

EDWARD PEAKE MAY NEWSLETTER THE PEAKE POST

'LIVE, LOVE, LEARN'

"I WILL INSTRUCT YOU AND TEACH YOU IN THE WAY YOU SHOULD GO;
I WILL COUNSEL YOU WITH MY LOVING EYE ON YOU."

PSALM 32:8

Key Dates

Monday 3 June	Pupils return to school
Monday 3 – 7 June	Year 5 Blue Space Project
Tuesday 11 June	Year 6 Wild Science
Friday 14 June	Botanical Gardens 6TH & 6HK
Monday 17 June	Botanical Gardens 6AB, 6KD & 6SC
Tuesday 18 June	Year 7 Midsummer Night's Dream
Monday 24 June	Geography fieldwork 8NH & 8AC
Wednesday 26 June	Geography fieldwork 8CC & 8LW
Monday 1 – 5 July	Energetic Edward Peake Week
Monday 1 July	KS2 Rounders festival (Pupils only)
Wednesday 3 July	Sports for All Day (Pupils only)
Thursday 4 July	KS3 Rounders festival (Pupils only)
Friday 5 July	Fun Run (Parents will be invited)
Wednesday 10 July	Values Day
Thursday 11 July	Transition Day
Friday 12 July	Peake Fest
Wednesday 17 July	Summer Concert
Friday 19 July	Term Ends


Staff News


At the end of term, it is always with mixed emotions that we say "Goodbye and thank you" to some of our staff as they move on and "Welcome" or "Congratulations" to others as they join us or are promoted to new posts.

Hello and welcome back to:


Mr A Carter

Term Dates 2023 - 2024

School Holiday 

Bank Holiday 

Pupil Day 

Training Day 

September 2023					October 2023					November 2023					December 2023									
Mon		4	11	18	25	Mon		2	9	16	23	30	Mon		6	13	20	27	Mon		4	11	18	25
Tue		5	12	19	26	Tue		3	10	17	24	31	Tue		7	14	21	28	Tue		5	12	19	26
Wed		6	13	20	27	Wed		4	11	18	25	Wed	1	8	15	22	29	Wed		6	13	20	27	
Thu		7	14	21	29	Thu		5	12	19	26	Thu	2	9	16	23	30	Thu		7	14	21	28	
Fri	1	8	15	22	29	Fri		6	13	20	27	Fri	3	10	17	24	Fri	1	8	15	22	29		
Sat	2	9	16	23	30	Sat		7	14	21	28	Sat	4	11	18	25	Sat	2	9	16	23	30		
Sun	3	10	17	24		Sun	1	8	15	22	29	Sun	5	12	19	26	Sun	3	10	17	24	31		


January 2024					February 2024					March 2024					April 2024							
Mon	1	8	15	22	29	Mon		5	12	19	26	Mon	4	11	18	25	Mon	1	8	15	22	29
Tue	2	9	16	23	30	Tue		6	13	20	27	Tue	5	12	19	26	Tue	2	9	16	23	30
Wed	3	10	17	24	31	Wed		7	14	21	28	Wed	6	13	20	27	Wed	3	10	17	24	
Thu	4	11	18	25		Thu	1	8	15	22	29	Thu	7	14	21	28	Thu	4	11	18	25	
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Sat	6	13	20	27		Sat	3	10	17	24		Sat	2	9	16	23	30	Sat	6	13	20	27
Sun	7	14	21	28		Sun	4	11	18	25		Sun	3	10	17	24	31	Sun	7	14	21	28


May 2024					June 2024					July 2024					August 2024								
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ARRIVING ON TIME

Parents are reminded that pupils need to arrive at school between 8:30am and 8:40am every day.

DROP OFF & PICK UP

Parents are reminded that access to the school site at the beginning or the end of day is extremely limited. If you feel that there are special circumstances that mean you need to come on site at the beginning or the end of the day, please email info@edwardpeake.beds.sch.uk. This will then be reviewed within three days.

PARKING OFF SITE

As there is extremely limited parking on site, you will need to park your car on public roads when dropping off or collecting your child. Please remember to always park safely and considerately.

SCOOTERS & BIKES

We have a large number of pupils that bike and scoot to school and many of these items are the same brand and colour. Please ensure that you name these items so that in the event that they are mixed up we can reunite them with their owners.



Year 8 French trip 2025



In 2025, our current year 7 cohort (once they are in year 8) have an exciting French residential experience to Le Chateau de Warsy, an educational language and activity centre. The centre is situated at the focal point of a small hamlet in Picardy (less than an hour from Paris).

