



26th March 2021

Weekly Newsletter for Parents & Students

Welcome

Media stories this week have rightly focused on a whole year passing since lockdown measures began. At Bosworth Academy, students, staff and parents have endured a year-long series of challenges and changes to our educational norm. Though it has often been a deeply difficult period I have never felt so proud of how well our students and staff have coped, and risen to every challenge faced. Our vocabulary in school changed, with words and phrases being used that we had never encountered before, including; remote learning, critical workers, hybrid learning, 'live' lessons, close contacts, google meets, asynchronous learning and 'you're on mute!'.

Looking back on the year I remembered how we had shared a heartfelt message for our students urging them to; **Be resilient. Be determined. Be kind. Be there for one another. Be there for your family. And remember – you still belong to our Bosworth community. This time shall pass.**

The 'time' has lasted far longer than any of us might have imagined, yet a year on we are hopefully nearly through the worst of times. Follow this link to see again [our heartfelt video message](#) and take a moment to reflect yourself.

So many new skills have been learned enabling us all to adapt to how we operate schools and learn in the future. At the end of period 5 today we recognised one year since the first coronavirus lockdown, by reflecting on the loss felt by so many, and the significant challenges that many in our community have faced. Mr White, Deputy Head, also shared a lovely message, which celebrated the many achievements of our students, as they listened so intently. This week we met with tutor groups across exam years 11, 12, 13, explaining the importance of the coming half-term. Miss Baxter, Deputy Head, shared how teachers will be making holistic judgements of each student's performance in their subjects using a broad range of evidence. Whilst we await the much-anticipated resources and question materials from exam boards this Easter, students should prepare by revising carefully to do their very best. When we have further details we will share them immediately after Easter.

The good news continues, with zero positive cases in school meaning we have not had to send any close contacts home to self-isolate. I have heard of positive cases in our close community though cases in our catchment are dropping week by week - still we must not be complacent. Please make sure you continue to test your child at home twice weekly using the new home test kits issued again this week and report the result with the [school google form](#) as well as to the [gov.uk](#) link. Please also discuss any new changes to government guidelines over Easter as announcements are made and ensure social distancing is followed. We need to continue our social responsibilities over the holiday to avoid a sudden increase in cases in school when we return after Easter.

Finally, one year ago when we closed our school to most children we entered unprecedented, anxious times for us all. In those early weeks of March, I quoted **Florence Nightingale**, "**How very little can be done under the spirit of fear,**" as our children, school staff and our parents & carers rose bravely to face new, unknown challenges. **You excelled, providing an immeasurable amount of your time, care and attention in keeping your children learning and connected to our unique school community.** I thank you so much for that.



Take a well-deserved break this Easter, a time of hope, joy, and renewal. And in advance of the first week back, I wish our community a blessed Ramadan that will inspire you with courage and strength, and a Happy Vaisakhi which I hope will be colourful and pleasant.

We'll see your children again, well-rested and eager to learn on Monday 12th April.

Happy Easter!
Mr Brown, Headteacher





IMPORTANT: Contact tracing over the Easter holiday

Our school will continue to play an important role in contact tracing for the first 6 days of the Easter break in the national effort to limit the spread of coronavirus (COVID-19).

Parents must **report to us positive cases** where their child **developed symptoms within 48 hours** of attending school. We will then identify close contacts and advise self-isolation, as the individual may have been infectious whilst in their education setting. Remember any positive result from a home test kit must be followed up with a PCR test at a test centre.

Report directly to attendance@bosworthacademy.org.uk if your child tests positive so we can contact you directly by email for further details.

If a student develops symptoms more than 48 hours after being at school (after 4pm on Sunday 28th March), you are not required to take any action.

Senior staff will check for positive cases during the first 6 days of the Easter holidays, at which point all positive cases should be dealt with by contacting NHS Test and Trace.

Thank you for your support.

Mr Brown, Headteacher

STAY SAFE. STAY WELL

1 Year of Lockdown Recognised

One of our year Seven students, Poppy Lidbetter-Smith in 7JWI has written an amazing lockdown Memorial Poem that really captures what we have all been through in the last year since we first locked down. Although the poem explores the restrictions that we have faced in our lives in the last twelve months and the difficulties we have faced, it also identifies positive things that have happened as a result of lockdown. People learning new skills and hobbies, the positive impact on the environment, with less litter and people not travelling so much. It finishes celebrating the fact that in the last year we have become a more caring society and have developed closer relationships with family and friends. Poppy will be receiving a special reward after the Easter break for her excellent poem.

