

Medium Term Plan

Make a Placemat.	10 – 12 week		
		l .	
	sessions		
	Key Vocabulary:		
	 Applique 		
ideas.	Bobbin		
e textiles room.	Pinning		
of stitches using hand embroidery.	 Tacking 		
prototype and pattern.	 Oversewing 		
bric.	PressingSeam		
How to evaluate a completed product.			
p	Production p	lan	
h e a	n ideas. he textiles room. e of stitches using hand embroidery. n prototype and pattern. abric. of material together. pleted product.	 Applique Bobbin Pinning Tacking prototype and pattern. Opersewing prototype and pattern. prototype and pattern. Applique Bobbin Pinning Tacking Oversewing Pressing Seam Accuracy 	

By the end of this unit...

All pupils must be able to:

- Thread the sewing machine and use straight stitch with improving accuracy and quality of finish.
- They will have used the correct techniques to prepare their placemat for stitching.
- They will be able to set the machine to do zigzag stitch, and use it to neaten the edge of their placemat.
- Some pupils should be able to: thread the sewing machine with help and use straight stitch with improving accuracy.
- They will have used the correct techniques to assemble their placemat with help.
- They will be able to set the sewing machine to the correct settings with help and may use oversewing to neaten their placemat opening.
- Some pupils could be able to: thread the sewing machine independently and use straight stitch with some precision.
- They will be able to use the appropriate equipment and techniques to prepare and assemble their placemat prior to stitching.
- They will be confident at choosing the correct machine settings, evaluating the quality of work in progress and modifying as necessary.
- They may choose to use the quilting technique as a further way of enhancing work.



Medium Term Plan

Notes

Visit: William Morris Gallery including workshop

Learning Objectives	Content	Assessment	Resources /Health and Safety	ICT Opportunities
To be able to identify	Starter	Assessment:	Resources:	
hazards in the	In pairs, identify the risks in the 'Textiles room in action' picture	Use of the sewing	Folders.	
Textiles room and	and what should be done to avoid such dangers.	machine-	Spot the Hazards	
take precautions to			sheet.	
avoid accidents or	Feedback as a class (place a copy of the picture on the board	I can make a	Diagram of sewing	
damage equipment.	and pupils take turns circling and explaining hazards.)	simple product	machine.	
		using tools safely	Sewing machine	
To be able to identify		and with some	practice sheets.	
the various parts of	Main Activities	accuracy.	Plain and lined	
the sewing machine	Hand out folders. Pupils to add full name and group number.		paper.	
and explain their use.	Remind pupils to file securely at the back of folders.	AFL	Sewing machines.	
		Questioning.		
To be able to safely	Hand out diagrams of sewing machines.	Paired discussion.	Health and Safety-	
use and control the	Discuss the pros and cons of using a machine rather than hand	Feedback	Setting up of	
sewing machine.	sewing.		Sewing	
	Using a machine to demonstrate, go through the names and		Machines(2.015)	
	functions of different parts of the machine.		Use of Sewing	
	Using the list of parts displayed on the PPT pupils to identify and		Machines. – refer to	
	label on diagram.		risk assessments in	
			H/S documentation	
	Demonstrate how to complete the sewing machine practice			
	worksheet. Pupils complete each exercise in turn.			
	These exercises are completed without thread in the machine.			
	Technician to monitor and give assistance as required.			
	Those not on the machine to create a list/poster of safety rules			
	for the textiles room, including at least 6 rules.			
	Monitor and give assistance as required.			



