



## SWIMMING POOL PROGRAMME

<b>MONDAY</b>	<b>06.45 - 07.45</b>  16.00 - 18.00  <b>19.00 - 19.45</b>	<b>Early Morning Swim</b> <i>(term time only)</i>  <i>*Children's Swimming Lessons</i>  <b>Public Swim</b>
<b>TUESDAY</b>	<b>15.15 - 15.50</b>  16.15 - 18.30	<b>Over 50s swim</b>  <i>*Children's Swimming Lessons</i>
<b>WEDNESDAY</b>	<b>06.45 - 07.45</b>  13.00 - 14.00  16.00 - 18.00  <b>19.15 - 20.00</b>  <b>20.00 - 20.45</b>	<b>Early Morning Swim</b> <i>(term time only)</i>  <i>*Adult &amp; Child 3mths +</i>  <i>*Children's Swimming Lessons</i>  <b>Women's Swim</b>  <b>Public Swim</b>
<b>THURSDAY</b>	16.00 - 18.45	<i>*Children's Swimming Lessons</i>
<b>FRIDAY</b>	<b>06.45 - 07.45</b>  16.00 - 17.30  17.30 - 17.50	<b>Early Morning Swim</b> <i>(term time only)</i>  <i>*Children's Swimming Lessons</i>  <i>*One to One Lessons</i>
<b>SATURDAY</b>	09.00 - 10.00  09.00 - 12.00  <b>15.30 - 17.30</b>	<i>*Adult &amp; Child Swim</i>  <i>*Children's Swimming Lessons</i>  <b>Autistic Swim Session</b>
<b>SUNDAY</b>	<b>11.15 - 12.00</b>  <b>12.00 - 12.45</b>	<b>Public Swim</b>  <b>Public Swim</b>

\* These classes run on a pre-enrolment basis

### Public Swim Prices

Adults: £3.00 (Over 50s swimming only - £2.75 )  
 o.a.p. (Over 60) £1.75 (Over 50s swimming only - £1.50 )  
 Children (Under 16) £1.75  
 Under 3's F.O.C.