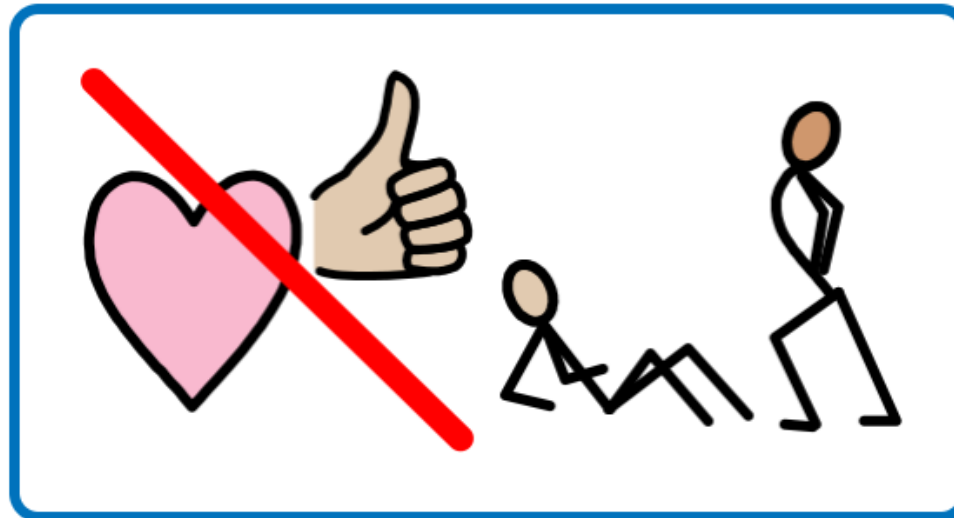




 deliberate	 repeated	 unkind words	 unkind acts	 unkind looks	 unkind texts or other messages	 making others help you to these things
 not an accident	 over time	 chosen to cause upset	 chosen to hurt	 chosen to cause worry	 chosen to cause upset, embarrassment	 choosing to intimidate
 hurtful	 hurtful	 hurtful	 harmful	 hurtful and harmful	 hurtful and harmful	 hurtful and harmful