



Lumi Nova

**A therapeutic digital intervention (game) for childhood anxiety
7–12-year-olds (facing difficulties with anxiety)**

Parent Session

Wednesday 31st January 2024

4-5pm

Free to attend via Microsoft Teams

Register for your place via the Microsoft Forms link below.

<https://forms.office.com/e/VZPvrngYEq>

Organised by the CBC North Localities Early Help Teams:

For more information, please contact

North Early Help [-northeearlyhelp@centralbedfordshire.gov.uk](mailto:northeearlyhelp@centralbedfordshire.gov.uk)

South Early Help – Southearlyhelp@centralbedfordshire.gov.uk