

 LTS Catering Services

Menu

Award winning nutritious school food lunches tailored to meet the needs of all of our Primary School pupils



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EXCEL

 LTS Catering Services

For more information please visit our website
and search for LTS Catering:
www.leicestershiretradedservices.org.uk



Week 1

2022: 22nd Aug, 12th Sept, 3rd Oct, 24th Oct, 14th Nov, 5th Dec, 26th Dec

2023: 16th Jan, 6th Feb, 27th Feb, 20th Mar, 10th Apr, 1st May, 22nd May, 12th Jun, 3rd Jul, 24th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Halal	Lamb Bolognese	Shepherd's Pie	Roast Chicken Stuffing & Gravy	Sticky Chicken	Margarita Pizza
Option 2	Vegetable Supreme Pizza (V) Vegan Pinwheel (VG)	Spiced Bean Tagine (V, VG)	Roast Quorn Fillet Stuffing and Gravy (V, VG)	Cheese Flan (V) Pea and Potato Curry with Spinach (VG)	Quorn Dippers (V, VG)
Option 3	Jacket Potato with Baked Beans	Sweet Chilli Pasta	Cheese & Potato Cake with a Homemade Spicy Tomato Sauce	Falafel with Crunchy Cabbage in a Pitta	Fish Fingers or Salmon Fingers
CARBS	Pasta in Tomato Sauce Vegetable Rice	Boiled Potatoes Jewelled Cous Cous	Potato & Carrot Mash ½ Jacket	Herb Jacket Wedges Fluffy Rice	Chips Minted Potatoes
VEGETABLES	Appleslaw Carrots	Green Beans Sweetcorn	Roasted Medley of Seasonal Vegetables Green Beans	Cabbage Broccoli	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Strawberry Whip	Pear & Chocolate Sponge	Waffle with cream and chocolate sauce	Apple Betty Layer	Vanilla Ice Cream



Week 2

2022: 29th Aug, 19th Sep, 10th Oct, 31st Oct, 21st Nov, 12th Dec

2023: 2nd Jan, 23rd Jan, 13th Feb, 6th Mar, 27th Mar, 17th Apr, 8th May, 29th May, 19th Jun, 10th Jul, 31st Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Halal	Quorn & Vegetable Paella	Chicken Sausage in Gravy	Roast Chicken Stuffing & Gravy	BBQ Chicken Wrap	Margarita Pizza
Option 2	Chinese Vegetable Stir Fry (V, VG)	Homity pie (V) Vegetable Sausage with Gravy (VG)	Vegetarian Bolognaise (V, VG)	Vegetable Paella (V, VG)	Vegetable Fingers (V, VG)
Option 3	Sweetcorn & Pepper Frittata	Jacket Potato with Cheese & Baked Beans	Sweet Potato & Pea Risotto	Jacket Potato with Vegetable Chilli	Battered Fish
CARBS	Herb Jacket Wedges	Mashed Potatoes	Parsley Potatoes Pasta	Garlic Bread Potatoes in Skins	Chips ½ Jacket Potato
VEGETABLES	Medley of Seasonal Vegetables Carrots	Sweetcorn Peas	Green Beans Roasted Medley of Seasonal Vegetables	Carrots Broccoli	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Banana Cake	Carrot Cake Muffin	Chocolate Mousse	Orange Jelly with Mandarins	Strawberry Ice Cream



Week 3

2022: 5th Sep, 26th Sep, 17th Oct, 7th Nov, 28th Nov, 19th Dec

2023: 9th Jan, 30th Jan, 20th Feb, 13th Mar, 3rd Apr, 24th Apr, 15th May, 5th Jun, 26th Jun, 17th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Halal	Organic Meatballs in Tomato Sauce	Turkey Lasagne	Roast Chicken & Apricot Stuffing	Halal Chicken sausages	Garlic Mushroom & Sweetcorn Pizza
Option 2	Vegetable Jambalaya (V, VG)	Vegetable Lasagne (V) Quorn Fricassee (VG)	Vegetable Cottage Pie (V, VG)	Sweetcorn Pizza (V) Jacket Potato with Beans (VG)	Vegetable Nuggets (V, VG)
Option 3	Jacket Potato with Vegetable Chilli	Butter Bean & Spinach Wrap	Bubble & Squeak with Chickpeas	Jacket Potato with Baked Beans & Coleslaw	Fish Fingers or Salmon Fingers
CARBS	Pasta Fluffy Rice	Garlic Bread Parsley Potatoes	Roast Potatoes Swede & Potato Mash	Jewelled Cous Cous ½ Jacket Potato	Chips Fluffy Rice
VEGETABLES	Green Beans Cabbage	Broccoli Sweetcorn	Carrots Cauliflower	Medley of Vegetables Green Beans	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Apple Sponge & Custard	Cornflake Tart	Peach Melba Traybake	Seasonal Fruit Crumble & Custard	Chocolate Ice Cream

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