



## Physical Education Yearly Overview- 2023-24

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Nursery</b>	Settling	Fundamentals: Unit 1	Fundamentals: Unit 1	Fundamentals: Unit 2	Fundamentals: Unit 1/2	Introduction to PE: Unit 1 (Sports Day Activities)
<b>Reception</b>	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Dance: Unit 1	Gymnastics: Unit 1	Games: Unit 1	(Sports Day Activities)
<b>Year 1</b>	Fundamentals Yoga	Target Games Gymnastics	Net and Wall games Dance	Sending and Receiving Fitness	Striking and Fielding Ball skills	Invasion Games Athletics (Sports Day Activities)
<b>Year 1/2</b>	Fundamentals Yoga	Target Games Gymnastics	Net and Wall games Dance	Sending and Receiving Fitness	Striking and Fielding Ball skills	Invasion Games Athletics (Sports Day Activities)
<b>Year 2</b>	Fundamentals Yoga	Target Games Gymnastics	Net and Wall games Dance	Sending and Receiving Fitness	Striking and Fielding Ball skills	Invasion Games Athletics (Sports Day Activities)
<b>Year 3</b>	Fundamentals Gymnastics	Fitness Yoga	Ball Skills Dance	Dodgeball Football	Tag Rugby OAA	Athletics Hockey (Sports Day Activities)
<b>Year 3/4</b>	Fundamentals Gymnastics	Fitness Yoga	Ball Skills Dance	Dodgeball Football	Tag Rugby OAA	Athletics Hockey (Sports Day Activities)
<b>Year 4</b>	Fundamentals Gymnastics	Fitness Yoga	Ball skills Dance	Dodgeball Football	Tag Rugby Swimming	Athletics Hockey

						Swimming (Sports Day Activities)
<b>Year 5</b>	Gymnastics Fitness	Dance Basketball	Dodgeball Swimming	Swimming Tag Rugby	Athletics Netball	Rounders Football (Sports Day Activities)
<b>Year 5</b>	Gymnastics Tag Rugby	Dance Basketball	Dodgeball Swimming	Swimming Fitness	Athletics Netball	Rounders Football (Sports Day Activities)
<b>Year 6</b>	Dance Swimming	Gymnastics Swimming	Fitness Dodgeball	Hockey Basketball	Athletics Cricket	OAA Rounders (Sports Day Activities)