

Welcome

It has been great to see that **attendance** across all year groups and among our staff has **remained high this week**. It's vital that we remain cautious and continue to follow our risk mitigation steps around our school so that we can maintain learning in school. I would appreciate all parents reminding their child to **bring a face mask to school** and to ensure they travel safely on school or public transport. Good hygiene also remains important with hand sanitiser in every classroom. Yesterday we handed out LFD test kits to all students who required one as they entered school through the Compass Foyer entrance. It is important that students continue to take the LFD test twice weekly - [reporting their results to school](#) and to the NHS. Bosworth Academy will be following the new self-isolation guidance announced on Thursday; from Monday 17th, people will be **able to leave isolation after 5 full days** if they test negative on both day 5 and day 6 and do not have a temperature, (24 hours after the first negative). As ever, please share your child's LFD test results with our attendance team by emailing attendance@bosworthacademy.org.uk.

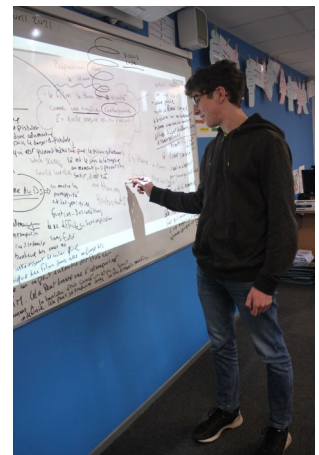
A highlight of this week was our exam year students in years 11, 12, and 13 **receiving their Trial Examination results**. Students were able to experience what it was like to open a results envelope and reflect on what they need to do in preparation for actual examinations this summer. Parents joined their children in year 11 in the evening to share in this experience and then remained to hear the range of revision opportunities on offer over the coming weeks. To find out more details look out for updates on WEDUC and read on to Miss Baxter's news article.

Visiting lessons around school this week it has been great to see how focused students have been in lessons and how productive some groups have been as they work as teams. Many students have shown **great determination** since the beginning of the new year to ensure they produce an hour of great work in an hour long lesson. Do reinforce this message at home as having careful focus in every lesson can transform learning.

This week our assembly theme has been about our Bosworth culture, 'how we do things around here'. We discussed the learning culture in lessons and how we expect students to behave around the school. As a community we need to work closely together, follow expectations and to be kind to one another. As **Helen Keller** once said, **"Alone we can do so little; together we can do so much."** Let's keep up that great spirit of togetherness.



Have a lovely weekend,
Mr Brown
Headteacher



Trial Exam Results

This week years 11, 12 and 13 received their trial exam results. Though students have already received their exam papers back for learning purposes, they did not yet know their overall grade.



There was a mixture of nerves and emotion at both the Post 16 event during school and the GCSE evening event whereby students received the results with their parents. There will be a follow up within school with tutors to support all students. For students who were unable to attend the event, results were given out the following day.

At the evening event on 12th January, parents were informed about a number of key dates which are upcoming, including the spring trial exams and revision opportunities both after school and at the half term and Easter holidays. These opportunities will be for both GCSE and A level students.

We hope that both events have motivated students to continue to revise, or perhaps, revise even more to enable them to 'be better than they thought they could be'.



Miss Baxter, Deputy Headteacher



Sixth Form at Bosworth Academy

Students in year 11 wishing to join us for A-Level courses next academic year should have applied via our website, they have been working on this during tutor periods. Anyone who has not already completed the application form and wishes to apply should [Complete the form here](#).

If you need any help or advice, you can contact the school using the following contact details: Mrs Lesley Brookes, Post 16 Administrator 01455 822841, extension 357 or email at lbrookes@bosworthacademy.org.uk The closing date for applications is 31/01/22.

Our Sixth Form is a popular choice for students across many Leicestershire Schools. Bosworth Academy students who meet the entry requirements will achieve a place in our high achieving Sixth Form. Talk to any of us about our Post 16 if you would like to find out more.

School Travel

Every student has the right to travel to and from school in a safe and calm manner.

To support this we ask that:

- All students should be wearing a face-covering to help prevent the spread of COVID-19.
- Students only travel on the bus that they have been assigned to. They should present their bus pass to the driver. Any student who does not have a valid pass, including a temporary bus pass, will be refused travel at the end of the day.
- Students should remain in their seats until they arrive at their drop off location.

