



ASSEMBLIES

SAFEGUARDING-ONLINE SAFETY AND SOCIAL MEDIA

NOVEMBER 2023



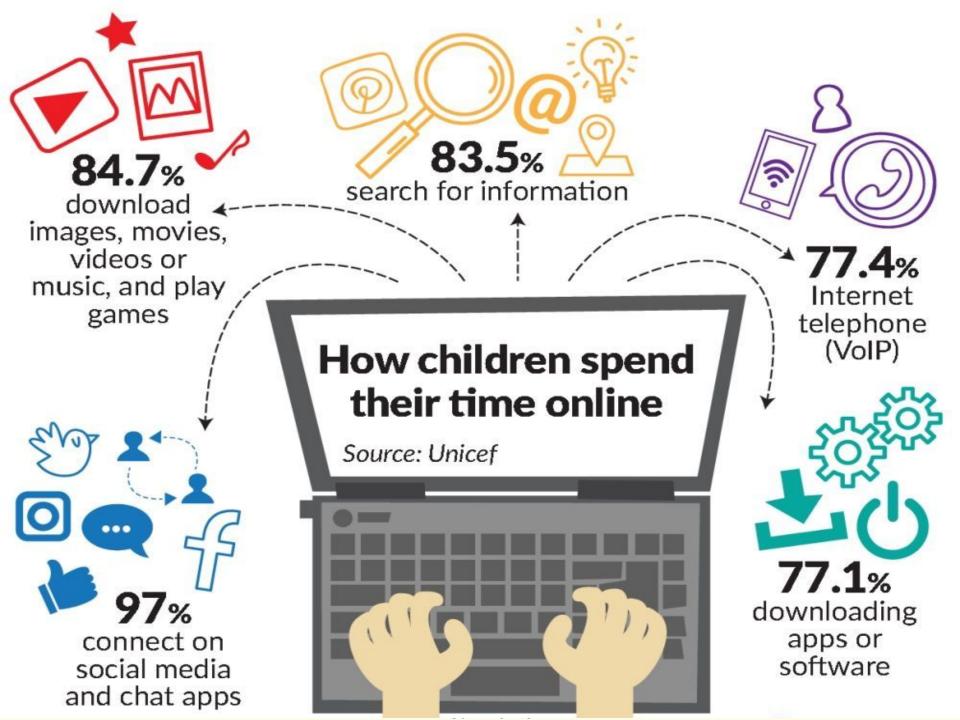




SCHOOL IS A SAFE PLACE

B.C.U.S. BIGGLESWADE COMMUNITY UNION OF SCHOOLS





stay safe online

Remember the 5 SMART rules when using the internet and mobile phones.

SPEC⁸ Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.

COECO⁸ Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. 11

CCCPUIDG: Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

RELIABLES Information you find on the internet may not be true, or someone online may be lying about who they are. Make sure you check information before you believe it.

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TELL8 Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

ONLINE SUPPORT









ANONMOUS QUEST?ON APPS: WHAT NEED TO YOU EED KNOW



YOUR SMARTPHONE E SMAKTER ΤΗΔΝ YOU THINK Com

















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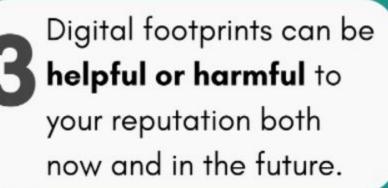






THINGS TO KNOW ABOUT DIGITAL FOOTPRINTS

When you search and interact online, a **trail of info** is left behind. 2 Elements of your digital footprints can be searched or shared.



Once online, things can exist **forever** (even if deleted).



Personal information or opinions sent to one person can be **shared** with a larger audience.

Googling yourself can be a worthwhile exercise. Old or inactive accounts should be **disabled or deleted.**

Keep personal details private and control the **privacy settings** on your accounts. **10** Be mindful of the digital footprints of **others** (e.g. Ask before tagging photos).



'Live, Love, Learn' "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you." ESWADE COMMUNITY **Psalm 32:8**

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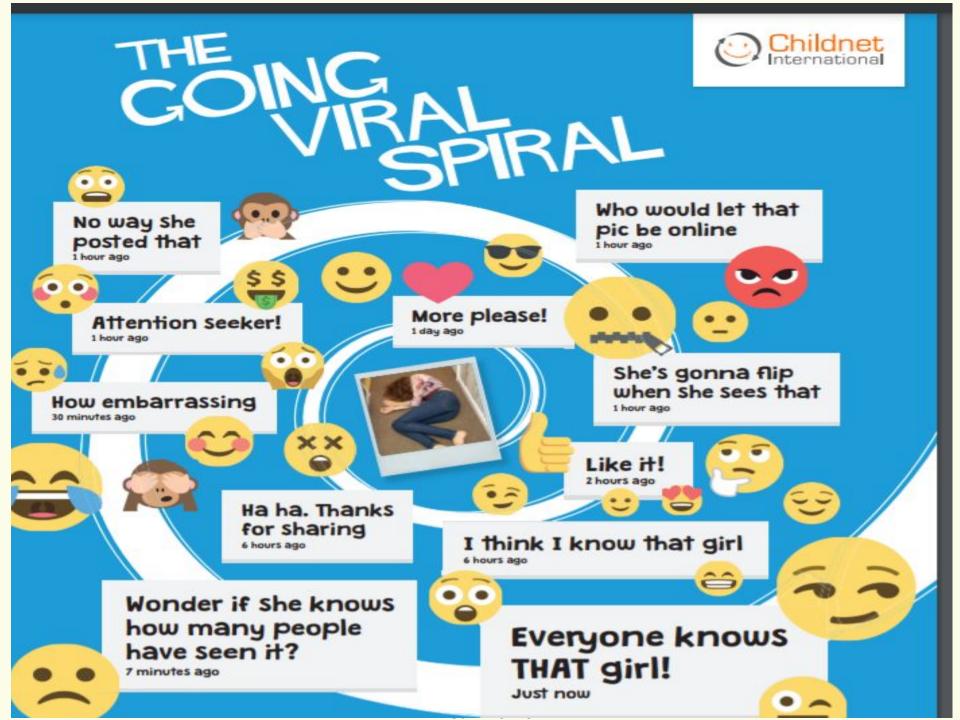
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Remember: Being pressured to send pics or vids when you don't want to is never okay.

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Always talk to a trusted adult if this is affecting you







On social media think about... ...what you share, ...who you share it with, ...who might see it in the future, ...how it makes you and others feel, ...what impression it gives.





Who am I really chatting to online?







'Perfect' Social Lives?



Always think critically about what you see online

People can choose what they share about their lives online, so don't believe everything you see!











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https://www.thinkuknow.co.uk/



ANTI-BULLYING ALLIANCE

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