

Edward Peake C of E (VC) Middle School

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Dear Parent/Carer

We have been advised that a member of our community has tested positive for Covid 19 using a PCR test. We have followed the national guidance and have identified all close contacts.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The school remains open and your child should continue to attend as normal if they remain well.

What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

All other household members who remain well must stay at home and not leave the house for 10 days.

The 10-day period starts from the day when the first person in the house became ill.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you can do so, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Symptoms of COVID-19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

Most people with symptoms have at least one of these.

Please note that we have also seen that additional symptoms of an upset stomach, headache, sore throat, and unusual fatigue could be some early warning indicators of a potential COVID-19 infection.



For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the NHS at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

1. Continue to be vigilant for symptoms of Covid-19.

Please be vigilant for symptoms of COVID-19 and keep your child at home if unwell. If this happens, then please self-isolate and book a PCR test as above.

2. Continue to participate in regular LFD testing.

Everyone over the age of 11 in Central Bedfordshire, is encouraged to take up the offer of twice weekly testing. We have [test centres](#) across Central Bedfordshire for people to get tested, which can provide results usually within 30 minutes. You can also collect tests from [test centres](#), from [local pharmacies](#) or order tests for home delivery at: <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

3. If you (as a parent/carer) are eligible for vaccination, please book this promptly.

You can book your vaccination at: <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/> or visit the Clinical Commissioning Group website for details of drop-in sessions: <https://www.blmkccg.nhs.uk/>

Further Information

Further information is available at:
<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



Miss Z J Linington
Headteacher