Mr Moore, Assistant Head

Lockdown memorial

If COVID had not happened, where would we be,
Out in the world, out of lockdown, shouting with
glee?

From March 'till March stuck in gloom and inside,
Strictly Following the rules, an ever changing guide.

Missing our education, our jobs, our freedom, our
life,
Every moment panic stricken, every second in strife.

People frantically stocking Up on Tp, Hand sanitiser,
We thought it was the worst but it was just the
appetiser.

' Stay 2 metres away, it's safe, social distance,
All these new rules were thrown into existence.

But it's not all bad, I guess I might say,
I'm almost glad we stayed in everyday.

All these spare days, we developed a new pastime,
Learned something helpful, productive, the result
was sublime.

The environment was helped too, by us staying away,
Littering, pollution, our impact was kept at bay

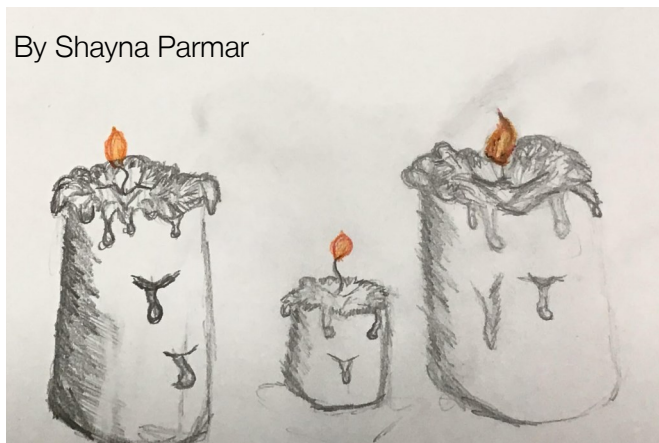
So look back upon the times, and remember to care,
Everyone stayed close together, and that is a thing
we must share

By Poppy Lidbetter-Smith 7JWI

BE BETTER THAN YOU THOUGHT YOU COULD BE



By Shayna Parmar



By Skye Ward



By Kyle Hall

Uniform

Having returned from the most recent school closure, I would like to remind parents/carers and students of our uniform expectations. The link to our website can be found here: <https://www.bosworthacademy.org.uk/uniform/>

Key Points

- Hooded tops should not be worn at all. Students should bring a coat or jacket that goes over the blazer or wear a school jumper. Hooded tops will be confiscated if a student continues to wear it in school.
- Blazers must be worn at all times (KS4)
- Students can wear their PE kit when they have PE P1, but must have a full school uniform to change into.

As we approach Easter, now is the time to purchase replacement items of uniform if required. The link above will take you to our suppliers.

If you have any queries, then please contact your child's year head or check the link for full guidelines.

Mr White, Deputy Head



Easter: Free School Meals Update

The Government has extended the Free School Meals Voucher scheme to cover the Easter holidays (29th March to 9th April). Please do check your emails next week for a further update from us about when and how these will be issued. If you experience any problems accessing your vouchers once issued, please contact the dedicated email

address: fsm@lifemultiacademytrust.org.uk

If your child does not currently receive Free School Meals, but you think you may qualify, please contact your local authority:

Leicester: <https://freeschoolmeals.leicester.gov.uk/>

Leicestershire: <https://www.leicestershire.gov.uk/education-and-children/social-care-and-supporting-families/free-school-meals>

Jane Manning, Associate Senior Leader

Bosworth Against Racism Competition

Congratulations to our winners of the Bosworth against Racism Competition.

1st Place - Jessica P Year 12

2nd Place - Sanna R Year 10

3rd Place - Ella H Year 7

Here is an extract from Sana's powerful writing; Why are people treated differently because of what their skin colour is? Why do people get judged by what they believe? Why can't people see how racism is changing the world? A world that once used to be peaceful where everyone was equal. It isn't too late to put a stop against racism and make the world a better place again. We can all make a difference to stop racism. Everyone being different is what makes this world unique. Racism isn't born, it is taught. We are all different shades of the same colour, everyone is equal no matter what they look like. We may have different languages, different religions, different coloured skin, but we all belong to the same human race. You can change the world by your example, not your opinion. Thank you to every student who entered our competition, your creative work is promoting a really positive anti racist message and you are demonstrating real character and citizenship. Well done!

