

### Welcome

28th May 2021 This week has been a particularly challenging one, with unfortunately a number of positive covid cases being identified among our year 11 students, the first case we've had in school for over 4 weeks.

**BOSWORTH ACADEMY TOGETHER WE ACHIEVE** 

Since the public restrictions have been eased, data from Public Health England show case numbers of the variant first reported in India rising. The Health Secretary has reported that up to three-quarters of new UK Covid cases are likely to be the new variant, stating that the government expected cases to rise.

Weekly Newsletter for Parents & Students In school the only change to our risk mitigation measures from 17th May was that face masks do not need to be worn in lessons, (though students may choose to wear them if worn correctly), other precautions remain. For example, students continue to wear face masks in corridors, sanitise hands on arrival to school, and continue good hygiene across their lessons. Most of the positive cases trace back to a social gathering which took place outside of school at the weekend. Though I cannot comment on whether government guidelines were followed at this social gathering it is vital that our young people remain vigilant. It appears that without good social distancing, and careful hygiene practices the virus will transmit quickly, resulting in a 10 day self-isolation period and further time out of school for those students and any close contacts. It is important that over the half-term break parents remind students of the government guidance and remind them to be cautious.

We must all work together to prevent a rise in positive cases in our community generally translating into increased cases of hospitalisation for our most vulnerable. Due to the high number of close contacts in year 11, I had to make the difficult decision, supported by PHE, to send a whole year group home (a first during this pandemic). Sadly, our year 11 students were only two days away from completing their year in school, as teachers prepare to assess and moderate their evidence for GCSE grade decisions after half-term. This was such devastating news for them to hear. I must share my great gratitude to students for receiving such difficult news on Wednesday morning with such grace, and great maturity. Through such a challenging 15 months our children have learned the skills to adapt and rise to any obstacle in the future and we are so extremely proud of them all, this was another big hurdle for them to overcome. The remote celebration assembly that was due to be shared on Wednesday afternoon has been shared via google classroom today and I have recorded a personal message to students. Awards will be sent in the post to students who were nominated for prizes. 'Bridging' work for students transitioning to their next stage in education has been shared by teachers and is available on the google classroom. For everyone in our community, it is vital that you take the twice-weekly Lateral Flow Device tests and report results to school using the link on our website and to the NHS. If your child has symptoms then keep them at home and book a PCR test. If you need additional test kits then let us know.

Half-term will provide a nice break for us all, please continue to remind your child to take a test during that week. We will be monitoring the attendance email address below so please continue to report any positive cases by emailing us. We will operate track and trace until Tuesday and alert any parents via Weduc if your child is required to self-isolate. Attendance Support - If your child is ill or has a medical appointment and may miss remote learning, please contact: attendance@bosworthacademv.org.uk

This week has also seen us wish our year 13 farewell. They have been true ambassadors for our school, making so many



amazing contributions to school life including offering so much support for our younger year groups. Many of that year group are true pioneers. They were the first ever students to join Bosworth Academy in year 7, (when we first opened to that year group), and transition through to year 13. We will miss you all and would love you to return in the future as our Alumni, sharing the incredible journeys that I am sure you will venture on to. It is true what Mahatma Gandhi said, "There are no goodbyes for us. Wherever you are, you will always be in our hearts." Enjoy a safe, half-term break,

Mr Brown, Headteacher

### Beat your Best!

There is more and more research coming out which suggests that measuring your performance against yourself is far more productive than measuring it against other people. The path to success lies in trying to beat your own personal best rather than trying to beat other people.

With this in mind, I want to publish a weekly honours board that records examples of students achieving their personal best in any areas of endeavour. This could be academic, creative, sporting, charitable - anything they are proud of really. They should email me an account of a recent personal best and I will put it on the honours board. There will be the usual badges and certificates but the real reward will be intrinsic - the sense of achievement that comes from challenging yourself and getting better!

### Mr Claricoates, Assistant Head





### The Super Laureates Summer Superstars

For the last five weeks of the summer term the Laureates Team, (Year 7 & 8) are on the look out for Summer Superstars! All Laureates students with no negative behaviour points will be placed into a prize draw to win a £10.00 voucher. Alongside this, Laureates students with 100% attendance will be placed into a raffle to win a Pizza Party for themselves and three friends. Five weeks, five chances to win, be in it to win it!

