



Topic: What helps Hindu people as they try to be good?

Year: 5

### What should I already know?

- Hinduism is one of the 'Big Six' world religions
- Hinduism is the oldest of the 'Big Six' world religions
- Hindus believe in reincarnation (rebirth after death)

### What will I know by the end of the unit?

Make sense of belief:

- identify and explain Hindu beliefs, e.g. dharma, karma, samsara and moksha, using technical terms accurately
- give meanings for the story of the man in the well and explain how it relates to Hindu beliefs about samsara, moksha and dharma

Understand the impact:

- make clear connections between Hindu beliefs about dharma, karma, samsara and moksha and ways in which Hindus live
- connect the four Hindu aims of life and the four stages of life with beliefs about dharma, karma, moksha etc.
- give evidence and examples to show how Hindus put their beliefs into practice in different ways

Make connections:

- make connections between Hindu beliefs studied (e.g. karma and dharma) and explain how and why they are important to Hindus
- reflect on and articulate what impact belief in karma and dharma might have on individuals and the world, recognising different points of view

### Vocabulary

karma	'action' this can be good actions or bad ones - they affect future life/lives
dharma	duty
samsara	the cycle of birth, life, death and rebirth
moksha	being 'at one' with 'god' - achieving a spiritual existence
puja	worship
arti	worship using 'light' - a lamp or candle
avatar	god in human form e.g. Krishna, Rama
mandir	a Hindu place of worship
namaste	a greeting - I bow to the divine (god) in you



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Investigate

Find out about a Hindu festival (Holi, Diwali, Onam, Maha Shivaratri).

Why is it important?

What happens?

How does it help Hindu belief and life?

My chosen festival is \_\_\_\_\_

Hindus celebrate by \_\_\_\_\_

It is an important festival because \_\_\_\_\_

Tick the correct image for your festival.

