

	Autumn				Spring				Summer			
	1		2		1		2		1		2	
	PPA	Additional	PPA	Additional	PPA	Additional	PPA	Additional	PPA	Additional	PPA	Additional
Year 6	<b>Netball</b> (Mrs Kerry) To develop their throwing and catching skills. Further develop understanding of the rules of High-5 netball, focusing on attacking, defending and developing strategic play.	<b>Dance</b> (Mrs Cooke) Thursday AM	<b>Hockey</b> (Mr Youson) To be able to dribble showing control using various techniques. To develop, adapt and perform the skills of dribbling, tackling and passing	<b>Boxercise</b> (Class Teacher)	<b>Gymnastics</b> (Mrs Kerry) Create routines that has a range of balances, rolls, jumps and spins. Develop and use counter weight balances.	<b>Outdoor learning (inc. orienteering)</b> (Class Teacher) To be able to read O.S maps confidently. To use these skills to go off site into an unfamiliar area.	<b>Table Tennis</b> (Mr Youson) To develop their hand eye co-ordination skills. To add a range of shots for attacking and defending – top spin and backspin.	<b>Rounders</b> (Class Teacher) To further develop control when throwing and hitting and to develop strategic play and an understanding of the differing roles within the game.	<b>American Football</b> (Mr Youson)	<b>Athletics</b> (Class Teacher) Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.	<b>Cricket</b> (Mr Youson) To learn a range of attacking and defending cricket shots. To understand fielding techniques and positioning to develop game of pairs cricket.	<b>Dance</b> (Mrs Cooke) Thursday AM
Year 5	<b>Disc Sports</b> (Mr Youson) To develop their throwing and catching skills. To be able to throw the disc both forehand and backhand	<b>Dance</b> (Mrs Cooke) Wednesday AM	<b>Hockey</b> (Mr Youson) To be able to dribble using simple techniques. To be able to show various passing techniques.	<b>Boxercise</b> (Class Teacher)	<b>Badminton</b> (Mr Youson) Create routines that has a range of balances, rolls, jumps and spins. Develop and use counter weight balances.	<b>Gymnastics</b> (Class Teacher) Create routines that has a range of balances, rolls, jumps and spins. Develop and use counter weight balances.	<b>Table Tennis</b> (Mr Youson) To develop their hand eye co-ordination skills. To learn to serve in two different ways and to maintain a rally within the game.	<b>Outdoor learning</b> (Class Teacher) Develop problem solving skills through a range of challenges. Work individually, as a pair and in groups to solve problems. Reflect and improve on strategies to consider the efficiency of problem solving strategies.	<b>American Football</b> (Mr Youson)	<b>Dance</b> (Mrs Cooke) Wednesday AM	<b>Cricket</b> (Mr Youson) To be able to bowl with a run up. To learn how to play pairs cricket.	<b>Athletics</b> (Class Teacher) Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.
Year 4	<b>Tennis</b> (Mr Youson) Understand the principles of net and wall games. Develop racquet control and hitting. Understand the different strokes and techniques used to develop these. Develop strategic thinking within the game.	<b>Outdoor learning (inc. orienteering)</b> (Class Teacher) To read simple maps and simple symbols.	<b>Tag Rugby</b> (Mr Youson) To be able to play a game of tag rugby correctly showing both attacking and defending skills. To be able to pass in both directions.	<b>Dance</b> (Mrs Cooke) Thursday AM	<b>Dodgeball</b> (Mr Youson) To throw and catch with control. To play different variations of dodgeball to show attacking and defending tactics.	<b>Swimming</b> (Class Teacher) Work towards the national curriculum expectations for swimming – developing a range of strokes confidently and the ability to perform self-rescue in water.	<b>Magnificent 7</b> (Mr Youson) To develop a range of skills - e.g. Jumping, running, throwing, catching, balance To record scores each week to show improvement. To take part in competition at end of the term	<b>Swimming</b> (Class Teacher) Work towards the national curriculum expectations for swimming – developing a range of strokes confidently and the ability to perform self-rescue in water.	<b>Rounders</b> (Mr Youson) To be able to bowl with more control and direction. To be able to hit the ball with more control.	<b>Fitness</b> (Class Teacher)	<b>Athletics</b> (Mr Youson) Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.	<b>Gymnastics</b> (Class Teacher) Develop their range of jumps, movements and spins. Create paired routines – follow the leader and mirror mirror.