Mrs Moran

BE BETTER THAN YOU THOUGHT YOU COULD BE



BOSWORTH MEDAL for Mrs. Griffiths, our Librarian

At Bosworth, we have the best librarian in the world! In recognition of the amazing job she does, we have awarded Mrs. Griffiths the prestigious 'Bosworth Medal' of achievement.

This is a very special award, given to those students or staff who have made an exceptional contribution to the Academy. Mrs. Griffiths was nominated by the English team for the



outstanding way she runs The Compass (our library), to thank her for all her support with our fortnightly KS3 library lessons, and to acknowledge her massive contribution to developing a reading culture at our school.

Mrs. Griffiths is an extraordinary multi tasker, and it is a sight to behold to see her in action: issuing books; helping out

staff; talking to students; sorting out new stock; updating our catalogue on the website - all at the same time it seems! The Compass is a vibrant learning environment, and Mrs. Griffiths is continually thinking up new ways to inspire our students to read: Book talks; Accelerated Reader Certificates; Recommended Reading Lists; Book Buzz; Reading Rampage; Tutor Group Reading Race Tracks; Reading Academy ideas, and not least, knowing almost every student by name!

This award is very well deserved, and we would like to say a huge Thank You to Mrs. Griffiths.

Mrs. Starr, English Lead Practitioner



Interview with Professor Dame Jocelyn Bell Burnell

Two students in our Sixth Form, Lara and Simran, have undertaken a project to try to increase the participation of females in the STEM subjects that we offer at Bosworth Academy. To this end they organised an interview with Professor Dame Jocelyn Bell Burnell, which I had the privilege of being part of.

Jocelyn was nominated for the Nobel Prize for Physics in 1974 for her discovery of Radio Pulsars, a type of neutron star which emit a beam of electromagnetic radiation from their poles. This has been credited as one of the most significant scientific achievements of the 20th century. She did not win the Nobel Prize, it was awarded for the same discovery but to her supervisors, as she was still a graduate student at the time. In her interview she discussed the fact that at the time she thought this was the right thing to do as the prize should not be demeaned by giving it to research students, except in exceptional circumstances. She was recognised for her work in 2018 by being awarded the Special Breakthrough Prize in Fundamental Physics, which came with a £2.3 Million prize. Jocelyn talked about how she gifted the money to the Institute of Physics to enable them to continue vital projects to encourage women and ethnic minorities into Physics research. She believes that organisations that have more diversity produce better results and are more creative in solving problems.

I am very proud of Lara and Simran for organising this themselves, it shows they have agency and are keen to put themselves out there to develop a world where women and ethnic minorities are better represented in STEM subjects. The full interview will be available for our students to watch after Easter.

Mrs Coulson, Lead Practitioner

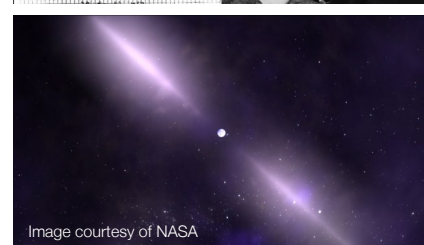
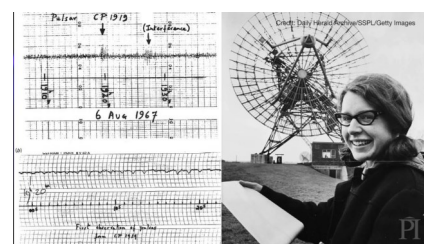


Image courtesy of NASA

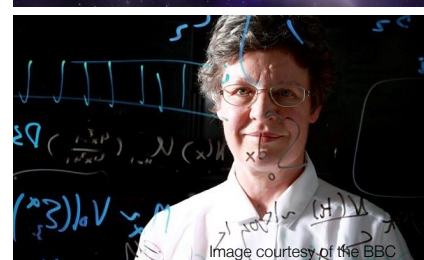


Image courtesy of the BBC

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Testing at home throughout the Easter holidays

It is vital to keep testing at home throughout the Easter holidays and into the summer term.

