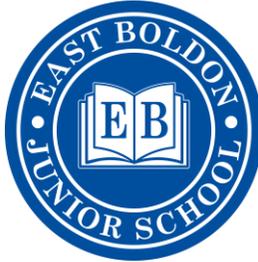


East Boldon Junior School



**RESIDENTIAL TRIP TO
PEAT RIGG OUTDOOR TRAINING CENTRE
CROPTON
N.YORKS
YO18 8EX**

Tel: 01751 417112 (office)

www.peatrigg.org



About Peat Rigg

Peat Rigg Outdoor Training Centre is consists of the converted nineteenth century farmhouse and the 'Greenhouse' eco centre. All set in 100 acres of beautiful rural scenery. It is located within Cropton Forest on the southern edge of the North York Moors National Park.

The Centre provides a very good standard of accommodation. It is clean, warm and comfortable and provides an excellent base to return to after a hard day of activities.

There is accommodation for 70 people in dormitory style rooms (sleeping 3-5 people). All rooms have en-suite facilities. Most dorms accommodate four guests and there are individual staff rooms close to each dorm area. All bedding is provided. The centre has a dining room, a comfortable lounge with TV, a training room and a games room with a pool table.

Meals

The catering team consists of professional chefs that will provide good quality home-cooked meals throughout the residential. The Peat Rigg chefs are used to catering for specific dietary requirements.

At breakfast your child will be offered a choice of cereals, toast and a cooked breakfast. Children are provided with a packed lunch every day. Evening meals consist of 2 courses.

The catering team will ensure your child doesn't go hungry while they are away. If required, hot chocolate will be

available at bedtime. There are also facilities for making drinks throughout the day.

Activities

There are a wide range of activities on offer at the Centre including rock climbing, canoeing, zip lining, abseiling, mountain biking, orienteering, high and low ropes courses, caving, Jacobs ladder, bushcraft, problem solving initiative exercises, team challenges, crate climbing, night line and forest expeditions. We will agree a programme of activities with the staff from Peat Rigg. The programme will be tailored to the needs and interests of our children and parents will be provided with a information on the activities that the children will be involved in.

Health and safety

The Health and Safety will be given highest priority at all times, during the planning stage and throughout the residential. We have thoroughly examined Peat Rigg's policies and procedures and we are sure that they operate to the very highest of standards.

Peat Rigg's staff are very well qualified and experienced and all have a current DBS certificate. If there were any causes for concern during the residential we would raise the matter immediately with Peat Rigg staff.

Peat Rigg is registered with the Adventure Activities Licensing Authority, which inspects the Centre to confirm that these standards are maintained. The school has followed LEA policy

and procedures in planning this residential visit and will ensure that all reasonable health and safety measures are taken throughout the trip.

Contact Details

All parents must complete an emergency contact detail sheet so that our staff have up to date contact numbers. A member of staff will ring you if they have any concerns about your child.

Parents can contact their child either by ringing the centre (Number is on the front of this booklet) or the school. If any emergencies occur **Mr Chilton or Mrs Martin** will contact the school or **Mr Shenton** at home if it is after school hours and all parents concerned will be contacted.

Staffing arrangements.

Mr Chilton and Mrs Martin are the group leaders. Additional attending members of staff will be confirmed nearer the time. The activities at Peat Rigg are supervised by experienced and qualified staff employed by the centre. School staff will also be with the children on all activities.

Caring for your child

Staff will look after your child and inform you if they feel that your child is very unhappy. Children who have not been away from home before without their parents may be a little homesick to begin with and staff will encourage them to join in activities to take their mind off this.

Illness

If your child becomes ill whilst on the trip a member of staff will contact you. If your child needs to return home due to illness we ask you to try and come to the centre to pick them up. If this is not possible the school will make provision to bring your child home.

Parental consent and access to information

All parents must complete a consent form before the child can be taken on the trip. All information given on the forms will be kept confidential but, in the interest of health and safety, relevant information will be shared with all members of school staff on the trip and, if necessary, with members of staff at Peat Rigg.

Transport arrangements

The children will be travelling on a coach that is fitted with seatbelts. The coach will leave school at **8:40am** on **Wednesday 6th April 2022**. **Mr Chilton or Mrs Martin** will phone school to notify them that they have arrived at the centre and parents are welcome to ring the school after **12:00pm** to check that the children have arrived safely. The children will return to school between approximately **4:00pm-5:00pm** on **Friday 8th April 2022**.

Medication

All parents/guardians must complete a parental consent form

before their child goes on the trip. This must list any medication that their child needs with detailed instructions on how the medication should be administered. All medication must be given to **Mr Chilton or Mrs Martin** and must be clearly labelled. If this includes any non-prescription medication parents must speak to **Mr Chilton or Mrs Martin** about this before the day the children go on the trip.

This consent form also gives permission for staff to administer treatment for minor medical conditions such as coughs, rashes, insect bites, and headaches if a child becomes ill whilst on the trip. Whenever possible a member of staff will phone you first to check that this is alright.

All children should bring suntan lotion with them, preferably a make which includes insect repellent. Children can bring a separate insect repellent as long as it is not an aerosol.

Behaviour

All children will be expected to follow the rules that are explained to them by a member of school or Peat Rigg staff.

Parents are asked to reinforce this with their child. This is particularly important when they are engaged in outdoor activities.

Children are expected to behave appropriately in dormitories and must inform a member of staff if anything has happened in the dormitories to upset them.

Children must agree to behaviour contracts before they go on

the trip. If children do not follow rules they will miss an activity and if their behaviour continues to be unacceptable parents will be asked to come and pick their child up from the centre and take them home.

What will your child need to take with them?

Children will need two sets of clothes each day. They will wear outdoor clothes all day and change into dry/clean clothes on an evening.

Clothes will get very muddy, wet and dirty so please only send old clothes. Children are often better with layers of clothes for outdoor activities so they can change according to the weather.

Please put names on everything that your child brings with them including all items of clothing, bin liners, etc.

Clothing for Activities
<ul style="list-style-type: none">▪ 2 pairs of walking/thick socks▪ 2 long sleeved fleeces or sweaters▪ Gloves, hat, scarf (season dependent)▪ Swimwear (put under wetsuit in wet activities)▪ 2 T-shirts/Thermal Tops (season dependent)▪ 2 pairs of trainers (1 to get wet, 1 to stay dry)▪ Waterproof Coat (& trousers if you have them)▪ Wellington Boots▪ 2 pairs of trousers, e.g. tracksuit bottoms <p style="text-align: center;">Please not JEANS are not suitable for activities!</p>

Other Essentials
<ul style="list-style-type: none">▪ Several changes of underwear.▪ Socks (not for activities).

- 2 good sized towels.
- Wash Kit.
- Pyjamas.
- Indoor shoes or slippers

Other Useful Items

- Books / Playing cards.
- Torch.
- Sun cream / Sun hat.
- Bin liner for wet / smelly clothes.
- Spending money for gift shop.
- A set of casual clothes for social activities.

Students are asked to make sure that wherever possible their name is on their clothing and personal possessions.

Children can also bring electrical items for use on the coach journey. They will be expected to give these to staff for safe keeping whilst they are at the centre and teachers will return them to the children for the return journey.

Costs

To enable the trip to take place there is a charge of **£200** per child to cover the costs of transport, accommodation, meals and activities at the centre.

A non-refundable deposit of £50 should be paid via ParentPay by **1st February 2022** to confirm your child's place and the remaining balance of money should be paid by instalments of £75 on **1st March 2022 and 1st April 2022**. Please also notify the school office if your child will not be attending the residential.