Mr Dolinski, Deputy Head of School

Dropping Students at School

When dropping off or picking up students we would ask that you use the top gate, which will enable you to use the first bus lane which is left empty for drop off. This will mean the traffic flows through the car park more quickly making for a quicker drop off and pick up.

It will also help to ease the congestion on Leicester Lane and will mean students do not have to walk along the drive at the front of the school at busy times.

For parents picking up at the end of the day it is much quicker and easier to collect your child just after 3.10pm when buses have left the site. The Compass is open if students would like to wait there and do some homework or reading whilst they wait the extra 10 minutes for you.

Thank you.

Mr Moore, Assistant Headteacher

Bosworth Achieves National Careers Mark!

“We are delighted to have retained the [national Quality in Careers Standard](#) using the Career Mark approach provided by Complete Careers. This is the 4th time the Academy has been recognised for the quality of Careers Education. The school had to provide a file of evidence and the assessor interviewed a range of students from all year groups to get their feedback on their experience. He was very impressed with how articulate and engaged our young people were in the process. The national assessor commented that students were very well prepared for future educational pathways and the world of work and that the Academy now meets all 8 Gatsby benchmarks. He also provided us with useful recommendations to improve our practice further.”



Recognising Excellence
in Careers, Employability
and Enterprise

GOLD AWARD

Marie Delâge Martin, Careers Lead and Emily Gillespie, Careers coordinator



Rewards and Behaviour

This half term we will be rewarding students who have no negative behaviour incidents. We will be doing a prize draw every two weeks and any student who has not had any negative incidents in the previous two week will be entered into the draw and will have the chance to win high street vouchers. We have also made some updates to our behaviour system and students have had assemblies in the past week to introduce the changes.

We have talked to the students about two types of behaviour. **Learning behaviour**, which is the behaviour we expect in lessons. We have also talked about **Culture behaviours** and these are the behaviours we want to see around the school when students are not in the classroom.

In order to ensure that all students are able to learn in a productive atmosphere where all students are learning and making progress, we are reminding all about how we deal with more serious incidents of poor behaviour. Students are given opportunities to make the correct choice with regard to their behaviour and to focus on learning. A senior member of staff is ‘On call’ during lesson times to support teachers if required. This is only used as a last resort and as well as having consequences it does give pastoral staff an opportunity to do some restorative work with the student.

On Call Procedure; if learning is being seriously disrupted by a student a senior member of staff attends the lesson to resolve the issue. The aim is to positively change this behaviour and return the student to the lesson to continue learning. If it is not possible for the student to return to their lesson they may be asked to work in a Post 16 lesson. If this is the case the faculty involved will decide on an appropriate sanction for the student.

In a minority of cases where a senior member of staff is ‘called’ the student will be removed from the lesson and placed in their Key Stage Base. As a consequence of this **students are isolated for a whole day and receive an one hour after school detention.** Part of the day in isolation will be spent doing restorative work where students explore the reasons for their behaviour and identify strategies to help them manage their behaviour.

Mr Moore, Assistant Headteacher



Punctuality

Most students' punctuality at Bosworth Academy is excellent. Good punctuality is essential for students to achieve their full educational potential. Late arrivals to lessons disrupt and slow down lessons for others which is unfair. Good punctuality is also vital for students to form good habits for later life.

All students are expected to arrive punctually for school in the morning and to arrive punctually for each lesson. A register is taken at the start of the day and during each lesson. Students arriving late are recorded as thus on the register, along with how many minutes late they are. Students who are late to school will be given a late detention during break time that day. Students with three late marks to lessons will also be given a late detention during break time. Failure to attend this detention twice will result in an after school detention being given.

We really would appreciate your support in maintaining good punctuality by discussing the importance of this with your child. Students are expected to be in their form room for tutor time at 8.40am, well equipped and ready to learn.

Mrs Whitaker, Senior Leader

Lifeguarding opportunity

Our partners at Total Swimming Academy are looking to run a lifeguarding course over Easter with a view to having lifeguards work for the evening and weekend sessions in the school's pool. This is a perfect opportunity to obtain a great qualification and, for those of you moving onto University, gives you another job opportunity to work alongside your studies whilst there.

If you are interested in this then email Joanne Tudor (joanne.tudor@thesportinghouse.co.uk) and she will give you details of how to apply and the course details.