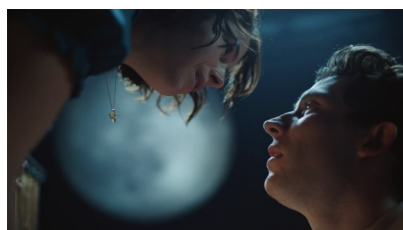
- test twice a week 3-5 days apart at home, including over Easter, from now on (if able to)
- report results to [school](#) and [online](#) as positive, negative or void. This information is critical in helping us to understand the prevalence of the virus across the country
- test before returning to school for the summer term, either the night before (Sunday 11th April), or morning of, the first day back (Monday 12th April), to find and isolate any positive cases to prevent coronavirus transmission back in school.

Families and households can also access [home test kits for adults](#).

Year 11 Revision!

The NTL production of Romeo and Juliet premieres on Sky Arts on the 4th April. This is a set text for Year 11 and will be great revision for over Easter.

<https://www.nationaltheatre.org.uk/shows/romeo-and-juliet-film>



Mrs Masih

Test and Trace support payment for parents

Parents and carers of children who have been advised to self-isolate by their education setting or by NHS Test and Trace are now able to apply for a [Test and Trace Support Payment](#) or discretionary payment of £500, if they meet the eligibility criteria. The extension of the Test and Trace Support Payment scheme, which is administered by district and unitary local authorities in England, ensures that parents receive the financial support they need if they are unable to attend work due to childcare responsibilities.

Parents and carers should apply to their local authority to receive a payment. Applications for the Test and Trace Support Payment scheme are made via the local authority in which the parent or carer resides, not the local authority where the school is situated, if these are different.

To be eligible applicants must meet all of the criteria that:

- they are the parent or guardian of a child or young person in the same household and need to take time off work to care for them while they self-isolate. This is limited to one parent or guardian per household for the child or young person's self-isolation period
- they are employed or self-employed
- they cannot work from home while undertaking caring responsibilities and will lose income as a result
- they meet all the other means-tested eligibility criteria for a Test and Trace Support Payment or locally determined criteria for a discretionary payment.

That their child or young person:

- is aged 15 or under (or 25 or under with an EHCP) and normally attends an education setting
- has been told to self-isolate by NHS Test and Trace or by their education or childcare setting because they have been identified as a close contact of someone who has tested positive for coronavirus (COVID-19)

Parents or carers will then be able to present the letter sent home with any close contact from school to their local authority as evidence that their child is required to self-isolate.

Once an application for a payment has been received, the local authority will be in touch with your school to verify the details of the child provided on the application.

Mr Brown, Headteacher



Literacy Update



Easter Holiday Reading

With the Easter holiday here, it is the ideal opportunity to escape into a good book!

Not sure what to read? Check out Mrs. Griffiths' Reading Lists for ideas:

[KS3 Recommended Reading List.](#)

[KS4 Recommended Reading List](#)

The Book Trust also has a fabulous website to investigate. Try the following links:

[BookTrust Bookfinder](#)

[BookTrust What to Read After](#)

Not able to get hold of books? Remember, there are lots of eBooks available via our website.

Follow the link to Accessit under The Compass heading on the Bosworth website to find:

- 1,8000 eBooks on our library system
- A link to myON eBooks with audio feature available

To access our library catalogue & ebooks, log into our school website and click on the link for **Accessit** (under **The Compass** links)

<https://uk.accessit.online/bsw00> which is our library catalogue. Any queries or issues, please email Mrs Griffiths

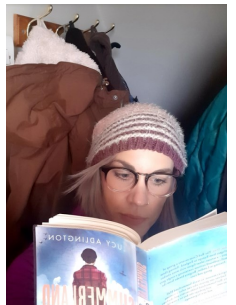
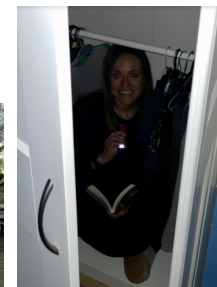
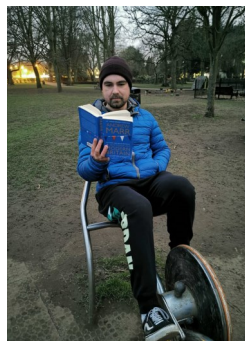
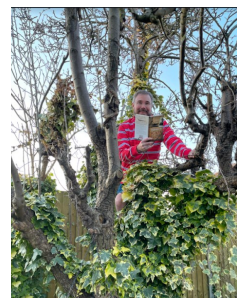
hgriffiths@bosworthacademy.org.uk



Accelerated Reader

Remember 20 mins reading a day makes all the difference!

