

	Autumn				Spring				Summer			
	1		2		1		2		1		2	
	PPA	Additional	PPA	Additional	PPA	Additional	PPA	Additional	PPA	Additional	PPA	Additional
Year 6	Disc Sports (Mr Youson) To develop their throwing and catching skills. To be able to throw the disc both forehand and backhand.	Dance (Mrs Cooke) Thursday AM	Hockey (Mr Youson) To be able to dribble showing control using various techniques. To develop, adapt and perform the skills of dribbling, tackling and passing.	Boxercise (Class Teacher)	Badminton (Mr Youson)	Gymnastics (Class Teacher) Create routines that has a range of balances, rolls, jumps and spins. Develop and use counter weight balances.	Table Tennis (Mr Youson) To develop their hand eye co-ordination skills. To add a range of shots for attacking and defending – top spin and backspin.	Outdoor learning (inc. orienteering) (Class Teacher) To be able to read O.S maps confidently. To use these skills to go off site into an unfamiliar area.	American Football (Mr Youson)	Dance (Mrs Cooke) Thursday AM	Cricket (Mr Youson) To learn a range of attacking and defending cricket shots. To understand fielding techniques and positioning to develop game of pairs cricket.	Athletics (Class Teacher) Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.
Year 5	Disc Sports (Mr Youson) To develop their throwing and catching skills. To be able to throw the disc both forehand and backhand	Dance (Mrs Cooke) Thursday AM	Hockey (Mr Youson) To be able to dribble using simple techniques. To be able to show various passing techniques.	Boxercise (Class Teacher)	Badminton (Mr Youson)	Gymnastics (Class Teacher) Create routines that has a range of balances, rolls, jumps and spins. Develop and use counter weight balances.	Table Tennis (Mr Youson) To develop their hand eye co-ordination skills. To learn to serve in two different ways and to maintain a rally within the game.	Outdoor learning (inc. orienteering) (Class Teacher) To be able to read O.S maps confidently. To use these skills to go off site into an unfamiliar area.	American Football (Mr Youson)	Dance (Mrs Cooke) Thursday AM	Cricket (Mr Youson) To be able to bowl with a run up. To learn how to play pairs cricket.	Athletics (Class Teacher) Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.
Year 4	Tennis (Mr Youson)	Outdoor learning (inc. orienteering) To use and read a map within familiar surroundings.	Tag Rugby (Mr Youson) To be able to play a game of tag rugby correctly showing both attacking and defending skills. To be able to pass in both directions.	Dance (Mrs Cooke) Thursday AM	Dodgeball (Mr Youson) To throw and catch with control. To play different variations of dodgeball to show attacking and defending tactics.	Swimming (Class Teacher)	Magnificent 7 (Mr Youson) To develop a range of skills - e.g. Jumping, running, throwing, catching, balance To record scores each week to show improvement. To take part in competition at end of the term	Swimming (Class Teacher)	Rounders (Mr Youson) To be able to bowl with more control and direction. To be able to hit the ball with more control.	Fitness (Class Teacher)	Athletics (Mr Youson) Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.	Gymnastics (Class Teacher) Develop their range of jumps, movements and spins. Create paired routines – follow the leader and mirror mirror.
Year 3	Tennis (Mr Youson)	Outdoor learning (inc. orienteering) To use and read a map within familiar surroundings.	Tag Rugby (Mr Youson) To be able to play a simplified version of tag rugby. Start to learn the correct movements and understand attacking and defending.	Dance (Mrs Cooke) Thursday AM	Dodgeball (Mr Youson) To throw and catch with control. To play different variations of dodgeball to show attacking and defending tactics.	Gymnastics (Class Teacher) Develop their range of jumps, movements and spins. Create paired routines – follow the leader and mirror mirror.	Magnificent 7 (Mr Youson) To develop a range of skills - e.g. Jumping, running, throwing, catching, balance To record scores each week to show improvement. To take part in competition at end of the term	Cricket (Class Teacher) Learn how to bowl correctly. To develop their throwing and catching skills.	Rounders (Mr Youson) To be able to bowl with more control and direction. To be able to hit the ball with more control.	Fitness (Class Teacher)	Athletics (Mr Youson) Develop their technique, strength and control through different athletic events. To use UKA awards scheme to record and improve results.	Netball (Class Teacher)
Year 2	Basic Skills (Mr Youson) To develop basic movements such as throwing, running, jumping at catching.	Outdoor learning (inc. orienteering) To read simple maps and simple symbols.	Tag Rugby (Mr Youson) Develop their throwing and catching skills learnt in previous topic. To play in a team game.	Fitness (Class Teacher) To understand that exercise keeps our body healthy. Perform more complex exercise showing balance, agility and co-ordination.	Basketball (Mr Youson) To dribble, throw and catch with control. To throw with purpose by learning how to shoot the ball To play in a team game.	Dance (Mrs Cooke) Thursday AM	Football (Mr Youson) To develop their passing and dribbling. To start to understand movement and to use this in a simple game.	Gymnastics (Class Teacher) To develop and add to previously taught rolls and balances. To put these into simple routines.	T-Ball (Mr Youson) To be able to hit the ball from a tee with control. To stop and throw the ball with control.	Athletics (Class Teacher) Develop their technique, strength and control through different athletic events.	Tennis (Mr Youson)	Multisport (Class Teacher) Begin to remember and repeat simple skills and actions with increasing control, showing agility, balance and coordination.
Year 1	Basic Skills (Mr Youson) Start to use basic movements such as throwing, running, jumping at catching.	Outdoor learning (inc. orienteering) To read simple maps and simple symbols.	Tag Rugby (Mr Youson) Develop their throwing and catching skills learnt in previous topic. To play in a team game.	Fitness (Class Teacher) To understand that exercise keeps our body healthy. Perform simple exercises.	Basketball (Mr Youson) To dribble, throw and catch with control.	Dance (Mrs Cooke) Thursday AM	Football (Mr Youson) Pass and dribble a ball using their feet.	Gymnastics (Class Teacher) To learn how to perform a number of rolls and balances. To put these into simple routines.	T-Ball (Mr Youson) Learn to hit the ball from a tee using a flat bat. To stop and throw the ball with control.	Athletics (Class Teacher) Develop their technique, strength and control through different athletic events.	Tennis (Mr Youson)	Multisport (Class Teacher) To develop movement and sending and receiving skills. To apply these skills into simple games.

	Games (Invasion)		Dance		Fitness
	Games (Net/Wall)		Outdoor/Adventurous Activities		Misc.
	Games (Striking & Fielding)		Athletics		
	Gymnastics		Swimming/Water safety		