#### Mrs Whitaker, Year 8 Head

### Leicester Forest Challenge!

As part of our project-based learning at Bosworth Academy, the Physical Education team have been taking the year 7 and 8 students on a 2.5km walk to the 29 steps; an ancient entrance to the old Leicester Forest. The lesson aim is to get the students walking in the countryside whilst also learning about the history of our local area. The students learn about the challenges the Saxon villagers of Desford would have faced after the privatisation of Leicester Forest by the Normans. In the second lesson of the week students take part in a 'poachers vs foresters' scavenger hunt, to re-enact villagers of old sneaking into the forest to forage for wood and food and then being pursued by the foresters.

### Mr Grest, Curriculum Leader PE

### Bosworth Launches Olympian Swim Programme!

We are delighted to announce our new partnership with Total Swimming Academies, which will be in place of the Bosworth Academy Learn to Swim Scheme. Our complete changing room refurbishment is nearing completion ready for reopening in mid-June. Total Swimming Academies comes with a wealth of experience offering the highest quality lessons with a maximum of 6 children in each class. All swimmers will gain access to an online account to track their child's journey and will receive their certificates and badges through a personalised mailing system. Starting from Monday 14th June 2021, Total Swimming Academies will run weekly lessons. Their lessons will run for 50 weeks of the year. To book a place, please visit www.totalswimming.co.uk/find\_a\_class/

To watch a welcome video from Founder and Olympic Medallist Steve Parry, click here: <u>https://</u> <u>youtu.be/7Jl\_iU8txgo</u>

If you have any queries or would like to know more, please do not hesitate to contact their team at info@totalswimming.co.uk

**Don't forget** we are still looking for **lifeguards**. If you are interested please send a CV to info@totalswimming.co.uk or if you wish to contact us by phone, please call 0161 764 2224 Please find the full advert of requirements for the role by <u>clicking this link</u>.

Mr Brown, Headteacher





# Wellbeing- feeling positive about the future

After a difficult time in the past two years, especially for students, it can be easy to look back at what could have been and question decisions you have made. When you look back it is usually because of regret or sadness. However, you can not change the past, therefore, you need to look forward to the future. Looking forward, means putting the past behind you and focusing on what's ahead. It means having hope that what's ahead of you is better than what's behind you. It means giving your attention to your future, not your past.

Check out the HBSSPAN newsletter on the last two pages about feeling positive about the future with some top tips and a positivity quiz.

Mrs Harbour, Assistant Head

### Headteacher Award

Congratulations to Lily Tonks in 8NSA for obtaining the Head Of School Award. Lily is another diligent student in year 8 and she very much deserves to have reached the 200 reward points milestone. Well done Lily!





### Holiday Reading Recommendations

Not able to get away this half term? Reading gives us a place to go when we have to stay where we are. Click here to explore <u>this week's book</u> <u>recommendations</u> for your family, and be transported to another world!

### KS3 Recommendations



### June author events for all

There are some interesting online author events happening in June. Take a look & register to get access: <u>https://howtoacademy.com/</u>events-calendar/?event\_type=childrens



### KS4+ Recommendations











# wood loom art see film

### Simon James Green virtual author visit for Y9 book group

Some of our year 9 students are taking part in a '9for9 Reading Challenge'. Last Friday, they joined a virtual author visit with the amazing Simon James Green, british author of various LGBTQ themed fiction books. Our students in the '9for9 reading challenge' had been reading Simon's book 'Alex in Wonderland', and this was a wonderful opportunity to discover more about the book and its author. Thanks to Creative Learning Services (@midlandscls www.facebook.com/midlandscls), our local school library service, for organising the event. The book is highly recommended for all, and here is a short review to tempt you!

A shy teenager finds friendship and romance when he lands a summer job in a local seaside amusement arcade.

In the town of Newsands, painfully shy Alex is abandoned by his two best friends for the summer. But he unexpectedly lands a part-time job at Wonderland, a run-down amusement arcade on the seafront, where he gets to know the other teen misfits who work there.

