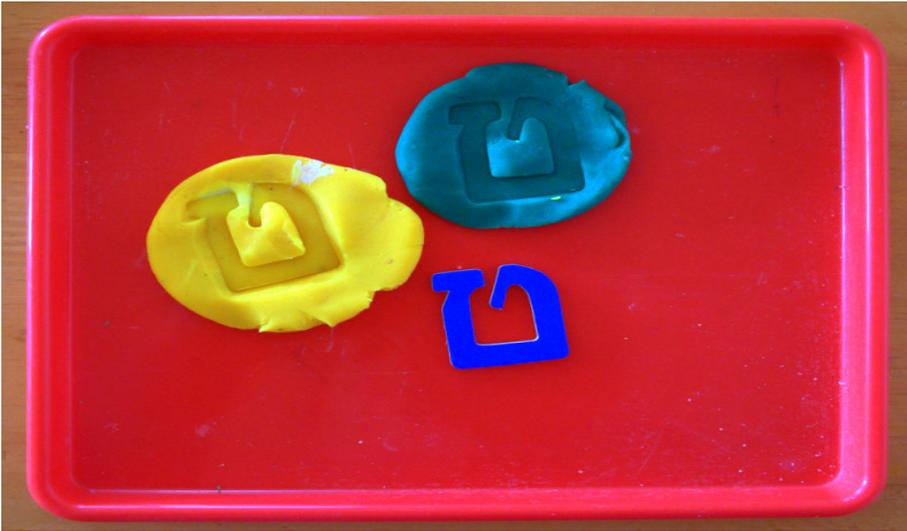
Fill a Ziploc bag with Aloe or Hair Gel and some glass flat marbles. Place bag over a Hebrew letter and put the marbles over the letter



Using Shaving Cream, write the letters on a tray



Paint the letters with Q-tips in colored tempura paint on a tray



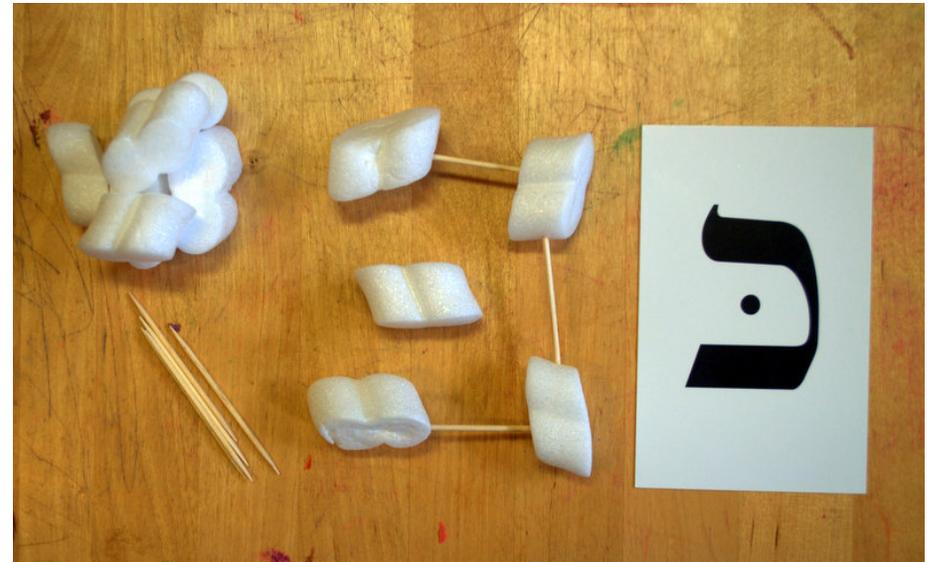
Press Hebrew letters into Playdoh (either wooden letters or plastic magnet letters)



