

THE GESHER GAZETTE

www.gesherschool.com

The Bridge

9th February 2024

Gesher Asda Allstars

Wednesday morning secondary students ventured to ASDA to buy some items to stock up the life skills room. Students were armed with their visual shopping lists and green ASDA baskets. They roamed the aisles looking for their respective items, including bread, honey, flour, milk, butter, and biscuits to fill their baskets. The size of the super store proved a healthy challenge for our ASDA Allstars! Once the shopping items were collected students dove into their price tag game. Each student was tasked with locating an item and the corresponding price tag. It was a sight to see the roaming purple vests making their way through the pet food, home goods and fresh food aisles. Students wrapped up their game and headed for the checkout, each with a wallet full of cash. Students chose between the self-serve and cashier and completed the transaction by handing over the correct change. Afterwards, we headed for the cafe, where students were able to calculate their change and compare shopping items with their peers. As a well deserved reward it was a unanimous decision to open our most delicious shopping item, the digestive biscuits, after all shopping is very exhausting.



Gesher FC

On the 24th January Gesher was invited to play in a friendly Football tournament at the Middlesex FA Headquarters. A group of Secondary boys went along and did Gesher proud. They won 3 out of 4 games and were commended for their sportsmanship by the organisers. This will be the start of a fantastic new incentive for Gesher. Well done team Gesher!!



Kodesh Corner

We recently welcomed Israeli actors as part of the festival of spoken Ivrit to perform 2 Hebrew plays. The younger students watched a play about the importance of friendship and the play for the older years was about friendship, arguments and repercussions. They were both performed in a very animated manner and engaged all the students whilst they listened to it being performed in Hebrew with a sprinkling of English. Years 7-9 also had an introductory session from Streetwise about anti-semitism. This focused on what anti-semitism is, why it might happen, how to deal with it, and how/why to be proud of one's (Jewish) identity. This will be followed after half term with an 'Anti-Semitism in Sport' session given by Maccabi GB. Wishing you all a Shabbat Shalom.

Therapy Corner

This week is Children's Mental Health Week, and in recognition of this, all our staff have completed a range of training to support our students more effectively. As we progress with our secondary provision, we are mindful of the more diverse challenges that our students may face as they navigate adolescence. One of the key pieces of training on offer includes a range of courses from BEAT: the eating disorder charity, who also run courses for parents – all free of charge! These can be accessed at the following site: <https://bit.ly/3SRpPEh> With the limited amount of support that is available in the public domain, we at Gesher are always pleased to see accessible organisations that help reduce the stigma around talking about mental health, especially when they can provide resources to support these conversations at home. If you have any specific mental health topics that you would like further information on, please do email Chris, our Mental Health and Wellbeing Lead, who can help with this.