Mr Grest, Associate Senior Leader



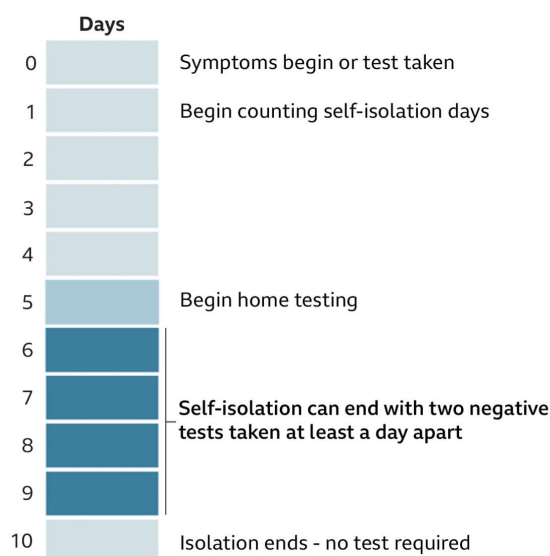
New self-isolation measures

From Monday 17 January, people with COVID-19 can end their self-isolation after 5 full days, as long as they test negative on day 5 and day 6 and do not have a high temperature.

For a return to school on day 6 the first test must be taken on the morning of day 5 of the self-isolation period, and the second must be taken 24 hours later on the following morning on day 6. If both are negative then the student may return to school on day 6.

It is essential that 2 negative rapid lateral flow tests are taken on consecutive days and reported to school via attendance@bosworthacademy.org.uk before individuals return to school, if leaving self-isolation earlier than the full 10-day period.

How five-day isolation rule works in England



Source: NHS



If an individual is positive on day 5, then a negative test is required on day 6 and day 7 to release them from isolation. For instance, if an individual is positive on day 5, then a negative test is required on both day 6 and day 7 to release from self-isolation, or positive on day 6, then a negative test is required on days 7 and 8, and so on until the end of day 10. You may stop isolation on day 11 regardless of a LFD test result as long as you do not have a high temperature.

Those who leave self-isolation on or after day 6 are strongly advised to wear a face mask and follow our risk mitigation plan carefully.

If you are unsure about these new measures then, as ever, get in touch with us and we will look to support you.

Mr Brown, Headteacher

Supporting your child with online Sexual Harassment.

'The things I wish my parents had known... about online sexual harassment (Children's Commissioner)'
The Children's Commissioner, Dame Rachel de Souza DBE, has recently published a guidance document for parents helping to support them to understand online sexual harassment. It is a sensitive topic, and not one all parents feel comfortable discussing with their children.

Key advice:

- Start conversations early, before your child gets a phone or social media account. Keep the conversation going over time, adapting to your child.
- Young people want their parents to learn about new technology and trends, including risky behaviours and dangerous spaces online.
- Create a safe and trusting home environment. Young people told us the home environment is key, they want to share things with their parents but don't always feel able.

The report and poster 'The things I wish my parents had known...' can be downloaded here: <https://www.childrenscommissioner.gov.uk/report/talking-to-your-child-about-online-sexual-harassment-a-guide-for-parents/>

Mrs Nikki Whitaker, Designated Safeguarding Lead



Year 7 & 8 Sports Leadership Course

Bosworth Academy has a proud history of providing Sporting Leaders at school sports events in the Hinckley & Bosworth and wider Leicestershire area in partnership with the Hinckley & Bosworth School Sports Physical Activity Network.

HBSSPAN are now looking for the sports leaders of the future and are running an after school course for our year 7 & 8 Students starting on Tuesday January 21st 3-4pm and then February 1st 8th and 22nd. There will then be one more week which will be confirmed

By taking part in the programme, students can expect to see improvements in the following areas:

- Ability to Lead
- Self Confidence
- Communication
- Presentation Skills
- Have the Chance to gain a qualification in Sports Leadership
- Learn how to organise and officiate sporting events
- Develop your Coaching skill

Once they have been on the course they will be part of the organisation team at school sporting events across the Hinckley & Bosworth Area & Leicestershire.

Here is a video from some of our students who have become sports leaders in the past <https://youtu.be/yaAvPKVNLHI>

You can register a student's interest

- By filling out a google form [here](#)
- Or emailing mlynch@bosworthacademy.org.uk
- Or students can see Mr Lynch at the School Games office (By the Oaks area)

Once a student's interest is registered, further information will be sent.