Please encourage your children to do their 20 mins reading a day, and to complete their Accelerated Reader Quizzes. It is good to establish a habit of a regular time/place for reading. If you want inspiration for where to read, take a look at some more of the photos from our recent competition, 'A Place to Read'! Mrs. Starr Lead Practitioner



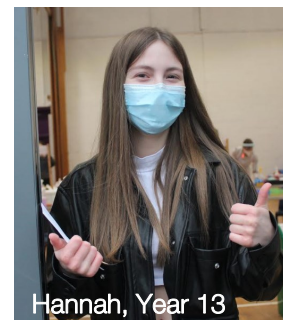
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Home Testing

All students have now received their home test kits to last until Easter. Please make sure your child tests themselves **twice a week 3-5 days apart**. We would like students to **test on a Wednesday and Sunday evening**, (or Monday morning before school). Your child should also **continue testing twice a week, at home, throughout the Easter school holidays**.

This does not replace testing for those with symptoms. If you have symptoms you must self-isolate immediately, book a PCR test and follow national guidelines.



Reporting results

Test results should be reported online straight away, even if your child's result is negative or void. This should be completed twice, for **school** and for [gov.uk](https://www.gov.uk).

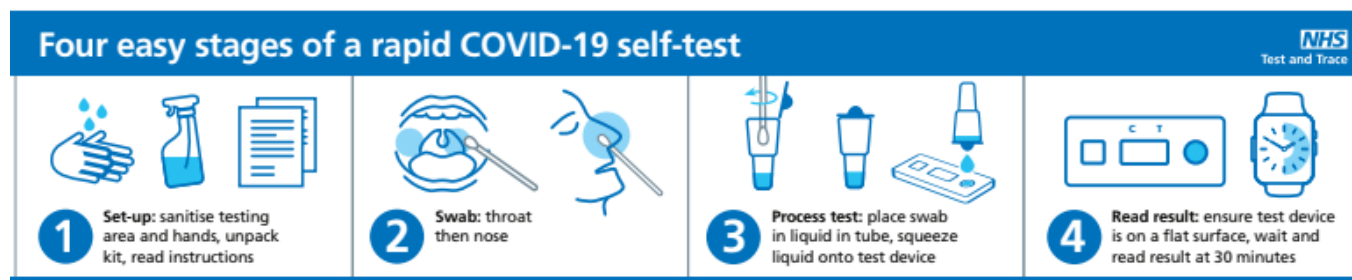
1. For school use our [Test Result google form](#). The link is also on our school website in the student links section.
2. www.gov.uk/report-covid19-result or by calling 119 (free).

If your **child tests positive** they **must not attend school** (or their siblings) and must be followed up with a **confirmatory PCR test** (as home tests are not conducted in a controlled environment). **Parents MUST then share that result with school via:** attendance@bosworthacademy.org.uk use a screen capture or share the email from the NHS.

If the PCR test result is **negative** then your child may attend school.

Mrs Holdback, Assistant Head and Covid Test Centre Leader

[How to do a Covid-19 Self Test](#)



Useful Contacts

Attendance Support

If your child is ill or has a medical appointment and may miss remote learning, please contact: attendance@bosworthacademy.org.uk

Technology Support

If your child requires any support with IT issues around remote learning then email: ictsupport@bosworthacademy.org.uk



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HBSSPAN Health and Wellbeing



Newsletter April 2021

Kids Wellbeing - Social media



Is social media impacting your wellbeing?