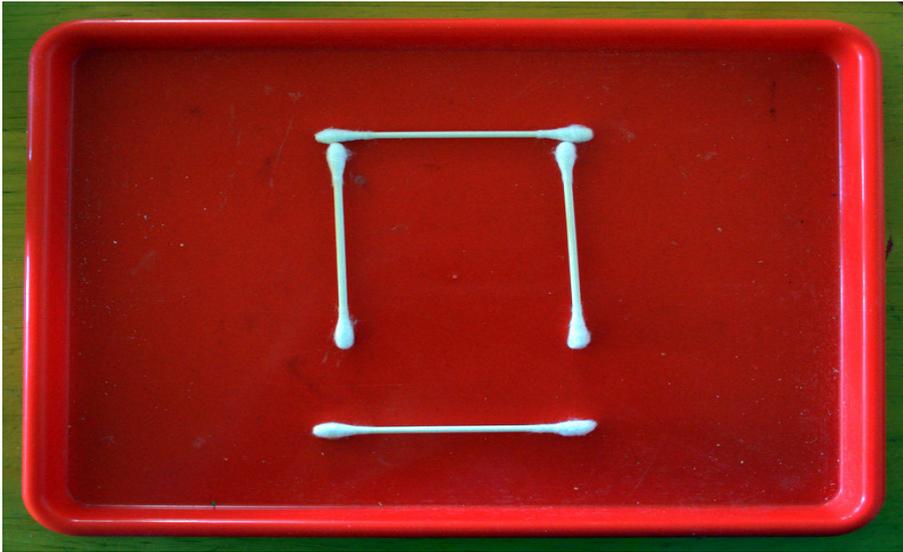
Fill each letter on the Playdoh with small beads



Write a letter and glue sparkles onto it



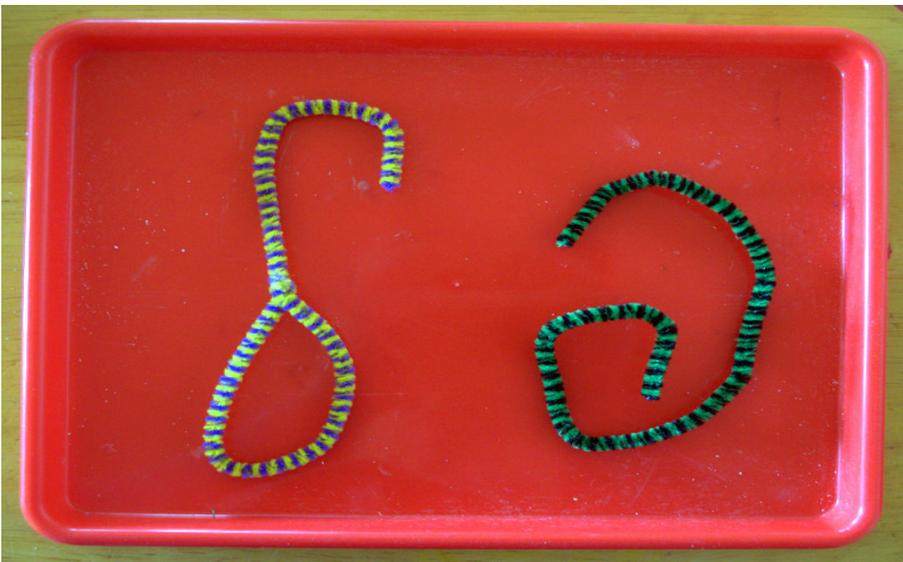
Create letters out of packing peanuts and toothpicks (can use mini marshmallows, gum drops etc.)



