



Sharing Resources with Families – Autism Awareness

The Autism Hub

The Autism Hub provides pre- and post-diagnostic support to families and carers of children and young people, with or without a diagnosis of an autism spectrum disorder (ASD), up to the age of 18. It uses a family-centred approach, offering practical skills, advice, strategies, and a listening ear.

The team provides support to families and carers when:

- they think their child or young person may have ASD.
- they are currently being diagnosed.
- their child or young person has a diagnosis.

Referrals can be made by ringing **0191-816-0550** or by emailing autismhub@ttht.co.uk.

For further information on support groups and upcoming events, see their website.

[The Autism Hub - Events and Support Groups](#)

South Tyneside ASD parent support group

A group for parents and carers of children with autism spectrum disorders (ASD). Come along and join for advice, support, or just a chat. Running alongside this will be a junior activity club to enable you to bring your child along while you attend the meeting. Meetings are held at Jarrow Children's Centre twice a month on Monday evenings from 5.15 pm to 6.45 pm.

[South Tyneside ASD Parent Support Group](#)

North East Autism Society

The North East Autism Society provides support for autistic people and their families across the North-east pre, during, and post-diagnosis. It has a variety of resources to support family development of children who have autism.

[North East Autism Society Family Resources](#)

Dimensions

Dimensions supports people with learning disabilities, autism, and complex needs to lead ordinary lives. This organisation tests out and seeks out autism-friendly venues and events, including autism-friendly cinema screenings. To find an autism-friendly cinema screening, click the link below.

[Dimensions – Autism-friendly Cinema Screenings](#)