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		Extension: Pupils to list pros and cons of using a sewing machine plus safety rules specific to sewing machines. Select sewing machine monitors. Technician to demonstrate the setting up and packing away of the sewing machine in a safe manner.			
		Plenary: Random questioning of topics covered today. Discussion of any problems pupils have encountered when using the machine.			
2	To be able to name	Starter	Assessment	Resources	
	the parts of the	Hand out packs with diagrams of sewing machines and labels.	Use of the sewing	Folders.	
	sewing machine.	Ask pupils to match the labels to the correct machine part.	machine.	Sewing machines	
				Equipment trays	
	To be able to operate	What problems did they find last week completing the straight, L	I can make a	Envelope material.	
	the sewing machine	shape, wiggly line?	simple product	Envelope practice	
	safely and accurately.		using tools safely	sheets.	
		Main Activities	and with some	Placemat fabric.	
	To be able to select appropriate fabrics	Monitors to set up machines with support from technician.	accuracy.	Production plans.	
	and begin initial	Demonstration – using the machines, correct settings for straight	I can make a	Health and Safety	
	preparations of	stitch, safe positioning of hands, gentle pressure on foot control	simple product	Setting up of	
	placemat prior to	to allow controlled speed.	with improving	Sewing	
	machine stitching.	Creation of an 'envelope' practice piece.	accuracy.	Machines(2.015)	
		Pupils to follow instructions (diagram) on sheet.		Use of Sewing	
				Machines. – refer to	
		The technician to take pupils in groups of 4 to complete	AFL	risk assessments in	
		an envelope practice piece.	Questioning during	H/S documentation	
		When practice piece is complete, staple to sheet,	demonstration.		
		evaluate success and file in back of folder.	Thumbs up during		
		Monitor and give assistance as required.	Plenary		



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		Pupils to finish safety rules/posters from last week.	Self- assessment		
		Demonstration - how to select and prepare fabric for basic placemat. Hand out Production Plan sheets. Pupils to refer to the steps on the sheet as they are shown how to arrange, pin and tack the three pieces of fabric.			
		Explain the need to tack fabric prior to machine stitching.			
		Pupils to choose their basic placemat fabric and use their Production Plan sheets to prepare the fabric for machine stitching. Monitor and give assistance as required.			
		Monitors to pack away machines with support from technician.			
		Pupils to add name labels to their fabric prior to collecting it in.			
		Plenary Discuss problems faced and how to overcome difficulties. Thumbs up self-assessment of accuracy in machining. Do you think you have improved this lesson? How/why?			
3	To be able to operate	Starter	Assessment	Resources	
	the sewing machine	Monitors to set up sewing machines.	Use of sewing	Folders.	
	safely and accurately.	Select folder and equipment monitors.	machine.	Sewing machines	
	Ta ha abla ta salasi	Bartin Anathriatin	Use of small	Equipment trays	
	To be able to select	Main Activities Discuss problems apparent least leasen and methods of	equipment-	Envelope material.	
	appropriate fabrics and begin initial	Discuss problems encountered last lesson and methods of correcting.	I use tools and	Envelope practice sheets.	
	preparations of	Correcting.	equipment with	Placemat fabric.	
	FF. 20. 20. 20.	Remaining pupils to complete envelope practice pieces.	some accuracy. (Production plans.	



placemat prior to		Working towards		
machine stitching.	Remind pupils to follow their production plans for next steps.	ARE)	Health and Safety	
			Care with setting up	
	Demonstrate marking a stitch line, 1.5cm from the edge of the	I work with a	and operating	
	fabric.	variety of materials	sewing machines.	
	Remind pupils to leave a 6cm gap so that they can turn their	and components	Refer to Risk	
	placemats inside out.	with some	Assessment 2.015	
	Explain the need to stitch forward and reverse 1cm at the start	accuracy paying	setting up and	
	and finish, to prevent stitches from unravelling.	attention to quality	operating sewing	
	Pupils to continue preparation of basic placemats.	of finish.	machines in H/S	
	Monitor and give assistance as required.		documentation.	
		I work with a range		
	Machine, folder and equipment monitors to pack away.	of tools, materials	Scissors, pins and	
		and equipment	needles – care with	
	Plenary	with some	sharp equipment.	
	Discuss any problems faced/overcome this lesson.	precision.	Refer to Risk	
			Assessment 2.017	
		AFL	sewing equipment –	
		Demonstrations	small items.	
		with questioning.		
		Success Criteria		
		achieved.		╝