The trip will be the week commencing **24 - 28 March 2025** and will include a range of daytime excursions including a visit to a supermarket, a French bakery, a goat farm and a chocolate factory.

We will also be including a one-day excursion to Ypres, Belgium to learn about WWI and complete an act of remembrance. The children will take part in fun and exciting evening entertainments including team games and a quiz night. A letter will be coming out next term with the details.

Year 7 Shropshire trip 2025

An educational residential visit for the current Year 6 cohort (once they are in year 7) is being organised and a provisional booking has been made with the Manor Adventure Centre for the week commencing **10-14 February 2025**.

The aim is to provide an opportunity for the children to experience fun new exciting activities and to further develop their own personal and social skills, as an individual and as a whole year group



The week includes 4 activity days and 4 nights. Activities are likely to include high ropes, zip wire, archery, hill walking in the scenic Long Mynd hills and many more .

If you would like to see more about the type of activities your child might be doing please visit the Manor Adventure website.

<https://www.manoradventure.com/culmington-manor.php>

To view the letter and sign up click the following link: <https://shorturl.at/cqvxJ>.

STAFF & PUPIL ACHIEVEMENTS

Message from the PE department: If parents have any old football boots that they no longer need could we ask that you please donate them to the school in order to help our families in need.

POLLY TEMBEY

Through Emily Thornton School of Dance, Polly was involved in a dance competition. Momentum Dance Events held the competition at Stratton Upper School, so nice and local! The Emily Thornton "Elite" dance group entered 6 dances and came away with 2 first place trophies. Polly herself entered the Junior Contemporary Solo category and won 1st place!!



CASSIE AND HOLLIE FARNDALL

Cassie and Hollie had a fantastic weekend at their cheer competition in Amsterdam. Cassie's team came first in their division and Hollie's team came second in theirs. They are both incredibly proud doing so well at their first international competition, as was Mia, cheering them on!



LET US KNOW!

We are always delighted to hear of our pupils' achievements outside of school. Please email info@edwardpeake.beds.sch.uk with any news you would like to update us on.

VALUES WINNER

Here at Edward Peake, we highlight a different value each month. Pupils and staff are nominated to receive an award for living the value of the month. In May, our value was **Perseverance**.

Year 5 G. Rudling - He has shown a great attitude to work in class, always tries to complete his work without support and always perseveres in all aspects of school life.

Year 6 M. Bass - He is always keeps going even when he is struggling to understand what he is doing, and he always does it with a smile on his face.

Year 7 M. Allen - Has such a positive attitude that whatever it is she is doing, she will not give up until it's completed to her high standards.

Year 8 D. Crossman - His perseverance shines through every day with his positive attitude towards everyone around him and his studies. He never gives up, and I know will never give up on his dreams for the future. Well done.

Staff - Mr Dell

Congratulations to all of our values winners!

EVENTS

BLETCHLEY PARK

Pupils had a guided tour looking at how maths and coding have developed over the years. They watched hi-tech films, experienced interactive display and visited the recreated World War 2 rooms. The day guided pupils on a journey to discover Bletchley Park's past and how brilliant minds and complex machines had a global impact on the outcome of World War 2.



SATS

Massive well done to all our Year 6 pupils during SATS week; they were all amazing and took it in their stride. They enjoyed a well-deserved afternoon of fun and games as a treat on Friday.

Thank you to all our staff and parent helpers.

THE LOCAL OFFER

This Local Offer sets out in one place what support and services are available for Children and Young People with Special Educational Needs and Disabilities (SEND).

The information will include how to access services and organisations for Children and Young People with SEND from birth to 25 years.

Our Local Offer has been designed and developed by a range of professionals from both Children's and Adult services including:

Education
Health
Social Care
SNAP Parent Carer Forum (PCF)
Voluntary and community groups

The Local Offer will include information on services that are available to support children and young people with Special Educational Needs and/or Disabilities (SEND) from birth to 25.

<https://localoffer.centralbedfordshire.gov.uk/kb5/centralbedfordshire/directory/about.page>



Central Bedfordshire SEND Local Offer

SAFEGUARDING

If you think a child you know is being harmed or at risk of being harmed, **please contact the Access and Referral Hub on 0300 300 8585**, who you can talk to about your concerns.

They will give you advice or may investigate the circumstances. All child protection calls are treated in confidence and you don't need to give your details.

Everyone has a responsibility to protect children from harm.

