

July 2023

THE PEAKE

POST



CONTENTS

Message from the
Headteacher

Staff news

Farewell year 8

Big Draw

Parent and carer information

Exciting news

Plastic free schools

Eco Club

Trip review

Useful information

Music updates

School values

Photo review

Young leaders

Attendance

Reflection



Message from the HeadTeacher

After what has been an incredibly busy term, I would like to thank pupils, staff and parents/carers for their continued support in everything we do.

It is a privilege and honour to work with such a great community. This year has been incredibly successful and we have seen our pupils thrive in all areas of school life.

I take this opportunity to wish you all a restful and peaceful summer holiday.

Miss Z.J.Linington

LIVE LOVE LEARN #TEAMPEAKE

STAFF NEWS

At the end of term, it is always with mixed emotions that we say “goodbye and thank you” to some of our staff as they move on and “welcome” or “congratulations” to others as they join us or are promoted to new posts.

“Goodbye and thank you” to:

Mr Evans

Mr Lawson

Miss Peck

Mr Russell

Mr Watts

Miss Webb

Mr Wyatt

Welcome to:

Mrs Crook (Maths Teacher)

Mrs Drewett (MSA)

Mr Harris (Maths Subject Leader)

Mrs Harris (Medical Needs Coordinator)

Mr Horn (Premises Manager)

Mrs Mathews (TA)

Mrs Smith (TA)

Miss Robins (MSA)

Mrs Taylor (Cleaner)

FAREWELL

YEAR 8



***A special thank you to Mr Redding and the
year 8 form tutors for organising
the Year 8 Valediction
and Celebration Evening.***

BIG DRAW INFORMATION

Y5

Emily C

Y6

Ollie A

Y7

Megan C

Y8

Ruby U



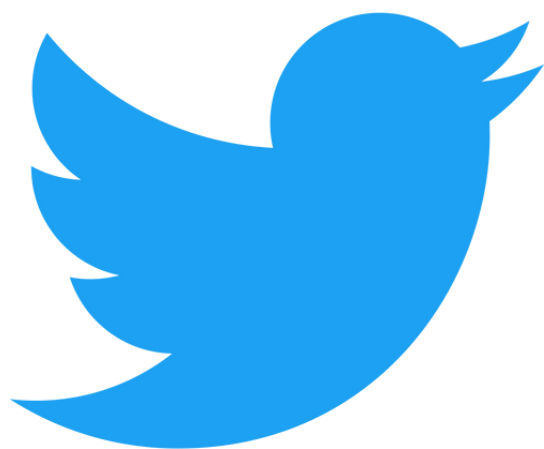
Information for parents/carers

Keeping in touch

Don't forget to check the school website for daily updates, latest news articles and upcoming event information. Twitter is our main social media channel. Thank you to all members of our community who are following our wonderful school.

Visit our school's Twitter page to see news items, photographs of our wonderful community and daily updates. We will be launching a new school Facebook page in September.

Follow us **@EdwardPeake**



Exciting News!

Edward Peake Middle School has successfully completed all of the five objectives for the Plastic Free Schools Award.

This is the second year running that we have achieved this award.

Congratulations to Mrs Burr and all of the pupils for achieving this award.



Plastic free schools

Plastic Free EP is held on Thursday lunchtime in D2 where we talk about how we can reduce plastic, specifically unnecessary single use plastic, at Edward Peake.

After achieving our Plastic Free Schools accreditation last year we are continuing on the expansion pack and focus on 5 objectives;

1. Setting our action plan for the year ahead.
2. Trash mob - a high energy litter pick plus analysing what companies are contributing to the litter.
3. Investigating single use plastics in school.
4. Protesting to remove unnecessary single use plastic.
5. Contacting MPs to show what we are doing and asking for their support to help reduce single use plastic.

This year we have focused on:

- Activities for Great Big Green Week & Plastic Free July.
- Switching single-use cups for reusable cups in the canteen.
- Trying to remove single-use plastic bottles to encourage students to use reusable bottles.
- Writing letters to 3 prominent MPs, the canteen and our headteacher Miss Linington.

