

**For further information
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FACES

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Funded by:



**Helping fathers value
their children**

FACES

What is caring dads?

Through 17 sessions fathers will...

- Develop skills to cope in healthy ways with frustrating situations.
- Understand how different fathering strategies and choices effect children.
- Increase their awareness of controlling abusive and neglectful attitudes and behaviours .
- Be provided with strategies to strengthen the father child relationship.

The Caring Dads group program runs one evening a week for 17 weeks. This group offers:

- A unique opportunity for men to connect as fathers.
- A combination of active group discussions and homework.



D

Do you sometimes feel so angry at your child that you feel like blowing up?

A

Are you concerned that your relationship with your child is not as close as you hoped it would be?

D

Do you sometimes wonder how well you know your child?

S

Sometimes are you concerned about the level of discipline that you seem to need to keep your child in line?

Eligibility is determined during a required screening interview.

There is no fee for this program.

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Facts about fathering

- Fathers can and want to be a positive influence in the lives of their children
- Positively involved fathers enhance their children's academic personal and social development

Unfortunately fathers can also have a negative impact on their children. This occurs when fathers:

- Do not understand the feelings and needs of their children
- Harshly discipline their children
- Argue frequently with their children's mothers
- Use abusive and controlling behaviour