



My Gratitude Journal

Name



I am grateful for...

Monday

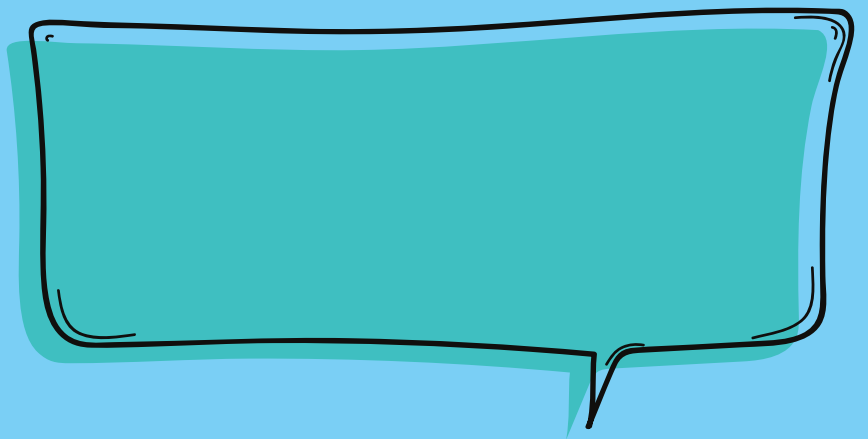
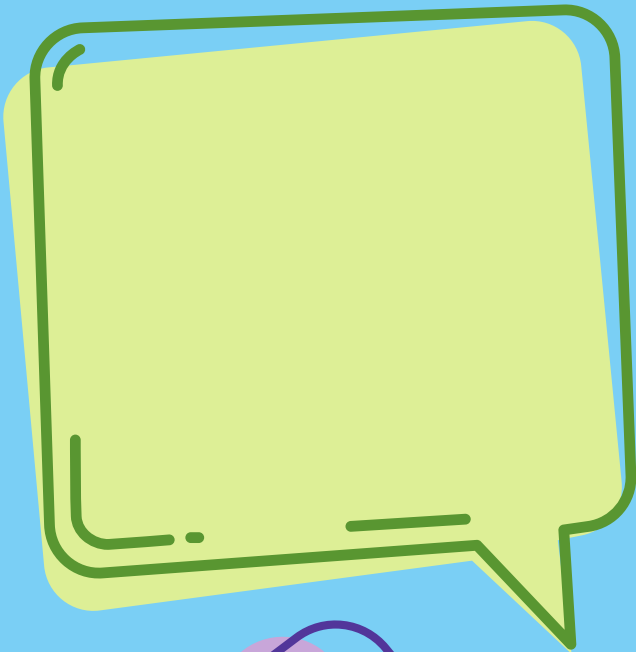
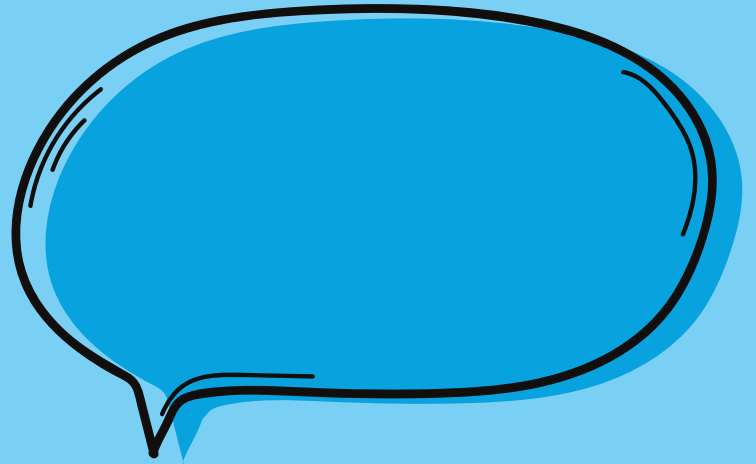
Tuesday