For more information about Plastic Free Schools head to their website

<https://plasticfreeschools.org.uk/>

Charlie R Year 6

ECO CLUB

What a year we have had at Eco Club! Finishing touches are currently being made to our Eco Schools application but we are excited about announcing our results soon.

When gathering all of the information together it is a wonderful way to reflect on the year and what we have been able to achieve, not just at Eco Club but across the whole school; from Science and Geography lessons to the Year 8 Young Leaders Award and our Wellbeing and Values Day - all giving opportunities to learn about being more environmentally friendly and enjoying nature.

Here are some of the highlights from our year.

- Vast improvements within the school grounds, particularly our Prayer Garden had a revamp on a sunny Saturday morning in May with the help of parents and the local community.
- We also want to thank Woodland Trust in providing tree saplings, the rowan trees are growing well on our wiggly wall.



ECO CLUB

- Our new bottle greenhouse, with massive thanks to Mrs Ranger who got the frame constructed and delivered to school and Mr Duffy who, with the help of students on Values Day and Eco Club, have created sides and the door with repurposed plastic bottles.
- Dr Bike visiting to help maintain student bikes & Sustrans supporting us with scooter lights and raffle prizes for Walk to School Week.
- Improvements in recycling; including batteries and writing instruments.
- Reduction of single-use plastic in the canteen thanks to the work of students at Plastic Free EP, with assistance from Mrs Chatwin and obviously the wonderful kitchen staff.

Next year we are hoping to continue our wonderful Eco work at school but also do more within the local community and with families.

If you are interested in helping us become even more environmentally friendly or you would like to share any of your expertise please contact Mr Duffy and Mrs Burr through the school office.



KEW GARDENS



On 25 May 2023, Year 6 went to Kew Gardens as part of a school trip. Kew Gardens is a botanic garden in Southwest London. Whilst we were there we went to loads of greenhouses that had different types of biomes and plants in. We went to a desert biome and a rainforest biome. There were many other interesting places to see including the treetop walkway which Monte describes as “fun but really high and wobbly which

made it a bit scary.” He also explained that “all the gardens that we walked past were really cool as well as they were very tidy and had beautiful flowers in them.”

Elvin Smith said “The ‘Hive’ was one of my favourite places in Kew Gardens. It is made like a beehive with noise, lights and vibrations. It is an amazing place and I rate it 5 stars. You should go there, it is amazing!



Elvin’s other favourite place was the ‘Palm House’ and described it as “a greenhouse full of exotic plants.” However, he warned “make sure you bring water as it is very humid and moist.”

Emily said “I learnt lots about plants and that some of the greenhouses are very hot to preserve and keep the plants healthy, as this would be their habitat.”

USEFUL INFORMATION

Sticking to routine

Something that can help is keeping to your normal routine over the holiday period. Sticking to bedtimes, eating schedules and self-care routines can allow you to feel more in control.

Staying prepared

Before the holidays begin, taking time to plan ahead can help relieve some anxiety. Write reminders of what helps you cope and keep that with you. Even if you don't end up needing it, sometimes just knowing you have that is enough. Knowing what services are available can help too, we've listed some at the back of this booklet for you.

Taking time out

Stepping away to feel calm or manage your feelings is a good way to make things less overwhelming. If you can't take time out, think about something you can do afterwards (eg. I can't step away now, but later I could lay in bed and watch Netflix). It'll help to have something to look forward to, that's just for you.

Have a break from work/ stresses

If you have homework/studying to do over the holidays, it's important you relax too!