Out of hours: 0300 300 8123

Email: cs.accessandreferral@centralbedfordshire.gov.uk

Further support agencies can be found on our school website under the parents and pupil support section.

Welcome

Welcome to our third careers newsletter which this month features a focus on careers in construction.

Please do share this newsletter with your child as they will find helpful resources and information throughout.

We also wanted to congratulate our Year 6 pupils who took their SATs this month and to wish good luck to all of those undertaking Key Stage 4 and 5 examinations in May and June.

Key Contacts

Whilst you can always talk to any member of staff regarding careers and careers provision at the school, it is useful to be aware of those people in school with specific responsibility for careers. We are a small but expanding team and you will see this list grow as we develop.

Careers leader: K Rodgers, Assistant Headteacher

Careers link governor: P Giles, Governor

Careers admin support: S Lee, Office manager

For specific information regarding curriculum areas and careers, please contact the relevant subject leader.

For careers specific information, advice, support or suggestions please email: careers@edwardpeake.beds.sch.uk

Get Involved

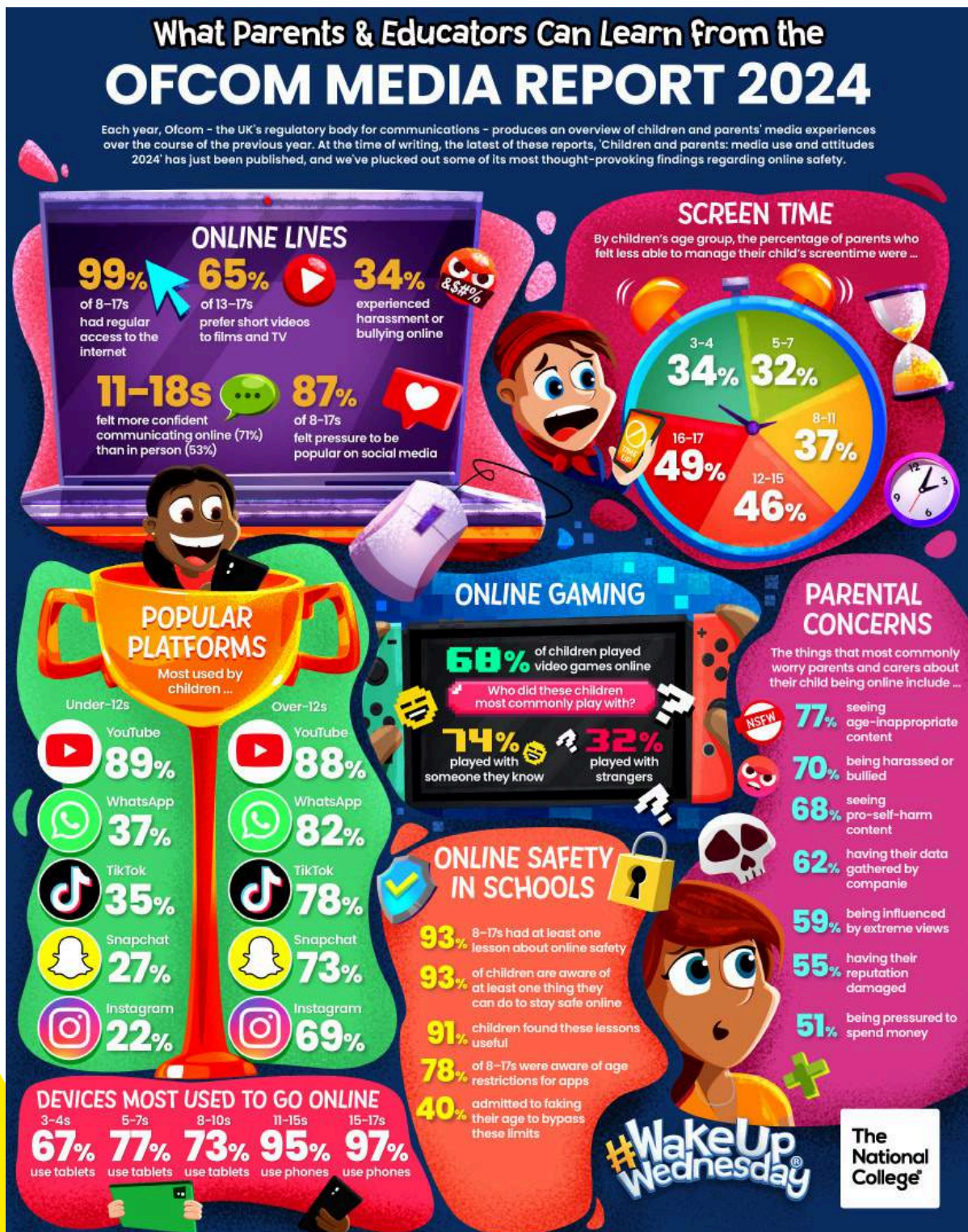
We are always looking for volunteers to come in and speak to pupils about their experience of work and how they chose the career they did. If you would like to offer some time to come and speak to or work with pupils in school please email the school via:

careers@edwardpeake.beds.sch.uk

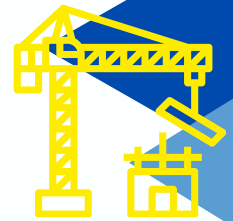
OFCOM MEDIA REPORT

In last month's newsletter we included a section on social media dos and don'ts. This month OFCOM published their findings into media use and attitudes. It combines the results of several surveys they've conducted regarding the activities and experiences of children when interacting with entertainment: from TV to video games to social media platforms

Contained in the report are numerous statistics relevant to children's online safety, with data covering a wide array of topics - such as young people experiencing harassment, their habits in online games and attitudes and parents' most common concerns. The National College have created an infographic of the key findings.



Industry Spotlight: Construction



Construction is an industry that often goes overlooked when it comes to career choices for you people but it shouldn't be. It can offer an unrivalled sense of accomplishment- the opportunity to look up and say, "I built that."

Construction offers a diverse range of jobs. Knowing the kind of role you want to do can help you know what skills and knowledge you will need.

The National Careers Service is an excellent starting point for this research:

<https://nationalcareers.service.gov.uk/job-categories/construction-and-trades>

Working in construction is diverse and rewarding. It uses some of the latest technology including nanotechnology and computer aided design. It's also not just about building houses.

Our developing infrastructure means that many components are made in factories and transported to the site.

Construction careers also focus on green technologies and sustainability to help protect our environment

Key skills required:

Adaptable	Problem solving
Attention to detail	Self motivated
Customer focused	Team player
Good communication skills	Negotiation and influencing skills

Construction is one of the fastest-growing industries in the UK, with a wide range of projects in progress across the country. From skyscrapers and residential buildings to large-scale infrastructure projects, the demand for skilled construction workers is higher than ever. With a strong work ethic and a willingness to learn, the sky's the limit for a career in construction.

There are many different routes into a career in construction. From college course, university degrees to apprenticeships and T-Levels, the options can be overwhelming. A useful resource to find out more and choose the path that is right for you, can be found here: <https://www.goconstruct.org/get-started-in-construction/>

Useful resources:

<https://www.bbc.co.uk/bitesize/groups/cnm3nrj16r3t>
<https://www.prospects.ac.uk/jobs-and-work-experience/job-sectors/property-and-construction>

Industry Spotlight

LABOUR MARKET INFORMATION

South East Midlands CAREERS HUB

CONSTRUCTION

AVERAGE ADVERTISED SALARY

£26,024

NUMBER OF PEOPLE EMPLOYED

40,000

EXPECTED GROWTH

1.6%



South East Midlands CAREERS HUB

CAREERS & ENTERPRISE COMPANY

CAREERS AT EDWARD PEAKE

Please take a look at the careers section of our school website where you will find a plethora of resources and information.

If there is any information that you feel would be of benefit to your or your child then please email careers@edwardpeake.beds.sch.uk so that we can make this available to you via our newsletter, email or our school website.

We are also developing the careers team at Edward Peake and through our newsletters we will be able to introduce our Careers Champions to you.

CAREERS CHAMPION SPOTLIGHT



Name: Peter Giles

Role in school: Governor

Education pathway: Secondary School (GCSE, A-Levels), University (Biochemistry), Naval College, University (Law), College (Teaching).

What did you want to be when you were younger?

I wanted to be a sailor in the Royal Navy, which I got to do and greatly enjoyed, but also kept me away from home a lot.

Did you have another job before working in school? I worked in the Navy, and for a couple of years in a law firm. Both were really interesting but not as fun as teaching.

Worst job you've ever had? I once had a temporary job portering (lifting and shifting stuff). We spent most of an afternoon moving a grand piano up 6 flights of stairs, when we got it to the top we were told it was the wrong one. Spent the next day getting it back down and the right one up. There was a lift, but it didn't have its safety certificate so we couldn't use it.