Create the Hebrew letters out of Q-tips or toothpicks



Write the Hebrew letters in a tray filled with rice using a paint brush



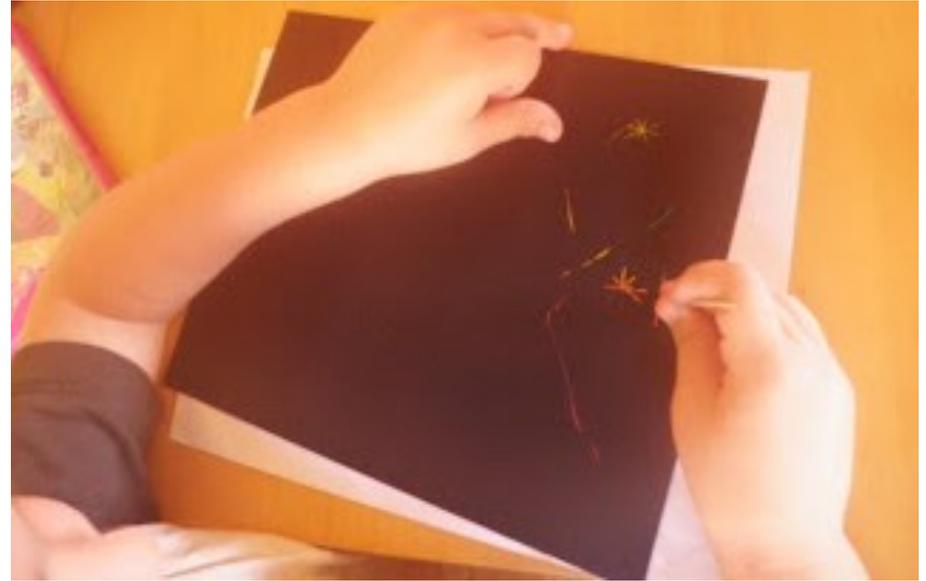
Create the Hebrew letters out of pipe cleaners



Write the Hebrew letters in salt over silver foil



Write the Hebrew letters with chalk on a chalk board



Color a paper with wax crayons, Paint it black. Once dry, use a tooth pick to write the Hebrew letters



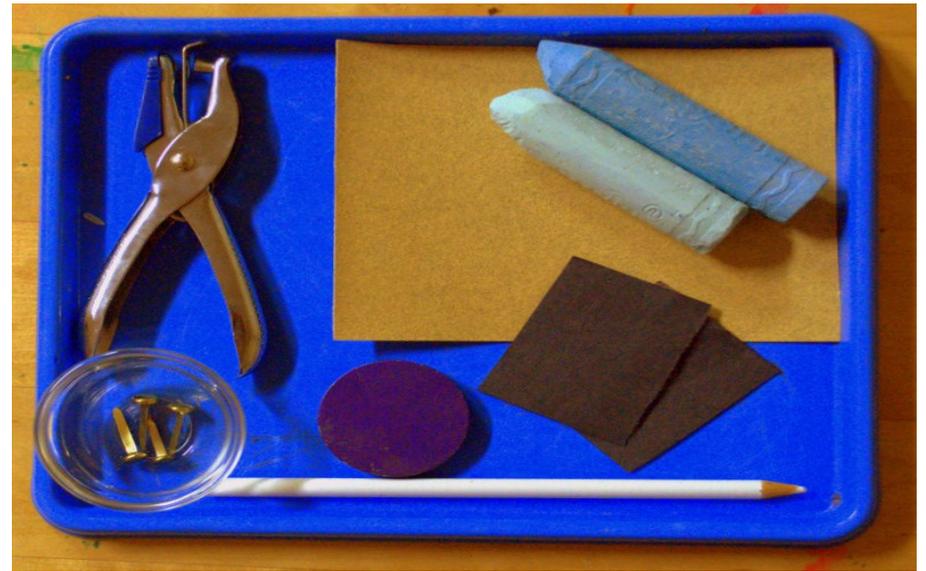
Make a paste of baking soda and water. Using their fingers, write the letters on black paper.



