



	Autumn				Spring				Summer			
	1		2		1		2		1		2	
	PPA	Additional	PPA	Additional	PPA	Additional	PPA	Additional	PPA	Additional	PPA	Additional
Year 6	Disc Sports (Mr Youson) <i>To develop their throwing and catching skills. To be able to throw the disc both forehand and backhand.</i>	Outdoor learning (inc. orienteering) (Class Teacher) <i>To be able to read O.S maps confidently. To use these skills to go off site into an unfamiliar area.</i>	Hockey (Mr Youson) <i>To be able to dribble showing control using various techniques. To develop, adapt and perform the skills of dribbling, tackling and passing</i>	Boxercise (Class Teacher)	Badminton (Mr Youson)	Gymnastics (Class Teacher) <i>Create routines that has a range of balances, rolls, jumps and spins. Develop and use counter weight balances.</i>	Table Tennis (Mr Youson) <i>To develop their hand eye co-ordination skills. To add a range of shots for attacking and defending – top spin and backspin.</i>	Dance (Mrs Cooke) Thursday AM	American Football (Mr Youson)	Athletics (Class Teacher) <i>Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.</i>	Cricket (Mr Youson) <i>To learn a range of attacking and defending cricket shots. To understand fielding techniques and positioning to develop game of pairs cricket.</i>	Rounders (Class Teacher) <i>To be able to bowl with more control and direction. To be able to hit the ball with more control.</i>
Year 5	Disc Sports (Mr Youson) <i>To develop their throwing and catching skills. To be able to throw the disc both forehand and backhand</i>	Outdoor learning (inc. orienteering) (Class Teacher) <i>To be able to read O.S maps confidently. To use these skills to go off site into an unfamiliar area.</i>	Hockey (Mr Youson) <i>To be able to dribble using simple techniques. To be able to show various passing techniques.</i>	Boxercise (Class Teacher)	Badminton (Mr Youson)	Swimming (Class Teacher)	Table Tennis (Mr Youson) <i>To develop their hand eye co-ordination skills. To learn to serve in two different ways and to maintain a rally within the game.</i>	Swimming (Class Teacher) Dance (Mrs Cooke) Thursday AM	American Football (Mr Youson)	Athletics (Class Teacher) <i>Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.</i>	Cricket (Mr Youson) <i>To be able to bowl with a run up. To learn how to play pairs cricket.</i>	Rounders (Class Teacher) <i>To be able to bowl with more control and direction. To be able to hit the ball with more control.</i>
Year 4	Tennis (Mr Youson)	Outdoor learning (inc. orienteering) <i>To use and read a map within familiar surroundings.</i>	Tag Rugby (Mr Youson) <i>To be able to play a game of tag rugby correctly showing both attacking and defending skills. To be able to pass in both directions.</i>	Fitness (Class Teacher)	Dodgeball (Mr Youson) <i>To throw and catch with control. To play different variations of dodgeball to show attacking and defending tactics.</i>	Gymnastics (Class Teacher) <i>Develop their range of jumps, movements and spins. Create paired routines – follow the leader and mirror mirror.</i>	Magnificent 7 (Mr Youson) <i>To develop a range of skills - e.g. Jumping, running, throwing, catching, balance To record scores each week to show improvement. To take part in competition at end of the term</i>	Cricket (Class Teacher) <i>Learn how to bowl correctly. To develop their throwing and catching skills.</i>	Rounders (Mr Youson) <i>To be able to bowl with more control and direction. To be able to hit the ball with more control.</i>	Swimming (Class Teacher) Dance (Mrs Cooke) Thursday AM	Athletics (Mr Youson) <i>Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.</i>	Swimming (Class Teacher)
Year 3	Tennis (Mr Youson)	Outdoor learning (inc. orienteering) <i>To use and read a map within familiar surroundings.</i>	Tag Rugby (Mr Youson) <i>To be able to play a simplified version of tag rugby. Start to learn the correct movements and understand attacking and defending.</i>	Fitness (Class Teacher)	Dodgeball (Mr Youson) <i>To throw and catch with control. To play different variations of dodgeball to show attacking and defending tactics.</i>	Gymnastics (Class Teacher) <i>Develop their range of jumps, movements and spins. Create paired routines – follow the leader and mirror mirror.</i>	Magnificent 7 (Mr Youson) <i>To develop a range of skills - e.g. Jumping, running, throwing, catching, balance To record scores each week to show improvement. To take part in competition at end of the term</i>	Cricket (Class Teacher) <i>Learn how to bowl correctly. To develop their throwing and catching skills.</i>	Rounders (Mr Youson) <i>To be able to bowl with more control and direction. To be able to hit the ball with more control.</i>	Dance (Mrs Cooke) Thursday AM	Athletics (Mr Youson) <i>Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.</i>	Netball (Class Teacher)
Year 2	Basic Skills (Mr Youson) <i>To develop basic movements such as throwing, running, jumping at catching.</i>	Outdoor learning (inc. orienteering) <i>To read simple maps and simple symbols.</i>	Tag Rugby (Mr Youson) <i>Develop their throwing and catching skills learnt in previous topic. To play in a team game.</i>	Fitness (Class Teacher) <i>To understand that exercise keeps our body healthy. Perform more complex exercise showing balance, agility and co-ordination.</i>	Basketball (Mr Youson) <i>To dribble, throw and catch with control. To throw with purpose by learning how to shoot the the ball To play in a team game.</i>	Multisport (Class Teacher) <i>begin to remember and repeat simple skills and actions with increasing control, showing agility, balance and coordination.</i>	Football (Mr Youson) <i>To develop their passing and dribbling. To start to understand movement and to use this in a simple game.</i>	Gymnastics (Class Teacher) <i>To develop and add to previously taught rolls and balances. To put these into simple routines.</i>	T-Ball (Mr Youson) <i>To be able to hit the ball from a tee with control. To stop and throw the ball with control.</i>	Athletics (Class Teacher) <i>Develop their technique, strength and control through different athletic events.</i>	Tennis (Mr Youson)	Dance (Mrs Cooke) Thursday AM
Year 1	Basic Skills (Mr Youson) <i>Start to use basic movements such as throwing, running, jumping at catching.</i>	Outdoor learning (inc. orienteering) <i>To read simple maps and simple symbols.</i>	Tag Rugby (Mr Youson) <i>Develop their throwing and catching skills learnt in previous topic. To play in a team game.</i>	Fitness (Class Teacher) <i>To understand that exercise keeps our body healthy. Perform simple exercises.</i>	Basketball (Mr Youson) <i>To dribble, throw and catch with control.</i>	Multisport (Class Teacher) <i>To develop movement and sending and receiving skills. To apply these skills into simple games.</i>	Football (Mr Youson) <i>Pass and dribble a ball using their feet.</i>	Gymnastics (Class Teacher) <i>To learn how to perform a number of rolls and balances. To put these into simple routines.</i>	T-Ball (Mr Youson) <i>Learn to hit the ball from a tee using a flat bat. To stop and throw the ball with control.</i>	Athletics (Class Teacher) <i>Develop their technique, strength and control through different athletic events.</i>	Tennis (Mr Youson)	Dance (Mrs Cooke) Thursday AM

Games (Invasion)	Dance	Fitness
Games (Net/Wall)	Outdoor/Adventurous Activities	Misc.
Games (Striking & Fielding)	Athletics	
Gymnastics	Swimming/Water safety	



All Souls' Catholic
PRIMARY SCHOOL