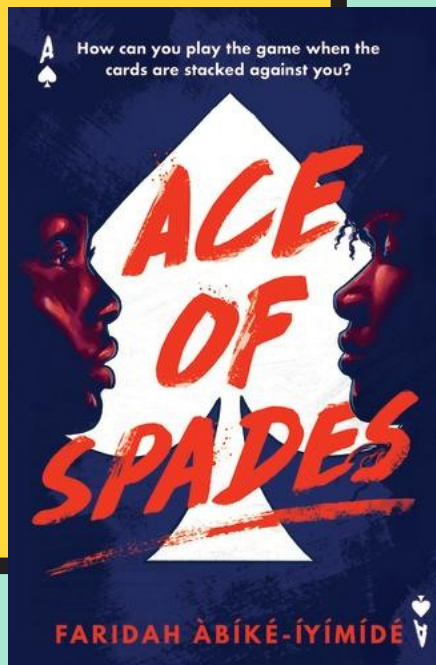


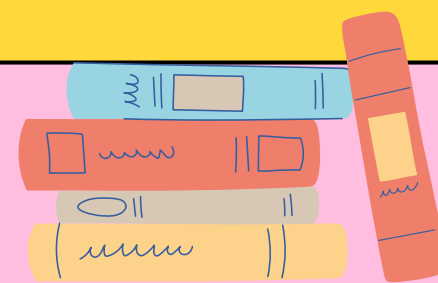
BA STRETCH AND CHALLENGE BULLETIN OCTOBER 2021

Try this excellent new book that has recently been published.

Watch this TedEd Talk on how playing sports benefits your brain.
https://youtu.be/hmFQqjMF_f0



ENGLISH

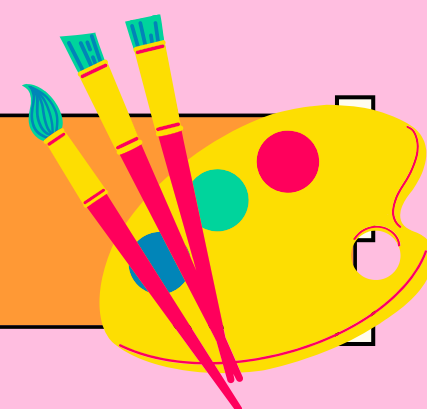


Every Monday come to the study sessions after school.

Watch this Massolit video on Charles Dickens

<https://www.massolit.io/courses/dickens-a-christmas-carol-mullan>

ADT



Engage with art and design pathways outside of lessons by accessing subject specific TV programs to inspire your creativity and advance your knowledge.

Grand Designs – 4OD

Masterchef – BBC2

Grayson's Art Club – 4OD

Sewing Bee – BBC iPlayer

GCSE PE

For the elbow, knee, shoulder, hip, ankle and wrist name the type of joint, movements possible at each joint, articulating bones and the movement occurring to perform the action in the picture above.



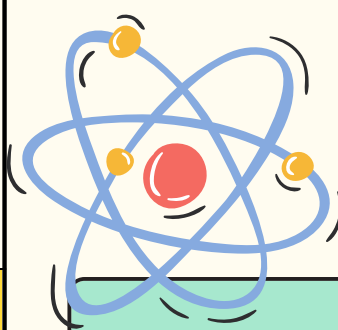
PODCASTS



THE EXAM STUDY EXPERT



SCIENCE



Watch this video on how the immune system actually works!
<https://www.youtube.com/watch?v=IXfEK8G8CUI>

Revision guidance:
Check out Mr Bruff on YouTube for his excellent videos and tips on how to revise effectively.



WORKING AT HOME

TIPS FOR SUCCESS:

LEAVE YOUR PHONE ELSEWHERE WHILST YOU ARE WORKING.



MFL

Watch this film on Netflix: Experience various styles of Spanish alongside learning about the rich street food culture that exists across Latin America. The heartwarming stories of the characters featured will bring a tear to your eye.

TIPS FOR SCHOOL

Aim to contribute in each class. Not sure? Ask questions to improve your understanding.

Business

Watch the video on BBC iPlayer on the fuel crisis (search on the website)

- 1) What factors are contributing to the fuel shortage and why?
- 2) "Some petrol stations are taking advantage of the surge in demand to inflate prices and profiteering" do you agree with the actions of these businesses? Justify your views

Computing

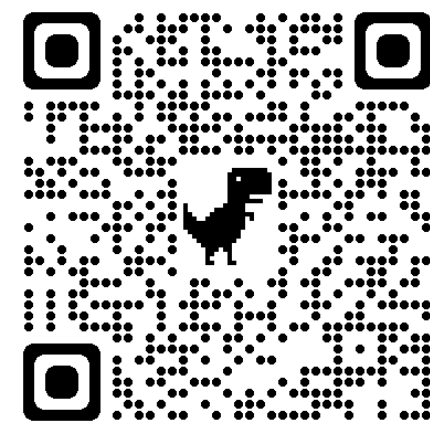
ISnakify is an interactive way to boost your programming skills.

Sign up to Snakify using this link:

https://snakify.org/sign_up/

Use your school email address and work through the challenges!

After you have signed up and logged in, scan this QR code to begin the first challenge.



WELLBEING

Try meditation using apps such as Calm, Headspace, Insight Timer or Smiling Mind.