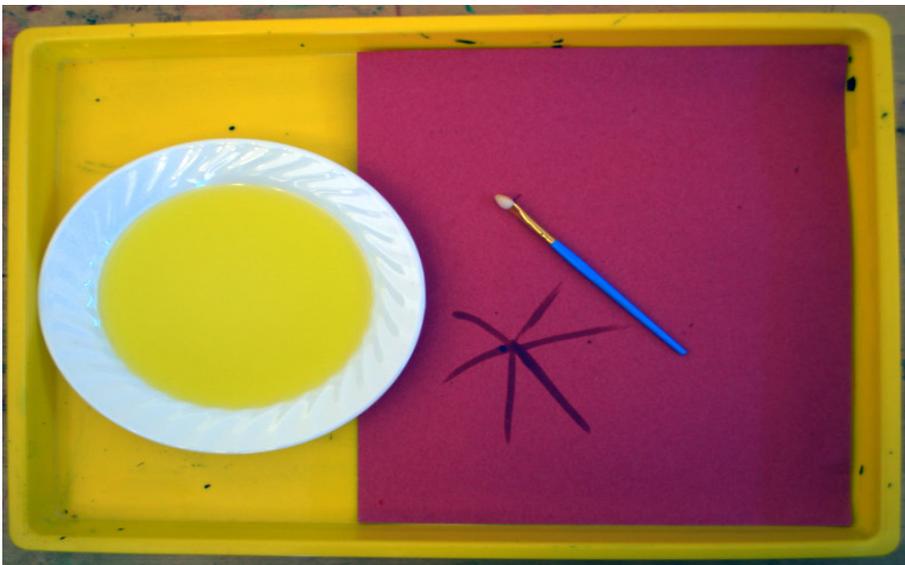
Using fingers, write the Hebrew letters in chocolate powder



Write the Hebrew letters with a "Quill" and "Ink" (paint)



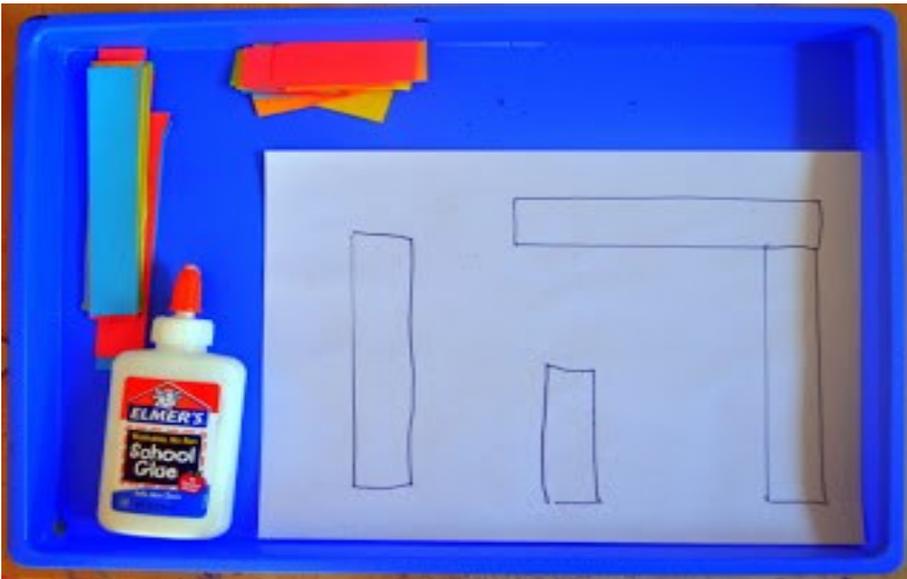
Write the Hebrew letters with Chalk on Sandpaper or White pencil on Black paper. Make a book of the letters



