

The background features a series of overlapping geometric shapes, primarily triangles and quadrilaterals, in three colors: light blue, bright yellow, and dark blue. These shapes are arranged in a way that creates a sense of depth and movement, with some shapes appearing to be layered on top of others. The overall composition is modern and clean.

# Staying safe online

# Staying safe online



'Live, Love, Learn'  
"I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you."  
Psalm 32:8



# What do you use the internet for?

'Live, Love, Learn'

"I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you."

Psalm 32:8



AI tools aren't yet **regulated**, leading to unchecked developments without **accountability**.

AI chat bots can be unreliable and have the potential to spread misinformation which can lead to **serious harm**.

Additionally, generative AI tools for voice, image and video can be used by anyone to create whatever they want without **consequence**.

'Live, Love, Learn'  
"I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you."  
Psalm 32:8



“Bullying is both behaviour and impact; the **impact** is on a person’s capacity to feel in control of themselves. This is what we term as their sense of ‘agency’.

Bullying takes place in the context of **relationships**; it is behaviour that can make people feel **hurt**, **threatened** and left out. This behaviour happens **face to face** and **online.**”

‘Live, Love, Learn’

“I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you.”

Psalms 32:8



# Bystander Upstander

## What is the difference?

'Live, Love, Learn'

"I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you."

Psalms 32:8

what are other  
words for  
bystander?



observer, onlooker, watcher,  
spectator, witness, viewer,  
eyewitness, looker-on, beholder,  
passerby



'Live, Love, Learn'  
"I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you."  
Psalm 32:8

# UPSTANDER

A PERSON WHO SPEAKS OR ACTS  
IN SUPPORT OF AN INDIVIDUAL  
OR CAUSE, **PARTICULARLY**  
SOMEONE WHO INTERVENES ON  
BEHALF OF A PERSON BEING  
**ATTACKED OR BULLIED.**

'Live, Love, Learn'

"I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you."

Psalm 32:8



# Bystander or Upstander?

Ade posts a derogatory picture of Tom on Instagram. Lots of people like the picture and are posting mean comments underneath it. Sami sees this and reports it to Instagram.

'Live, Love, Learn'  
"I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you."  
Psalm 32:8

# Bystander or Upstander?

Simrin is hanging out with his friends after school and they start sending horrible WhatsApp messages to one of his classmates. Simrin doesn't feel comfortable, but he doesn't say anything

'Live, Love, Learn'  
"I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you."  
Psalm 32:8

# What would you do?

Evie has been experiencing bullying at school.

She has recently found out that someone has created a fake Facebook profile of her and they have started posting some offensive photos of her and started spreading rumours. It is making Evie feel rubbish.

'Live, Love, Learn'

"I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you."

Psalms 32:8

# STOP

- Take time out before getting involved, and don't share or like negative comments
- Try and get an overview of what's really going on
- Check the community guidelines for the site you're on



# **SPEAK**

- Ask an adult or friend that you can trust for advice
- Use the report button on the social platform it's happening on
- Speak to one of the charities set up to help with situations like this, such as Childline



# SUPPORT

- Give the person being bullied a supportive message to let them know they're not alone
- Encourage them to talk to someone they can trust
- Give the person being bullied a positive distraction from the situation