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4	To be able to operate	Starter	Assessment	Resources	
	the sewing machine	Monitors set up sewing machines.	Accuracy of	Folders.	
	safely and accurately.	Folder and equipment monitors to set out resources.	sewing machine	Sewing machines	
			practice / Envelope	Equipment trays	
	To be able to safely	Check progress from previous lesson. Discuss 'top tips' for	practice		
	use the iron to press	success.	Accuracy of	Health and Safety	
	fabric.		tacking stitches.	Care with setting up	
		Discuss iron safety with pupils.		and operating	
	To be able to safely	Demonstrate trimming the corners of a placemat and turning	I use tools and	sewing machine.	
	and accurately use	through the right way, ensuring all corners are neatly pushed out.	equipment with		
	the appropriate	Demonstrate safely ironing the fabric.	some accuracy.	Refer to Risk	
	resources to create a			Assessment 2.015	
	basic placemat.	Re-cap marking a stitch line, 1.5cm from the edge of the fabric.	I select and work	 setting up and 	
		Remind pupils to leave a 6cm gap so that they can turn their	with a range of	operating sewing	
		placemats inside out.	tools with	machines in H/S	
			improving	documentation.	
		Demonstrate setting the machine for zig-zag stitch. Explain that	accuracy.	Scissors, pins and	
		pupils can either add a zig-zag border to their placemat or use		needles – care with	
		oversewing to close the gap.	I work with a range	sharp equipment.	
			of tools, materials,	Refer to Risk	
		Main Activities	equipment	Assessment 2.017	
		Pupils continue to use their production plans to assist with the	components and	sewing equipment –	
		process for completion of a basic placemat.	processes with	small items.	
		Monitor and assist as required.	some precision.		
		Monitors to pack equipment away.	AFL		
		Pupils to complete (tick) production plan.	Written and oral		
			feedback on		
		Plenary	success of		
		Discuss any problems faced/overcome this lesson.	envelope practice.		
		Use random questioning to recap key vocabulary, equipment and			
		safety rules.	Teacher		
			Assessment		
6					



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5	To be able to	Starter Think pair chara, where (actogories) sould pupils look for design	Teacher assessment - a	Resources Folders	Pupils to use Chromebooks
	research a range of design ideas and use	Think pair share - where (categories) could pupils look for design inspiration? (i.e. logos, food, games, animals)	wide variety of	Chromebooks	to research
	them to inform and	Choose two pupils to collect chrome books.	appropriately		design ideas
	inspire your own		annotated, strong		and create a
	work.	Introduce the design brief to pupils. Explain the term 'applique' and show examples of how this can	design ideas.		mood board of ideas.
		be used to embellish a placemat.			lueas.
		and the second of the second o			Less able will
		Discuss the need to research ideas prior to design work.			need support to
		Main Activities			choose simple
		Pupils must use the Chromebooks to collect at least 6 images			designs.
		and arrange them on a mood board using Google Sheets or			More able will
		Google Slides.			be encouraged
		The images must be annotated to explain why they have been			to annotate
		chosen and evaluating the success of the design. Remind pupils that they must share their document with the			their work, looking at the
		teacher so that it can be printed out in colour.			compilation of
		· ·			designs and
		Plenary			how they can
		Discuss success of research work.			be adapted.
		NOTE: Print mood boards prior to next lesson.			