Write the Hebrew letters with olive oil and a paint brush on colored paper



Create the Hebrew letters using stickers



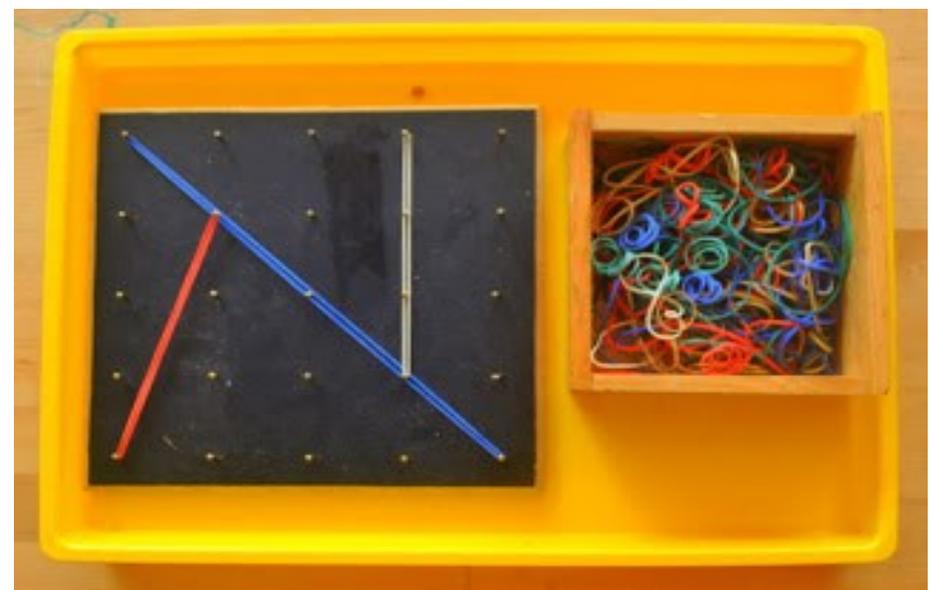
Write each letter of the Alef Bet in Stick form. Cut out colored sticks to stick on each letter– sizes should be exact fit



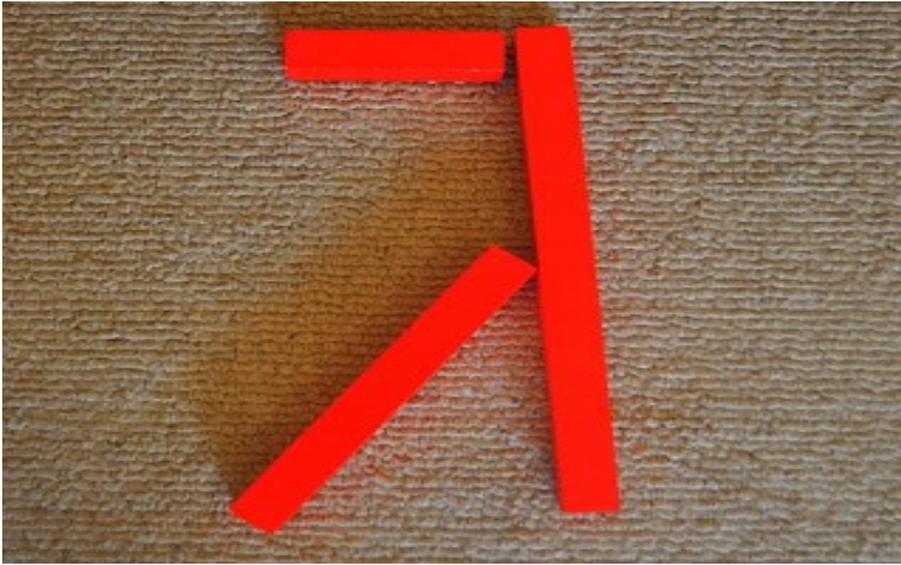
Alef Bet "I Spy" Jar: Put colored rice and mini Alef Bet beads (or write the letters on white beans) in a jar. Search for the



Using wooden shapes, mini nails, a hammer and a cork board create letters of the Alef Bet



Using a Geo Board and Rubber bands, create the letters of the Alef bet



Create the Hebrew letters out of Blocks



Trace the letter with fingers then write it in sand



Match the letters on the peg to the letter on the paper



Match up the letters to make words. Use their Hebrew names

On the following pages, use Do-A-Dot Markers, Bingo markers or Round Color coding stickers  
to color the letters of the Alef Bet

