

Edward Peake C of E (VC) School

Headteacher: Z J Linington

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18th March 2025

RE: RSE and health education at Edward Peake CofE School

Dear Parents/Carers,

As a part of your child's education at Edward Peake, we promote personal wellbeing and development through a comprehensive Life Skills education programme. Life Skills gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potential.

Next term, we will be looking at the Relationships and Sex Education (RSE) part of the Life Skills coverage in school. This is in line with the government statutory guidance that schools provide age appropriate Relationships and Sex Education (RSE) to all pupils.

Government guidelines outline that, from the age of 11, it is compulsory for all schools to provide a Relationships, Sex and Health Education Curriculum. At our school, we believe that it is important to provide our pupils with a thorough and balanced curriculum, including age-appropriate information about sex and relationships.

The details of what will be taught to each year group is detailed below:

Year 6	Growing & Changing Puberty & Reproduction How to manage change – new roles and responsibilities as you grow up How to manage the physical and emotional changes that happen during puberty Hygiene routines during puberty Adult relationships and the human life cycle Human reproduction; how a baby is made and how it grows
Year 7	Health and puberty Healthy routines (including eating breakfast, lunch and dental health) Influences on health Puberty Unwanted contact Female genital mutilation (FGM) Weight and body image
Year 8	Identity and relationships Gender identity Sexual orientation Consent Sexting An introduction to contraception
Year 9	Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography

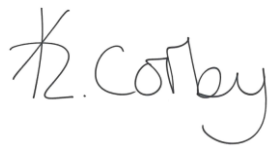


Though schools must provide RSE and health education for pupils from the age of 11, up until the age of 19, only aspects of the science National Curriculum are compulsory for pupils to learn. Therefore, as parents, you are entitled to request that your child be removed from sex education lessons up to and until three terms before they turn 16 years old. After that point, if your child wishes to receive sex education, the school will make arrangements to provide them with sex education during one of those terms.

Requests for withdrawal should be submitted using the form overleaf to myself and Miss Linington who will discuss this with you and your child's Life Skills teacher, and determine an appropriate substitute for these lessons. In most instances, pupils will be provided with self-directed exercises which they can complete under the supervision of another teacher.

If you have any concerns or queries about your child's participation in these lessons, please do not hesitate to contact either myself or your child's Life Skills teacher to discuss these.

Yours sincerely,



Mrs K Corby

Life Skills Subject Leader

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TO BE COMPLETED BY PARENTS

Name of child		Class	
Name of parent		Date	
Reason for withdrawing from sex education within relationships and sex education			
Any other information you would like the school to consider			
Parent signature			

TO BE COMPLETED BY THE SCHOOL

Agreed actions from discussion with parents	