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6	To be able to create a range of designs to set criteria.	Starter What is meant by 'Geometric design'? Remind pupils of the design brief and the use of applique for embellishment. Explain the addition of quilting lines to further enhance work (show examples). Remind pupils that you are looking for their ability to create a range of designs that fit a set of criteria. Main Activities Hand out the 3 design sheets and go through the expectation: 1. A geometric design 2. From your research work 3. For an intended user or to complement your placemat fabric. Explain that pupils must include at least an idea of the background fabric the design will be on; this can be either the plain or the patterned side. Lay out samples of placemats and ask pupils to pick a few examples for each category. Some may fit into more than one category. Pupils to complete design sheets. Monitor and guide as required.		Resources Folders. 3 design sheets. Pupils mood boards. Placemat material.	
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7	To be able to create an appropriate applique design for your placemat. To be able to safely and accurately use the correct equipment to create a piece of applique practice.	Starter ? Monitors to set up the room. Remind pupils of the design brief and the use of applique for embellishment plus possible addition of quilting lines to further enhance work (show examples on display). Main Activities Pupils to complete a final design for their placemat. The design must be clear, detailed and coloured in. Monitor and support as required. Teacher/technician to review placemat material and call individual pupils to finish basic placemat as necessary Demonstrate, using the display on the wall, how to complete a piece of applique practice. Also direct pupils to the instruction cards on the 'How do I' display wall. Ask pupils what they can do if their practice goes badly wrong (1. Try again or 2. simplify design). Remind pupils not to make their shapes too small. Pupils to complete a piece of applique practice. Completed practice piece to be attached to a sheet and placed in folder. Pupils to critically assess the success of their practice and either repeat or review design as necessary. Monitor and support as necessary. Plenary Monitors to clear away.	Assessment I work with a range of materials and components with some accuracy. I work with materials and processes with some precision. I check my work as it develops and modify my approach if required. AfL Self assessment	Resources Folders. Final design sheets. Placemat material. Applique practice sheets. Sewing machines. Equipment trays. Health and Safety: Use of scissors, pins and needles- care with sharp equipment. Refer to risk assessment 2.017 sewing equipment-small items. Sewing machine 2.015	



	Any pupils who have started applique practice to explain what went well and what could be improved upon.		
	Work won and What sould be improved apon.		



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8	To be able to create	Starter:-	Assessment	Resources
	an appropriate	Pupils to check production plans and have chosen design open to	work with a range	Folders.
	applique design for	follow.	of materials and	Final design sheets.
	your placemat.	Remind pupils of process to cut out fabric for appliqué practice.	components with	
	your placemat. To be able to safely and accurately use the correct equipment to create a piece of applique practice. To be able to safely and accurately use the correct equipment to add an applique design to your placemat.			Placemat material. Applique practice sheets. Sewing machines. Equipment trays. Health and Safety: Use of scissors, pins and needles- care with sharp equipment. Refer to risk assessment 2.017 sewing equipment-small items. Sewing machine 2.015
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All pupils to complete production plan.		
Monitors to clear equipment away.		
All pupils to tidy desks and surrounding area.		
Plenary		
Discuss any problems and suggest ways of overcoming these.		
Extension Work		
Additional stitching/embroidery stitching		



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9		Starter	Assessment	Resources	
	and accurately use the	Share any problems that pupils found last lesson.	work with a range	Folders.	
	correct equipment to	Check production plans.	of materials and	Final design sheets.	
	add an applique		components with	Placemat material.	
	design to your	Starter:-	some accuracy.	Applique practice sheets.	
	placemat.	Pupils to have chosen design open to follow.		Sewing machines.	
		Remind pupils of process to cut out fabric for appliqué practice	l work with	Equipment trays.	
		(display on wall/prompt cards).	materials and	' '	
			processes with		
		Main Activity	some precision.		
		Remind pupils to consider adding quilting lines (any stitch) prior to	·	Health and Safety:	
		adding applique shapes.	I check my work as	Use of scissors, pins	
			it develops and	and needles- care	
		Pupils to begin to cut applique shapes for placemat and pin into	modify my	with sharp	
		place.	approach if	equipment.	
		Remind pupils to make shapes an appropriate size (not too small).	required.	Refer to risk	
		Once design is laid out accurately, pupils can cut shapes from	required.	assessment 2.017	
		applique fabric and begin to pin and tack in place.	AfL	sewing	
		Remind pupils to cut carefully and accurately and to pin and tack	Self assessment	equipment-small	
		securely.		items.	
		Monitor and support as necessary.		Sewing machine	
		Institution and support as hissocially.		2.015	
		Remind pupils how to add an applique shape using zig-zag stitch.			
		Stress correct positioning for neat corners.			
		Pupils to begin to neatly and securely sew applique shapes in			
		place using zig-zag stitch.			
		Monitor and support as necessary.			



