

THE GESHER GAZETTE

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[The Bridge](#)

13th June 2025

CYCLING PROGRAMME

We were thrilled to take part in the Cycle Confidence Bike Ability programme, funded through Harrow, which ran over the course of a week last half term. The programme focused on helping students develop their cycling skills and build confidence on two wheels. For some, it was an opportunity to learn the basics, such as scooting, balancing, and combining these skills to ride and pedal independently for the first time, while others who already knew how to ride were able to build on their existing skills and grow even more confident. By the end of the week, we had 17 students riding their bikes independently!

The Bike Ability programme also promoted positive well-being alongside physical development, offering students a fun and active way to build resilience and independence. It was so rewarding to see them progress each day, gaining coordination, confidence, and a real sense of achievement.

After the success of this programme, we look forward to running similar sessions in future years!