It is more and more common for young people to have a social media account by the time they are a teenager. However, social media increases feelings of anxiety, depression, loneliness and poor body image in boys and girls aged between 14 and 24. When you think back to before the pandemic, how much time did you spend on your phone to your friends and how much time did you spend with your friends face to face out of school? Looking at it now, will this change after lockdown? By using text and not meeting up in public places young people are missing out on learning major social skills and may develop non verbal disability. This means body language, facial expressions and vocal reactions are becoming invisible. As well as missing out on learning major social skills, social media can be detrimental to a persons health and wellbeing. We are going to explore why below.



Below are some different concepts which wouldn't be around without social media and technology...

Meaningless conversations - It can be intimidation telling someone your feelings and emotions face to face, people can read your body language and you can see their reaction, making it harder to be dishonest. It is a lot easier to lie about feelings or emotions from behind a screen. This is because people can't read your body language or see your expression. As you get older, you will need to communicate with people face to face romantically, socially and professionally. Without using these key social skills now, you will feel anxious and avoid social situations as you get older. These skills can be vital on dates and in job interviews which will effect your future.

Cyberbullying - many young people use social media as a platform for bullying. By sitting behind a screen, sometimes anonymously, it takes the emotion out of bullying as you can't see the victim react to the abuse. Its a lot easier to type abuse into a screen than say it to someone's face. In fact, most cyberbullies would not be able to repeat the abuse that they type to the victims face. Cyberbullying is more extreme and more harming and can lead to a serious diminishing of a victims self esteem, positivity and happiness. It has also known that bullies often suffer from low wellbeing, it is important both the bully and victim look for and receive help.

Catfish - Its no secret that young people, especially girls, enjoy using filters and editing photos to make themselves and their scenery look better. Many young people will take and compare many photos to get the best one and edit it until they are happy. But have you gone too far and stopped looking like yourself? With the publicity of photos and constant judgement from peers, it can be easy for young people to feel anxious about what they look like in person, especially if they have been photo-shopping the pictures that go online. This can lower their confidence and self esteem. As well as this, young people compare what they look like to others, including other photo shopped photos. This means you are comparing yourself to a look which isn't real! This can have a negative effect on a persons self esteem as it adds pressure onto how you think you should and shouldn't look. The more you try and be someone your not, the harder it is to be happy with yourself.

What can I do to improve my relationship with social media?



1

Have breaks from using technology

It is good to remind yourself that life can go on without social media. Even though you might not be in constant contact with your peers, you may have more time to do things you enjoy or find new hobbies.



3

Meet with friends in person when possible

After this long lockdown, why not leave your phone at home and meet your friends in a café, shopping center or sports club? This way you can enjoy your time without any distractions and you can enjoy each others company as well as enjoying face to face conversation.



5

Use social media positively

Use social media to complement people on their pictures, share positive messages and promote charity and events.

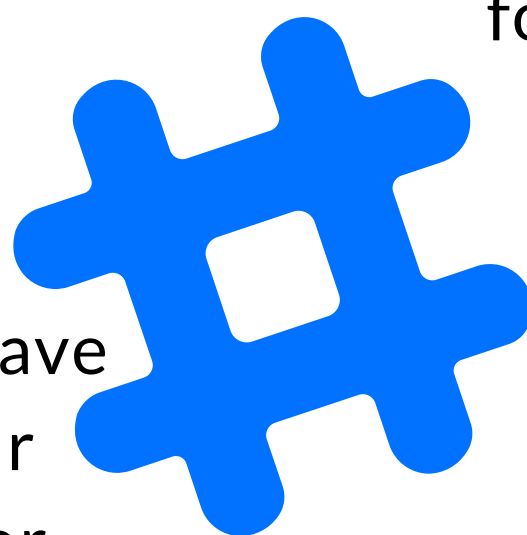


2



Don't type anything you wouldn't say to someone's face

If you wouldn't say something to someone's face then why send it to them in a message? Just because its from behind a screen, doesn't mean it won't have the same emotional effect for the person receiving the message



4

Don't over edit your pictures

We all love the odd filter and lighting effect, however, anything more than this can take away from your identity. If you don't enjoy posting pictures of yourself then delete the app or stop posting. Majorly editing photos can be damaging to your self-esteem and confidence.



TALK TO SOMEONE

If you feel like social media is effecting your wellbeing. Talk to your parents or teacher. They can help you to limit your time on social media and work out what the best thing to do is moving forwards.