Alex starts to come out of his shell, and even starts to develop feelings for co-worker Ben... who, as Alex's bad luck would have it, has a girlfriend.

Then as debtors close in on Wonderland and mysterious, threatening notes start to appear, Alex and his new friends take it on themselves to save their declining employer. But, like everything in Wonderland, nothing is quite what it seems.

Mrs. Griffiths, Librarian







### Year 10 Trial Exams- June 2020

Our year 10 students will be taking part in **end of year exams in June**. This will be a great opportunity for students to see where they are in their learning as well as informing their teachers, allowing them to plan effectively. It also helps our students practice their independent learning and organisation skills.

Students have had an assembly on this and have spent some time in tutor time exploring effective revision techniques but we strongly recommend that students start to do revision at home. It may be useful to create a revision timetable to organise themselves along with a quiet space to study, away from distractions. Be the best you can be year 10!!

Mrs Harbour and Mr Blackmore, Head of Year 10

### **Useful Contacts**

### Attendance Support

If your child is ill or has a medical appointment and may miss remote learning, please contact: <u>attendance@bosworthacademy.org.uk</u>

### **Technology Support**

If your child requires any support with IT issues around remote learning then email: <a href="mailto:ictsupport@bosworthacademy.org.uk">ictsupport@bosworthacademy.org.uk</a>



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# HBSSPAN Health and Wellbeing Newsletter June 2021 Pupil/Students Wellbeing - Looking forward to the future

After a difficult time in the past two years, especially for students, it can be easy to look back at what could have been and question decisions you have made. When you look back it is usually because of regret or sadness. However, you can not change the past, therefore, you need to look forward to the future. Looking forward, means putting the past behind you and focusing on what's ahead. It means having hope that what's ahead of you is better than what's behind you. It means giving your attention to your future, not your past.

While at school, you have control about your future and your next academic year. How will you behave? How hard will you work? Who will you hang out with? What subjects will you take? Which university will you go to? What shoes will you buy? Every choice you make will impact your future and you can control whether these decisions will have a positive or negative impact.

Although it is good to be positive, you cannot control everything in life and sometimes it will not go your way. When you do have negative experiences it is important you learn from them and react in a positive way, making the best out of a bad situation. For example; if you work really hard but you struggle to perform as well as you can in exams, you can't change past results but you can ask the teacher for advice on where you need to improve and ask for help on exam stress and improving your exam

technique. This will put you in the best position to get the best grade you know you can get.

So remember, you are in control of the future and the opportunities you take. Don't spend the time you could be using planning your future reflecting on your past.

Check your positivity by taking this quiz <u>https://brilliantstarmagazine.org/articles/quiz-power-of-</u> <u>positivity1</u>

# Below are some TOP TIPS on looking forward and trying not to reflect on negative experiences from your past



# Outdoor activities

# Learn from past mistakes

If you're going to move on from something in your past, you need closure. You need to feel the feelings and process them before you can let them go. What can that experience teach you about yourself that you can use moving forward? How can the feelings you feel about that experience serve you positively in the future?



# Forgive yourself

Everyone makes mistakes and says/does things they don't mean. You might have done something embarrassing or silly in the past. If you dwell on this, it will only elevate these feelings. These mistakes are irreversible, so forgive yourself, learn from it and move on from the situation.

# Practice gratitude

Setting goals can help you to look forward and improve your future. It can help you to shape your future and

Set goals

stay positive

# Schedule time to reminisce

It can be a good thing to think about the positive things from your past and what you have learnt from your past. You can use these experiences to shape a

Positive future SELECTE IN SURSELFF URSEL ACTIVITY NETWORK

Keeping a gratitude diary (positivity diary) about positive things that happen in your life and things to be thankful for can remind you of the good things in your life. If you are ever experiencing negative thoughts, you can use this diary to help remind you of the positives. Learn more about a gratitude diary here <u>https://design.org/how-a-gratitudejournal-can-combat-anxiety-anddepression/</u>

# Talk to someone

Remember if you ever feel down or negative, it always helps to talk to people and ask for help. At school there is always someone who can help you to feel better