Year 3	<b>Tennis</b> (Mr Youson) Understand the principles of net and wall games. Develop racquet control and hitting.	<b>Outdoor learning</b> (Class Teacher) Develop problem solving skills through a range of challenges. Work individually, as a pair and in groups to solve problems.	<b>Tag Rugby</b> (Mr Youson) To be able to play a simplified version of tag rugby. Start to learn the correct movements and understand attacking and defending.	<b>Dance</b> (Mrs Cooke) Wednesday AM	<b>Dodgeball</b> (Mr Youson) To throw and catch with control. To play different variations of dodgeball to show attacking and defending tactics.	<b>Gymnastics</b> (Class Teacher) Develop their range of jumps, movements and spins. Create paired routines – follow the leader and mirror mirror.	<b>Magnificent 7</b> (Mr Youson) To develop a range of skills - e.g. Jumping, running, throwing, catching, balance To record scores each week to show improvement. To take part in competition at end of the term	<b>Cricket</b> (Class Teacher) Learn how to bowl correctly. To develop their throwing and catching skills.	<b>Rounders</b> (Mr Youson) To be able to bowl with more control and direction. To be able to hit the ball with more control.	<b>Fitness</b> (Class Teacher)	<b>Athletics</b> (Mr Youson) Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.	<b>Netball</b> (Class Teacher)
Year 2	<b>Basic Skills</b> (Mr Youson) To develop basic movements such as throwing, running, jumping at catching.	<b>Outdoor learning (inc. orienteering)</b> (Class Teacher) To read simple maps and simple symbols.	<b>Tag Rugby</b> (Mr Youson) Develop their throwing and catching skills learnt in previous topic. To play in a team game.	<b>Fitness</b> (Class Teacher) To understand that exercise keeps our body healthy. Perform more complex exercise showing balance, agility and co-ordination.	<b>Basketball</b> (Mr Youson) To dribble, throw and catch with control. To throw with purpose by learning how to shoot the the ball To play in a team game.	<b>Dance</b> (Mrs Cooke) Thursday AM	<b>Football</b> (Mr Youson) To develop their passing and dribbling. To start to understand movement and to use this in a simple game.	<b>Gymnastics</b> (Class Teacher) To develop and add to previously taught rolls and balances. To put these into simple routines.	<b>T-Ball</b> (Mr Youson) To be able to hit the ball from a tee with control. To stop and throw the ball with control.	<b>Athletics</b> (Class Teacher) Develop their technique, strength and control through different athletic events.	<b>Tennis</b> (Mr Youson) Further develop gross and fine motor skills needed to hit a ball, with increasing accuracy, using a racquet. Control the direction and power of the ball.	<b>Multisport</b> (Class Teacher) Begin to remember and repeat simple skills and actions with increasing control, showing agility, balance and coordination.
Year 1	<b>Basic Skills</b> (Mr Youson) Start to use basic movements such as throwing, running, jumping at catching.	<b>Team Building</b> (Class Teacher) Develop teamwork skills in various groups to communicate and problem solve.	<b>Tag Rugby</b> (Mr Youson) Develop their throwing and catching skills learnt in previous topic. To play in a team game.	<b>Fitness</b> (Class Teacher) To understand that exercise keeps our body healthy. Perform simple exercises.	<b>Basketball</b> (Mr Youson) To dribble, throw and catch with control.	<b>Dance</b> (Mrs Cooke) Thursday AM	<b>Football</b> (Mr Youson) Pass and dribble a ball using their feet.	<b>Gymnastics</b> (Class Teacher) To learn how to perform a number of rolls and balances. To put these into simple routines.	<b>T-Ball</b> (Mr Youson) Learn to hit the ball from a tee using a flat bat. To stop and throw the ball with control.	<b>Athletics</b> (Class Teacher) Develop their technique, strength and control through different athletic events.	<b>Tennis</b> (Mr Youson) Develop gross and fine motor skills needed to hit a ball, with increasing accuracy, using a racquet.	<b>Multisport</b> (Class Teacher) To develop movement and sending and receiving skills. To apply these skills into simple games.

	Games (Invasion)		Dance		Fitness
	Games (Net/Wall)		Outdoor/Adventurous Activities		Misc.
	Games (Striking & Fielding)		Athletics		
	Gymnastics		Swimming/Water safety		