

THE GESHER GAZETTE

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The Bridge

10th May 2024

Careers Day Exhibition

The halls of Gesher School were humming with excitement on May 7th as students eagerly explored the world of opportunities at our second annual Careers Day. The day kicked off with a careers fair where students spoke with guest employers, engaging in discussions about their career paths and the essential skills needed to succeed in different fields. From trying their hand at pizza-making to diving into the realms of game design, presentation skills, creating Gesher Production Studios, and more, students immersed themselves in a hands-on exploration of diverse professions. Whether they were racing against the clock as first responders or experiencing the hustle and bustle of cinema work, each activity provided valuable insights into different career paths. As the day came to a close, it was clear that students had not only enjoyed themselves but had also gained a deeper understanding of the various career possibilities available to them. We sincerely thank all the guest employers



who generously shared their time and expertise, contributing to the success of this event. For those who found inspiration in the excitement of Careers Day, we invite you to join us for future events at Gesher School and help engage our students in the exciting world of employment!



Therapy Corner

What zone are you in? 'Zones of Regulation' is something we use daily at Gesher, possibly on an hourly basis! The Zones of Regulation is a resource used to teach social, emotional and sensory regulation. The zones teach children to understand their emotions, explore strategies as well as the impact of their zones on other people. It's important to remember that there are no 'bad' zones. The zones are a safe way to allow children to explore, learn and discuss their emotions and sensory needs. Praise can be given to children in the green zone (calm, focused etc), children in the blue zone (sad, tired, sick etc) can be offered support and children in the yellow (anxious, silly etc) and red zone (anger, panic etc) can be given the tools to regulate themselves, returning to the green zone. Zones of Regulation resources are available upon request for use at home.

Kodesh Corner

From this past Sunday evening to next Tuesday 14th, we remember 3 modern Jewish events which are pertinent every year, but maybe even more so this year. They are Yom Hazikaron (Jewish Holocaust Memorial Day), Yom HaZikaron (Remembrance Day for the Israeli fallen soldiers) and Yom Ha'atzmaut (Israel Independence day). Each one of these important days represents key features of modern Jewish history which society

needs to learn to epitomise regularly to ensure that positive identity and pride in Judaism, and humanity in general, lives far beyond the anti-Semitism and chaos that is happening around the world at the moment. Therefore, may we: Never forget or repeat the tragedy of the Holocaust; Always remember those who gave their lives for the state of Israel; and Celebrate Israel for her beauty, wonders and modern medicine/technology/discoveries/inventions that have been shared with the world. Shabbat Shalom.