Best thing about your current job? Currently I lead the apprenticeship provision for a college, we work with different companies across the UK who are a range of different sizes. It's really interesting to see all the different things people do from working with cutting edge technology to using traditional building techniques. There is so much variety out there.

At a glance

Born: Hitchin

Worked at EP for: 2.5 years as a governor

Favourite food:

Curry

Favourite music:

Metal

Favourite Film:

2001: A Space

Odyssey

Favourite subject at school:

Science

10 Top Tips for Parents and Educators MANAGING EXAM STRESS

At some point in their education, children are almost certain to encounter exam stress, which can cast a shadow over their mental, emotional and physical wellbeing. Mental health charity YoungMinds estimate that a staggering 87% of pupils suffer from exam stress – highlighting the urgent need to minimise its impact on children's health and happiness.

1 PRACTISE WORKLOAD WISDOM

The build up to exam season is such a busy and pressurised time in a child's education that it can be difficult for youngsters to avoid feeling overwhelmed. Encourage them to consider whether their current workload is realistic and allows them sufficient time to relax and recharge. Work with them in crafting a revision timetable that's manageable and includes breaks and occasional days off.

2 ADVISE CLEARING THE CLUTTER

A disorganised work environment is proven to negatively affect our ability to focus, as well as our emotional state. Encourage children to keep their desk, notes and revision materials tidy – creating a dedicated, well-kept study space to promote maximum focus. Foster their creativity by suggesting they incorporate vibrant colours, mind maps and even quirky drawings into their revision notes.

3 MASTER THE MATERIALS TOGETHER

Revision seems far harder when a child is uncertain where to begin or what sources to consult. Support them in confirming revision materials with their various teachers – emphasising the importance of gathering a range of resources to get a more comprehensive understanding of the subject. Feeling more prepared should nurture the child's confidence and help to dispel some of their anxiety.

4 RECOMMEND CREATIVE NOTE-TAKING

Writing out notes in full – rather than simply bullet pointing – can be a strong start to a child's revision. Reinforce this idea, encouraging the use of flashcards (featuring shorter versions of previously taken notes) for effective repetition and memorisation. Discuss the power of regularly reviewing notes to help them stay in the child's memory.

5 USE VISUAL AIDS AND MNEMONICS

Encourage the use of visual aids like videos and sticky notes to enhance learning. Some children find these resources far more useful than simply reading their notes as written. Explore creating mnemonics for a fun and effective study approach – and it's also worth noting that the strategic use of colours is a proven means of triggering recall during exams.

SMILE

6 GATHER A 'TECH TOOLKIT'

Technology can be a huge advantage in exam prep. Educational YouTube channels and revision websites like BBC Bitesize can be immensely powerful resources for helping children to expand and retain their knowledge. You could also recommend the use of flashcard apps and educational podcasts for revision and reminders when young people are on the go.

7 KEEP IT FUN

Revision tends to go far more smoothly if children are having fun in the process. Injecting some humour into their notes, for instance, can make details more memorable – as can relating information to their real-life experiences. Try to encourage a variety of study methods, such as incorporating physical activity (even simply taking a walk) into their revision routine.

8 SUGGEST ACTIVE REVISION STRATEGIES

Make sure children are aware of different study techniques. You could emphasise the effectiveness of spaced repetition by reviewing material regularly over time to reinforce learning and improve retention. Discuss the benefits of active recall methods – such as self-testing or explaining a concept aloud – in identifying where their strengths and weaknesses lie.

9 ENCOURAGE A POSITIVE MINDSET

It can be easy for children's thoughts to fall into a downward spiral when they're stressed about exams. Try to foster a growth mindset by emphasising the importance of giving it their all rather than aiming for complete perfection. Positive self-talk and the use of affirmations can build confidence and reduce anxiety, while visualising success and setting realistic goals can help them stay motivated and focused.

10 HELP THEM TO SEIZE THE DAY

There are lots of things children can do on the day of their exam to reduce stress and increase their focus. Talk them through some helpful exam-day strategies – such as arriving early, reading the instructions and the questions carefully, and pacing themselves during the test. Suggest some relaxation techniques, such as deep breathing or visualisation, to help them manage any nerves before and during the exam.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at Peristone Grammar School.



The National College

THANK YOU

We hope you have enjoyed our newsletters #TeamPeake.

Check out our careers page to learn more about how we support our learners for the future



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Check out our curriculum pages to learn more about how we support our learners for the future



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twitter.com/@EdwardPeake