USEFUL INFORMATION

Mental Health Support

Reflect - Text support

- Just text 'Reflect' to 85258

<https://giveusashout.org/>

Childline

- 1-2-2 webchat
- Helpline 24/7: 0800 1111
- Message boards
- Email support within 24hrs
- Their website also has lots of information and support

<https://www.childline.org.uk/>

Samaritans

- Helpline 24/7: 116 123

<https://www.samaritans.org/>

USEFUL INFORMATION

*ChatHealth is a confidential text messaging service for 11-19 year olds in Bedfordshire, led by the School Nursing Service, offering emotional support and health advice – **TEXT: 07507 331450***

*Parentline is a confidential text messaging service for parents of 0-19 year olds in Bedfordshire, led by the Health Visiting & School Nursing Service, offering advice and support to parents and carers on a range of issues, including emotional health – **TEXT: 07507 331456***

*Bedfordshire Children's Community Health Services Health Hub: Advice is available from a duty Health Visitor or School Nurse – **Monday to Friday from 9.00 am to 5.00 pm on telephone 0300 555 0606***

MUSIC UPDATES

On Saturday 17th June, Edward Peake's steel band performed a short programme and workshop at Lilley Community Hall for the Caravan Club. It was a beautifully sunny afternoon and the children all did well showing the adults how to play. The Caravan Club made a generous donation of over £200 which will go towards new band T-shirts, music and specialist beaters for the pans.

New members will be welcome to join in September and the band's next performance will be at St Andrew's Fayre on 23 September 2023.



SCHOOL VALUES

Our recent Values Day was enjoyed by all and the children had the chance to explore the new values chosen by our whole school community. Workshops included Values lightsabers, painting values stones for the garden and circles artwork which will fit together to make a communal display in school. The choir were able to visit 3 different settings - Mantles Court, Parkland Place and Potton House to sing a variety of songs from the musicals.

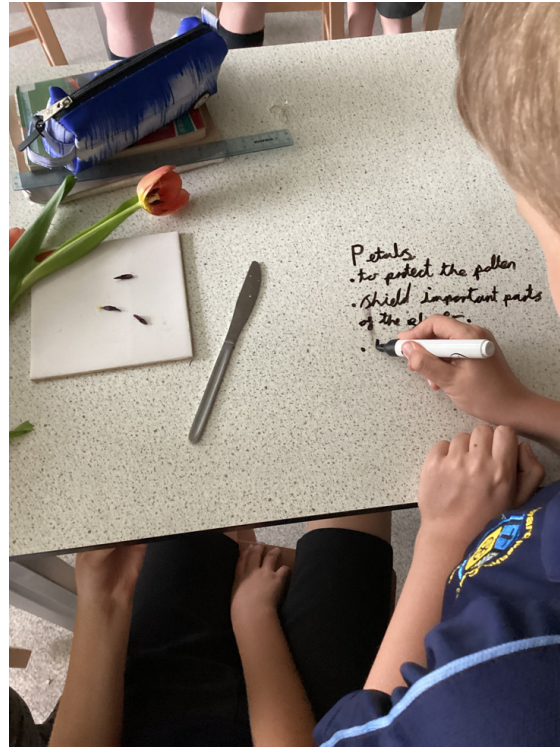
The Values for the next 2 years, chosen by parents, pupils, staff and governors will be:

	2023-24	2024-25		2023-24	2024-25
September	Courage	Friendship	February	Honesty	Empathy
October	Cooperation	Freedom	March	Resilience	Forgiveness
November	Respect	Integrity	May	Perseverance	Determination
December	Compassion	Kindness	June	Tolerance	Love
January	Responsibility	Trust	July	Dedication	Aspiration