Mt Lynch, School Games Co-ordinator

Parent Consultation Meeting

There will be an opportunity for parents of students in Year 7 and 8 to meet with teachers on Thursday 20th January between 4 and 7 pm. Appointments should be made online, [book here](#) Appointments which remain unbooked have been opened up to parents of students in yr 11, 12 and 13 as an additional opportunity to meet with teachers following mock exam results, but please be aware that these are limited.

Literacy Update



AR Exceptional Achievement Badges

Accelerated™
Reader

This week we gave out the first 'Special Achiever' badge (40+ AR quizzes) to a Year 7 student, **Douglas Mather, in 7GWR**. He is doing amazingly well with his reading. His tutor, Mrs. Wright, is extremely proud of him, and his tutor group is very lucky to have him helping to keep them at the top of the AR table.

Meanwhile in Year 8, **Eesha Loyal in 8JMC** is our first student to receive the 100% gold badge. She achieved this as she reached her AR target for the Autumn marking period with a 100% pass rate on all of her AR quizzes. She is the **ONLY** student to achieve this so far for the whole of KS3. Hopefully, we will have more at the end of the Winter marking period which is in February. A big well done to both on this exceptional achievement.

Reading Rampage 2022

In The Compass we are gearing up for Leicestershire Reading Rampage 2022. Year 8 will be joining this superb reading challenge this year. Once again, there is an amazing selection of books for our students to get stuck in to. See below for a glimpse of this year's titles - full details to follow. Watch this space!

From the Literacy Team: Mrs. Griffiths, Mrs. Blewitt, Ms. Masih and Mrs. Starr

READING RAMPAGE



Eesha Loyal 8JMC - 100% Gold Badge



Douglas Mather 7GWR - Special Achiever Badge

WHAT'S FOR LUNCH THIS WEEK?

Monday	Tuesday	Wednesday	Thursday	Friday
Pork & Beef Swedish Meatballs in Onion Gravy, served with Mashed Potatoes and Green Beans	Pork Loin Steak served with a Mushroom Sauce, Mashed Potatoes and Fresh Cabbage	Freshly Made Lasagne served with Herby Diced Potatoes, Garden Peas and Garlic Bread	All Day Breakfast Sausage Bacon Hash Brown	Southern Fried Chicken Served with Sauteed Potatoes and Sweetcorn
Vegetable Meatballs Herby Chicken served with Mashed Potatoes and Green Beans	Stuffed Peppers Pork Sausages served with Mashed Potatoes and Fresh Cabbage	Vegetable Lasagne with Garlic Bread Gammon Steak	Fresh Mushrooms Scrambled Eggs Baked Beans Vegetable Sausage	Vegetable Kiev Jumbo Sausage Roll with Sauteed Potatoes and Baked Beans
Pasta Bar Jacket Potato & Fillings	Pasta Bar Jacket Potato & Fillings	Rice Bar Jacket Potato & Fillings	Pasta Bar Jacket Potato & Fillings	Pasta Bar Jacket Potato & Fillings
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day



Filled Baguettes, Sandwiches, Wraps available Daily

If you would like information on which foods contain allergens please ask a member of the catering team who will be happy to help

Parking – Please Note

Our Antisocial Behaviour Officer liaison has asked that parents do not park in or block entrances to residential areas including Forest Rise.

Please do not be offended if they ask you to move your car should you be found waiting in these areas.

Useful Contacts

Attendance Support

If your child is ill or has a medical appointment and may miss remote learning, please contact:
attendance@bosworthacademy.org.uk

Technology Support

If your child requires any support with IT issues around remote learning then email:
ictsupport@bosworthacademy.org.uk

Heads of Year Contact Details

If you have any concerns about your child that can not be sorted with their form tutor or class teacher then please contact their Head of Year.

