

# Children's Occupational Therapy Service

for children and young people who experience difficulties with everyday activities

You can find information and access the resources listed below on our webpage:

[www.cambscommunityservices.nhs.uk/Bedfordshire/services/occupational-therapy](http://www.cambscommunityservices.nhs.uk/Bedfordshire/services/occupational-therapy)

- "You make the difference" video - for parents and carers of children aged under 5, to promote use of hands and independence skills.
- Sensory Processing Awareness Training - online video, planning wheels and strategies.
- Development Skills Package - provides information to support the development of the skills notes below.



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This information is also available in easy read or other languages, please see the website or scan the QR code to use our RECITE function.

easy read and translation 

- Play
- Eating
- Dressing
- Self-care ( eg washing)



- Managing at school (e.g. school tasks and helping a child with a physical disability with supportive seating or to get around their classroom)

Further information (including details of your Local Offer pages) can be found at:

[www.cambscommunityservices.nhs.uk/Bedfordshire/services/occupational-therapy](http://www.cambscommunityservices.nhs.uk/Bedfordshire/services/occupational-therapy)