

# Edward Peake C of E (VC) Middle School

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24 January 2023

## **French Trip 20 March – 24 March 2023**

### **Essential information for Parents/Carers**

In reference to the year 8 trip to France we have compiled a list of essential information for Parents/Carers.

### **ESSENTIALS & SUGGESTED KIT LIST: - TO BE CARRIED IN 1 SUITCASE AND 1 PIECE OF HAND LUGGAGE: -**

1. Passport and/or travel visas, permits, as required.
2. UK Global Health Insurance Card (GHIC) for European trips (**please bring into school prior to the trip**)
3. Snacks for the journey
4. Spending money in a purse/wallet
5. Any personal medication (liaise with staff re: safe storage and keeping)
6. Refillable drink bottle
7. Notepad & pen
8. Small day bag/rucksack
9. Towel – Not provided by the accommodation
10. Sufficient socks and underwear for 5 days
11. Sufficient clothing for 5 days and evenings (check local temperatures at time of travel)
12. Swimwear
13. Nightwear
14. Sturdy outdoor walking shoes with a good grip
15. Indoor shoes e.g. slippers or flip flops
16. Waterproof outdoor jacket with a hood

### **OTHER ITEMS NEEDED: -**

1. Wash bag & toiletries (toothbrush, toothpaste, soap, deodorant, brush/comb etc.)
2. Ear plugs (handy for shared rooms!)
3. Watch/alarm clock
4. Labelled plastic bags for wet/dirty/spare clothes
5. Small torch
6. Travel adaptor plug
7. Travel hairdryer
8. Book/e-reader/playing cards.

**Mobile phones, electronic equipment, computer games, jewellery, valuables, iPads and laptops MUST NOT be brought on the trip and will not be covered by insurance in the event of damage, loss or theft of items.**

### **LOST PROPERTY**

From previous experience we have found that by the end of the week many children have forgotten which clothes they have brought with them. To ensure that the children take all of their belongings home, can you please make a list of everything that you pack and enclose the list inside the suitcase. It is **ESSENTIAL** that all clothing is named so that we can ensure any lost property is returned to the correct person.

## **TELEPHONE**

The centre call number is 0033321326300. **However, please do not telephone, unless there is an emergency.** Daily updates will be put on the website.

## **MEDICATION**

Pupils may only bring medication **prescribed by their G.P.** and this must be in the original packaging.

All medication should be clearly named and labelled with instructions. These are to be handed in **before Friday 16 March 2023** and will be looked after by a member of staff for the duration of the trip. If medication cannot be handed in before this date because it is needed over the weekend, please let the office know prior to the day of departure.

## **GLOBAL HEALTH INSURANCE CARD.**

Please ensure that you have a valid UK Global Health Insurance Card (GHIC) or European Health Insurance Card (EHIC). GHIC/EHIC Cards are free to obtain via the official website:

<https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/>

EHIC or GHIC is not a replacement for travel insurance. The school have purchased travel insurance. The production of these cards, should the need arise, will prevent parents receiving invoices from hospitals. Each healthcare system is different, and in some countries, you'll need to pay to have treatment. A GHIC lets you get medically necessary state healthcare in Europe at a reduced cost or sometimes for free. If your EHIC is still in date, you do not need to apply for a new GHIC. They're both valid if you're travelling to an EU country. Further information can be found here: <https://www.gov.uk/guidance/uk-residents-visiting-the-eueea-and-switzerland-healthcare>.

## **ESSENTIAL CONTACT INFORMATION**

If parents plan to be away from home during visit week 20 - 24 March 2023, could you please ensure that we have a phone number on which we can contact you in case of an emergency.

## **DEPARTURE**

Pupils should be at school by 4.10 am on Monday 20 March, as the coach will be leaving at 4:30am. **Please do not arrive before 4.10 am.**

A packed lunch will be required for the journey to France. (no sweets or fizzy drinks)

## **RETURN**

We hope to arrive back at school between 4:00pm - 5:00pm on Friday 24 March 2023. Please make sure that you pick your child up promptly.

You can check the school website for updated details on the return journey [www.edwardpeake.beds.sch.uk](http://www.edwardpeake.beds.sch.uk).

Please do not hesitate to contact Mr Evans through the school office, if you need further information.

Yours sincerely



Mr D Evans  
French Subject Leader