Year 7: Vee Wake

vdebolster@bosworthacademy.org.uk

Year 8: David Mowbray

dmowbray@bosworthacademy.org.uk

KS3 pastoral: Wendy Sessions

wsessions@bosworthacademy.org.uk

Year 9: Lisa Ravel

lavel@bosworthacademy.org.uk

Year 10: Jenny Duncan/ Dani Clarke

jennyj1@bosworthacademy.org.uk

dclarke@bosworthacademy.org.uk

Year 11: Matt Blackmore

matthewb153@bosworthacademy.org.uk

KS4 pastoral: Ben Holloway

bholloway@bosworthacademy.org.uk

Caroline Tallis ctallis@bosworthacademy.org.uk

Nikki Whittaker nwhittaker@bosworthacademy.org.uk

Year 12: Matt Dover

[mdover@bosworthacademy.org.uk](mailto:m Dover@bosworthacademy.org.uk)

Year 13: Chloe Stephenson

chloes3@bosworthacademy.org.uk



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Follow us on social media: [Twitter](#) . [Facebook](#) . [Instagram](#)



What parents need to know about INSTAGRAM

Instagram is a hugely popular social networking app with over 1 billion users worldwide. The app, which is accessible on iOS and Android devices, allows users to upload images and videos to their feed, create interactive 'stories', exchange private messages or search, explore and follow other accounts they like. Images and videos can be transformed with an array of filters to edit the shot before sharing and anyone with an account can see others' online 'galleries' if their account is not private. To make posts easier to find, users can include searchable hashtags and captions to their uploads. That's why we've created this guide to help parents and carers understand exactly what Instagram is about.

AGE RESTRICTION

13+

Anyone over the age of 13 can create an account

LOCATION

#HASHTAG

HOOKED ON SCROLLING

Many social media platforms, Instagram included, have been designed in a way to keep us engaged on them for as long as possible. Behavioural economist, Nir Eyal, calls this the 'Hook Model' and the Instagram feed is a great example of this. Children and adults may find themselves scrolling to try and get a 'dopamine release'. Scrolling may become addictive and it can be difficult to stop until children find that 'something' they are looking for, quickly losing track of time as they get deeper into their Instagram feed.

SLIDING INTO DMS

Direct messages (or DMs) on Instagram allow users to share posts, images, videos, voice messages and calls between each other privately (or in a private group). Even if your child's account is set to private, anybody has the option to message them and send them content. If the person is not on your child's friends list, the message will still be sent to their inbox but the user has to accept their request to see the message.

INFLUENCER CULTURE

Influencers are sometimes paid thousands of pounds to promote a product, service, app and much more on social media. When celebrities or influencers post such an advert, they should add a disclaimer somewhere in the post which states that they have been paid for it. Commonly, this is well-hidden in the hashtags or in the comments of their post, making it unclear that their photo/video is actually an advert. This can be very misleading to young people who may be influenced into buying/wanting something promoted by somebody they admire, creating a false sense of reality and potentially affecting their mental health and wellbeing.

IMPACT ON WELLBEING

In a report by the RSPH, Instagram was ranked the worst for young people's mental health. Using filters on photos on Instagram can set unrealistic expectations and create feelings of inadequacy. Children may strive for more 'likes' by using realistically edited photos. Judging themselves against other users on the app might threaten their confidence or self-worth. In early 2019, Instagram banned images of self-harm and suicide, following the suicide of 14-year-old Molly Russell, who had reportedly been looking at such material on the platform. They since extended the ban to include drawings, cartoons and memes.

LIVE STREAMING TO STRANGERS

Live streaming on Instagram allows users to connect with friends and followers in real-time and comment on videos during broadcast. If your child's account is private, only their approved followers can see their story. It's important to note they may have accepted a friend request from someone they don't know, which means they could be live streaming to strangers. Children also risk sharing content they later regret, which could be re-shared online for years to come. Public accounts allow anybody to view, so we suggest your child blocks followers they don't know. In early 2019, data gathered by the NSPCC found that sex offenders were grooming children on Instagram more than on any other online platform.

IN-APP PAYMENTS

Instagram allows payments for products directly through the app. It operates under the same rules as Facebook Payments, which state that if you are under the age of 18, you can only use this feature with the involvement of a parent or guardian.

EXPOSING LOCATION

Public locations can be added to a user's photos/videos and also to their stories. While this may seem like a good idea at the time, it can expose the location of your child. This is particularly more of a risk if it is on their story, as it is real time. A photo which includes landmarks in the area, their school uniform, street name, house and even tagging in the location of the photo uploaded to Instagram can expose the child's location, making it easy to locate them. If their account is public, anyone can access their account and see their location.

