



# PE Department Curriculum Plan

## Key Stage 2 Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 6 Physical Literacy</b>	<p><b>Run, Jump, Throw</b> - application of movement phrases and patterns into specific track and field based events.</p> <p><b>Invasion Games</b>- tactical application of core skills of movement, communication, and tactical decision making into game play and competitive situations.</p>	<p><b>James Bond Dance</b> - replication, timing, relationships, choreography creation, class dance.</p> <p><b>Touch rugby</b>- recap passing, receiving, movement on and off of the ball. Tagging and positioning for defensive play. Small and full sided match play.</p>	<p><b>Gymnastics</b> - balances, locomotion and pathways. Partner work counterbalance and counter tension. Paired routines.</p> <p><b>Football</b>- passing and receiving skills, dribbling, shooting, 1:1 defending and body position, basic formation and match play.</p>	<p><b>Badminton</b>- racket control, scoring and basic rules. Rallying and simple competition structures.</p> <p><b>Hockey</b>- passing, receiving and dribbling skills. 1:1 tackling, basic rule application and game play.</p>	<p><b>Athletics</b>- application of running, jumping and throwing skills into athletic specific disciplines. E.g sprints and relay changeovers and jumping sequences and push throws.</p> <p><b>Problem Solving</b> - Team building, physical and leadership /communication based challenges.</p>	<p><b>Tennis</b>- grip, body position, controlling forehands and backhands in rallies. Introducing singles gameplay and scoring.</p> <p><b>Cricket</b>- Throwing and receiving techniques. Bowling and batting techniques, rule application and game play.</p>

**Physical Literacy:** ability to move with competence and confidence in a wide variety of physical activities in multiple environments that benefit the healthy development of the whole person