SCHOOL PHOTOS



SCHOOL PHOTOS



YOUNG LEADERS

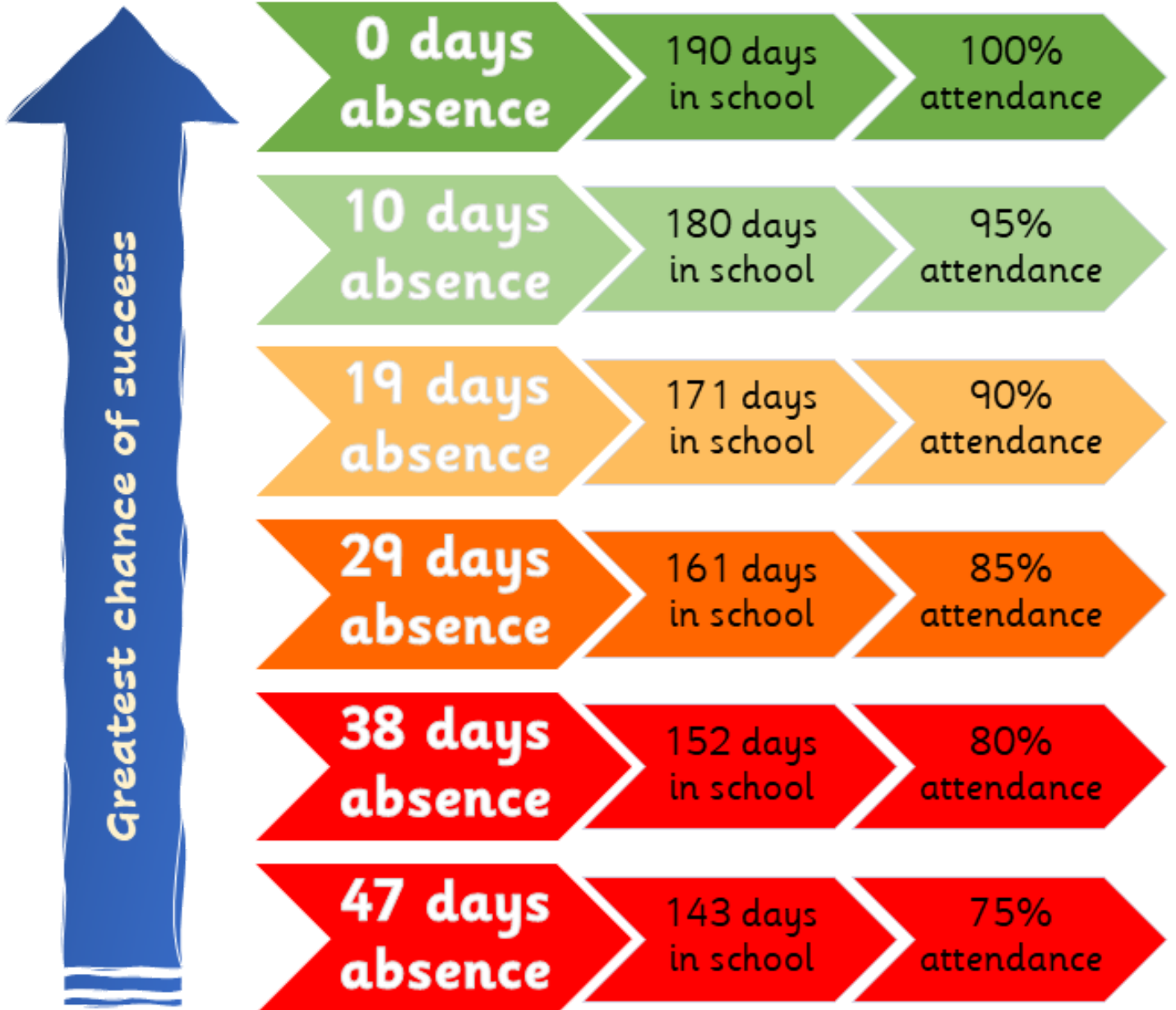
Throughout the year 8 have been working on projects within the school community and in our local community to strive to be 'the change they want to see'.

Here are some of their projects:

We identified a piece of land on the school site and set about improving it by weeding and clearing the whole site and then planting a tree and some plants. In order to do this we ran a film night so that we had money to achieve what we wanted. The whole project took us 12 weeks - 24 hours of us working together to realise what we set out to do.



ATTENDANCE



REFLECTION

*At the end of this school year we give thanks to God:
For all the teaching and learning that has taken place in our
school, both in and out of the classroom,*

*For the talents and gifts that have been shared and the challenges
that have been faced;*

*For the burdens that have been lifted and the hurts that have been
healed;*

For the respect and care that has been given.

*We give thanks for the friendships that have just begun and for
those that have grown. For the faith that has been lived in our
daily struggles,*

*For the hope that has lifted our hearts on the dark days and for the
love that has kept us going.*

We give thanks to the community that we are.

Amen.