HIJACKED HASHTAGS

Hashtags are an integral part of how Instagram works, but they can come with risks. One person may use a seemingly innocent hashtag with one particular thing in mind, and before you know it hundreds of people could be using the same hashtag for something inappropriate or dangerous that your child shouldn't be exposed to.

IGTV

Instagram TV (IGTV) works similar to YouTube. Users can watch videos from favourite accounts on the platform or create their own channel and post their own videos. It's important to note anyone can create an Instagram TV channel and doesn't have to be friends with a person to follow an account and watch their videos. In 2018 Instagram apologised and removed some of its TV content which featured sexually suggestive imagery of children. As the feature may encourage spending more time using the app, it's important to set time limits to avoid children's sleep or education being disturbed.

Top Tips for Parents & Carers

RESTRICT DIRECT MESSAGES

If your child receives a message from somebody they do not know, encourage them not to accept their message request and 'block' this person; this is the only way to stop them messaging your child again. Children can also 'tap and hold' the individual message to report it directly to Instagram as well as reporting the account itself.

LOOK OUT FOR #ADS

In 2019, the UK's Competition and Markets Authority launched an investigation into celebrities who were posting adverts on social media and not declaring that they were paid for. Influencers must clearly state that they have been paid for their posts, for example using a hashtag like #ad or #sponsored. Teach your child to look out for the signs of a paid post/advert and discuss with them that not everything they see from celebrities is their personal choice and opinion.

MANAGE NEGATIVE INTERACTIONS

If your child is receiving unwanted or negative comments, they can block that account so that they can't interact with them. This stops them seeing and commenting on their posts, stories and live broadcasts. In addition, your child can instantly delete unwanted comments from their posts, turn them off completely and control who can tag and mention them in comments, captions or stories, from everyone, only people they follow, or no one at all.

MANAGE DIGITAL WELLBEING

Instagram now has an in-built activity dashboard that allows users to monitor and control how much time they spend on the app. Users can add a 'daily reminder' to set a limit on how much time they want to spend on Instagram, prompting them to consider if it's been too long. In addition, once users have caught up with all the previous posts since they last logged on, they'll receive a 'You've completely caught up' message. Both features can help you have a conversation with your child about how much time they are spending on the app and to set healthy time limits.

PROTECT PERSONAL INFORMATION

Your child may unknowingly give away personal information on their profile or in their live streams. Talk to them about what their personal information is and make sure that they do not disclose anything, including their location, to anyone during a livestream, comment, direct message or any other tool for communication on the platform, even to their friends.

USE A PRIVATE ACCOUNT

By default, any image or video your child uploads to Instagram is visible to anyone. A private account means that you have to approve a request if somebody wants to follow you and only people you approve will see your posts and videos. Children should also use a secure password and enable a two-factor authentication to add an extra layer of security to their account.

FILTER INAPPROPRIATE COMMENTS

Instagram has an 'anti-bullying' filter, which hides comments relating to a person's appearance or character, as well as threats to a person's wellbeing or health. The filter will also alert Instagram to repeated problems so that they can take action against the user if necessary. This is an automatic filter, which should always be enabled. Children can also report abusive behaviour or inappropriate/offensive material directly to Instagram from the app. This includes posts, comments and accounts.

TURN OFF SHARING

Even though this feature will not stop people from taking screenshots, it will stop others being able to directly share photos and videos from a story as a message to another user. This feature can be turned off in the settings. We also recommend turning off the feature which automatically shares photos and videos from a story to a Facebook account.

REMOVE PAYMENT METHODS

If you are happy for your child to have a card associated with their Instagram account, we suggest adding a PIN which needs to be entered before making a payment; this will also help prevent unauthorised purchases. This can be added in the payment settings tab.

DON'T FORGET TO BE VIGILANT & TALK TO YOUR CHILD ABOUT THEIR ONLINE ACTIVITIES!

Meet our expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience of working in the social media arena and is the founder of Kids N Clicks, a web resource helping parents and children thrive in a digital world.



NEW FOR 2020 INSTAGRAM REELS

Instagram Reels is the latest update from Instagram that gives users the ability to record and edit 15-second multi-clip videos with audio, effects, and new creative tools. It is the app's answer to TikTok and can be accessed via the Stories feature. Reels can be shared with friends and family, however, if your child has a public account, it could be shared wider via 'Explore' and viewed by millions of strangers online.

NOS National Online Safety®
#WakeUpWednesday