



Dear Parents and Carers,

As a part of your child's education at Forest View Primary we have always promoted personal wellbeing and development through a comprehensive programme of RSHE. The aim of RSHE is to give our students the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

Whilst we already teach a lot of the subjects included, I am writing to let you know that as of Autumn 2021 under the Relationships, Sex Education and Health Education (England) Regulations 2019 (made under sections 34 and 35 of the Children and Social Work Act 2017) that Relationships and Health Education becomes compulsory for all pupils receiving primary education.

This means that there will be some changes to the subject content delivered to your child and all of the changes have been agreed by the Governors. It is proposed that from summer term 2021 your child will be taking part in a range of sessions which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons are age appropriate and will include: Healthy relationships, including friendships and intimate relationships, families, growing and changing including puberty; personal hygiene, changing feelings, becoming more independent, keeping safe and consent, developing self-esteem and confidence. These topics will be delivered by class teachers during RSHE lessons, assemblies and specific focus weeks throughout the school year. The subjects will be taught in an age appropriate and safe environment and pupils will have opportunities to ask questions.

We would like to invite you to find out more by visiting our website at www.forestview.uk.com and underneath the heading 'changes to RSHE' on the main page you will be able to access

- A video about the changes
- A word document that highlights the main changes in the subject content that will be delivered to your child.
- Our updated policy which also includes an overview of what will be taught in each year group across the school year (appendices 3,4,5)
- A virtual drop in session after the Easter holidays (14th April) where you will be able to ask any questions that you may have. The link will be made available when we return to school.
- If you cannot attend the virtual session, then you can access a questionnaire by clicking on this link and typing in any questions or comments that you may have.
<https://docs.google.com/forms/d/e/1FAIpQLSfi0wSDh9vOSX4UCBu5RYvVOHHpmQcQyzt2Sfq1QT1wLpNqWA/formResponse>

Mrs E Cook