

Edward Peake C of E (VC) Middle School



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Be bright, be seen.



As we have entered the darker winter months, it is imperative that your child is visible when travelling to and from school. This guide will offer some **quick** tips to **minimise** the risk of walking/ scooting/ cycling to and from school.

Pedestrians:

- Wear something **brightly coloured**.
- Wear something **reflective at night**.
- **Fluorescent armbands** can be worn over bags and coats.
- Keep on the **footpaths** on your journeys to and from school.
- **Be aware of your surroundings** - take earphones out before and whilst crossing the road.

Cyclists:

- Ensure your bike is equipped with **reflectors** at the front, rear and on your wheels.
- **White lights at the front and red lights at the rear of your bike**.
- **Reflective** tape and **flashing valve caps** are also a good idea.
- **Fluorescent bands** around ankles will make you more visible to road users.
- **Bright and reflective clothing is a must**.