Wednesday

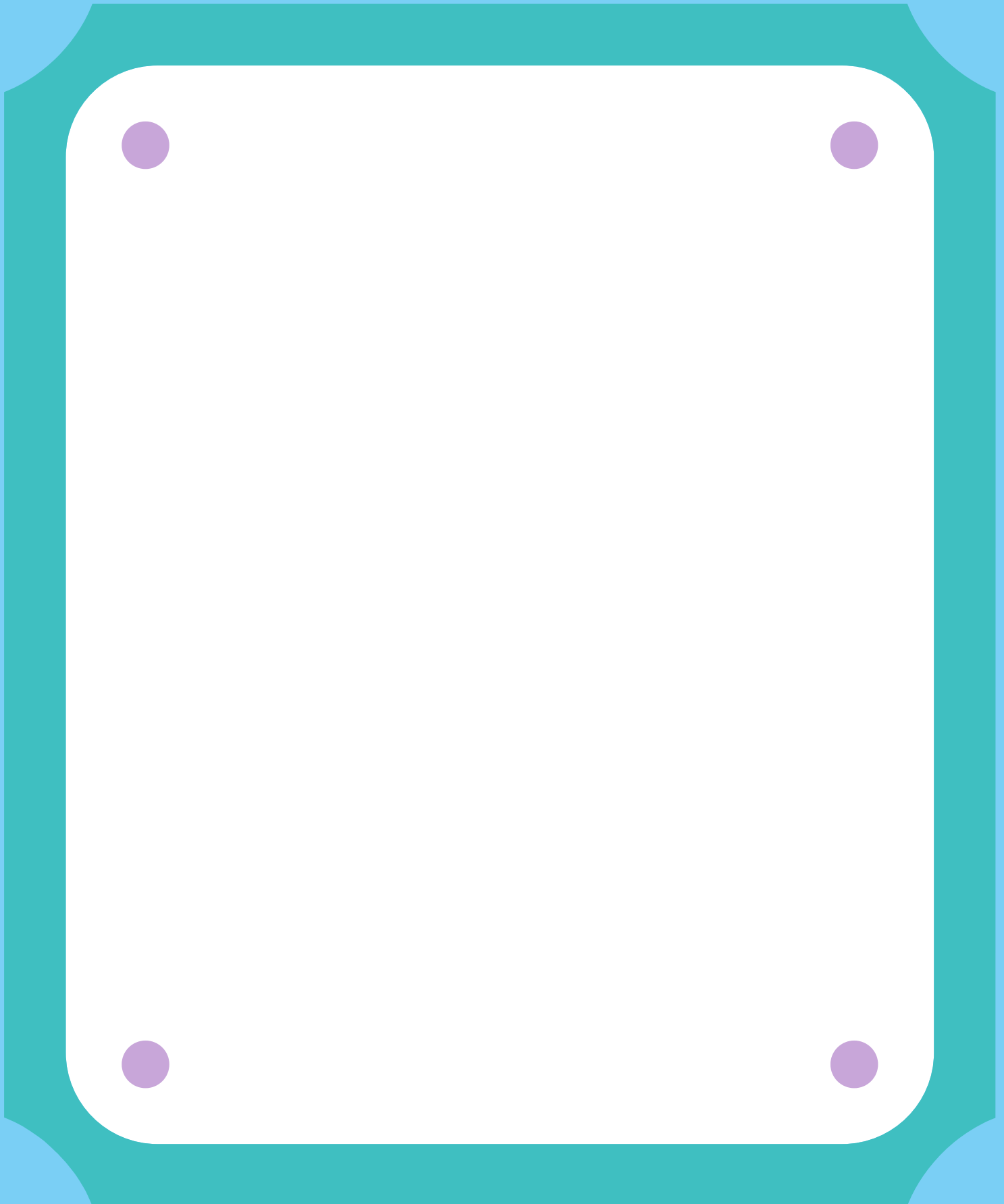
Thursday

Friday

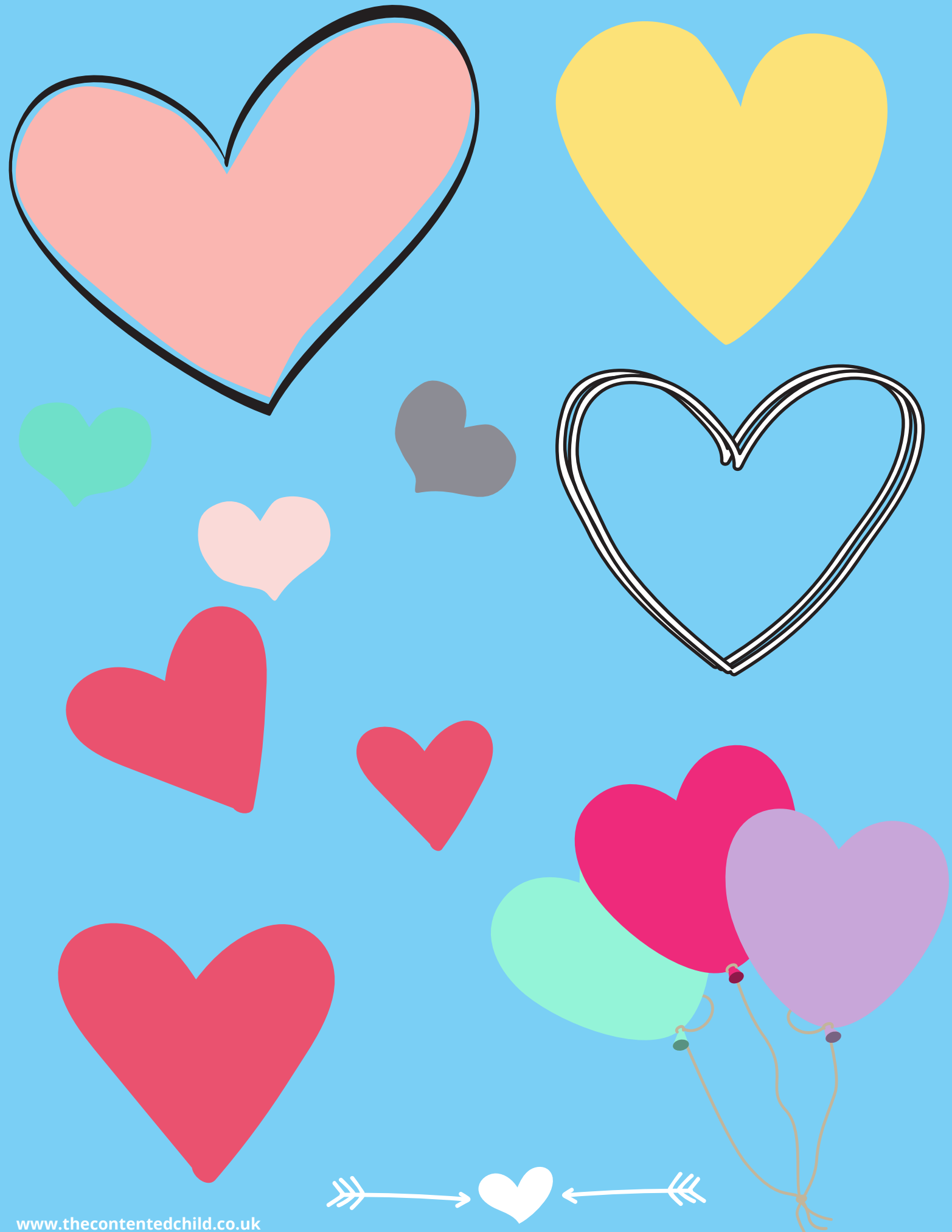
I am happy because...



Draw something that makes you smile



The people I am thankful for




Thank You Letters



Write a letter to someone to say Thank You

Positive Affirmations



I am kind




*I try my
hardest*



I never give up



I am loved



*I can do
hard things*



I am helpful