All pupils to complete production plan.	
Monitors to clear equipment away.	
All pupils to tidy desks and surrounding area.	
Plenary	
Discuss any problems and suggest ways of overcoming these.	
Extension Work	
Additional stitching/embroidery stitching. Additional detail to	
applique work.	
Pupils to complete a coaster (smaller version of placemat), using	
the production plan to guide them and aiming to work more	
accurately and independently.	
	Monitors to clear equipment away. All pupils to tidy desks and surrounding area. Plenary Discuss any problems and suggest ways of overcoming these. Extension Work Additional stitching/embroidery stitching. Additional detail to applique work. Pupils to complete a coaster (smaller version of placemat), using the production plan to guide them and aiming to work more



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10	To be able to safely	Starter	Assessment	Resources	
- 11	and accurately use the correct equipment to add an applique	Share any problems that pupils found last lesson. Check production plans.	I work with a range of materials and components with	Folders. Final design sheets. Placemat material.	
	design to your placemat.	Starter:- Pupils to have chosen design open to follow. Remind pupils of process to cut out fabric for appliqué practice	some accuracy. I work with	Applique practice sheets. Sewing machines. Equipment trays.	
		(display on wall/prompt cards).	materials and processes with		
		Main Activity Remind pupils to consider adding quilting lines (any stitch) prior to adding applique shapes. Pupils to continue to cut applique shapes for placemat and pin into place.	I check my work as it develops and modify my	Health and Safety: Use of scissors, pins and needles- care with sharp equipment.	
		Remind pupils to make shapes an appropriate size (not too small). Once design is laid out accurately, pupils can cut shapes from applique fabric and begin to pin and tack in place. Remind pupils to cut carefully and accurately and to pin and tack securely.	approach if required. AfL Self assessment	Refer to risk assessment 2.017 sewing equipment-small items.	
		Monitor and support as necessary. Remind pupils how to add an applique shape using zig-zag stitch. Stress correct positioning for neat corners. Pupils to continue to neatly and securely sew applique shapes in		Sewing machine 2.015	
		place using zig-zag stitch. Monitor and support as necessary. Monitors to clear equipment away.			
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All pupils to tidy desks and surrounding area.	
Plenary	
Discuss any problems and suggest ways of overcoming these.	
Extension Work (dependant on time available)	
Coaster	
Owl	
Drawstring bag	
Bean bag	



11	To be able to critically	Starter	Assessment	Resources		
-	evaluate the success	Pupils to assess work and check progress against production	work with a range	Folders.		
12	of your project and	plan.	of materials and	Placemat material.		
	suggest	Talk through evaluation sheet and discuss how to complete.	components with	Sewing machines. Equipment trays.		
	improvements.		some accuracy.	Equipment trays.		
		Main Activity		Health and Safety:		
		All pupils to complete placemat/coaster decoration.	work with	Use of scissors, pins		
		Pupils to complete an evaluation sheet and place in folder.	materials and	and needles- care		
			processes with	with sharp		
		Monitors to put away equipment where necessary.	some precision.	equipment.		
				Refer to risk		
		Plenary	check my work as	assessment 2.017		
		Ask pupils WWW and EBI.	it develops and	sewing		
			modify my	equipment-small		
		Extension Work (dependant on time available)	approach if	items.		
		Coaster	required.	Sewing machine		
		Owl		2.015		
		Drawstring bag		2.013		
		Bean bag	AfL			
			Plenary self			
			assessment			